

RUSH REPORTER

JANUARY, 1993

Published by Rush University, Office of Student Affairs

Volume XVI, Number 4



FALL QUARTER 1992 DEAN'S LIST

Congratulations to the following undergraduate students who earned at least a 3.50 quarterly grade point average for a full time course load during Fall Quarter 1992.

Perfusion Technology

Deborah Baker
Michael Beumer
Eric Reed Ecker
Miles Meador
Mark Raymond Switalla

Nursing

Ann Margaret Alpeter
Jacqueline K. Majaj
Gregory A. Baker
Hanlon Maxwell
Leslie Ann Birdsall
Catherine Sue McDaniel
Stephanie Kara Burgund
Susan Marie Meier
Maureen Therese Cahill
Irma Mendez
Mary Carol Miller
Marianne Margaret Gutchewsky
Paula Ann Guzzo
Tammy Lee Moyer
Fiona Anne Hahn
Cynthia Marie Novy
Sharon Eileen Homa
Carmen Petrizzo
Rita Ann Hughes
Tracey A. Picciano
Cynthia Lynne Humphrey
Laurie Ann Rentschler
Kristen Lynne Karl
Arlene Schwenk
Kristie Korcha
Susan M. Seeman
Cynthia Marie Kunz
Vicki Thiakos

'93 GRADS TO HAVE PHOTO SESSION

This is your chance to be in your class composite picture.

We have made arrangements with Custom Composite, Inc. for composite photos of the graduating classes of 1993 in each of the four colleges. The cost is \$15.95 and is due at the time of the sitting. Payment is acceptable in cash or a check made payable to Custom Composite, Inc. This price includes the cost of the sitting and one 11" x 14" color class composite photo.

You may also, at your option, order additional 3" x 5", 5" x 7", and 8" x 10" pictures when you return the proofs.

The photographer will be on campus in the Student Lounge, 023 Schweppe, the following times:

Monday, January 11th from 10:00 a.m. to 5:00 p.m.

Tuesday, January 12th from 12:00 p.m. to 7:30 p.m.

Wednesday, January 13th from 10:00 a.m. to 5:00 p.m.

To alleviate long waits for you, we are requesting that you make an appointment in advance beginning on Tuesday, January 5th. Stop by or phone x26302 for an appointment. It takes approximately ten minutes to take the picture. Times will be scheduled on a first come, first served basis. Sorry, no appointment, no sitting. If you had your photo taken in August, you don't need to have your picture retaken.

Finally, since you want to look your best - the photographer suggests wearing bright colors, so leave your white jackets aside.

"Two Trains Running" Discussion for MAC

The topic at the January 19th Multicultural Affairs Committee meeting will be the August Wilson play, *"Two Trains Running"*. This play, set in Pittsburgh, traces events in an African-American family and has won excellent reviews in its New York production. It is currently playing at the Goodman Theatre. The MAC will meet in the LRC on Tuesday, January 19th from noon to 1:00 p.m. Everyone is invited.

NEW LIBRARY BIBLIOGRAPHIES AVAILABLE

Bibliographies on the topics of "Women's Health", "Ethnic Groups/Minority Groups" and "Culture" have been developed using both print and media formats in the Rush Library and the Learning Resource Center. These bibliographies are located in the Library's Reference Collection in a single binder under the umbrella title, "Multicultural Affairs Committee Bibliographies." A record for this title has been included in the computerized card catalog (LIS); the call number is Z7164.S66 17961 1992-. The Library/MLRC staff will be promoting the bibliographies through the Library's infoLINE newsletter.

The MAC is very grateful to Gerald Perry and Bill Karnoscak of the Library and the MLRC for developing these bibliographies and we hope that students and faculty will make use of them.

OFFICE OF FINANCIAL AID

101 Schweppe Sprague
(312) 942-6256

NEW LAW CHANGES FINANCIAL AID PROGRAMS

The Higher Education Amendments of 1992 made significant changes to financial aid programs and procedures as of July 23, 1992. Some of the changes affect the current 1992-93 year, whereas most of the changes will be effective for the 1993-94 award year.

Changes made under this law have different dates of enactment. In other words, not all changes occur at the same time which makes implementing the provisions a challenge for financial aid offices across the country. Below is a summary of the major changes in order of their enactment date:

July 23, 1992

Following name changes made to aid program names: Stafford Loan to Federal Stafford Loan; Supplemental Loans for Students to Federal Supplemental Loans; Pell Grant to Federal Pell Grant; Perkins Loan to Federal Perkins Loan, College Work Study to Federal College Work Study.

October 1, 1992

New borrowers for Federal Stafford Loan will have an annual variable interest rate; however, the interest rate will not exceed 9 percent.

Federal Supplemental Loans will have a 5 percent origination fee.

Effective 1/1/93, for Rush borrowers, students who were not eligible for the Federal Stafford Loan may now borrow under the new Non-Subsidized Loan. The terms and conditions are the same as the Federal Stafford Loan except that interest must be paid on the loan while the student is in school.

July 1, 1993

The maximum annual amount awarded under the Federal Perkins Loan to graduate students is \$5,000.

Undergraduates in 3rd and 4th year eligible to borrow \$5,500 each year under Federal Stafford Loan.

Federal Supplemental Loan annual increases: 3rd and 4th year undergraduates

may borrow \$5,000; and graduate students may borrow up to \$10,000.

October 1, 1993

Effective 1/1/94, graduate students are eligible to borrow up to \$8,500 per year under the Federal Stafford Loan.

In addition to these changes, substantial changes have been made to the methodology used in determining eligibility for federal aid programs. This is reflected in the forms used to apply for financial aid for 1993-94. The single FAF application will be replaced with two forms: (1) the Free Application for Federal Student Aid (FAFSA); and (2) the FAF Application. These two forms will be in one envelope and both forms must be completed and submitted. Parental data must always be submitted for determination of institutionally awarded scholarships and loans. The financial aid forms will be available at the end of January.

Winter Quarter Loan Checks

Federal Stafford, Federal Supplemental and HEAL loan checks were requested to be sent to Rush for disbursement at the beginning of winter quarter. Please contact Financial Affairs at extension 2-6584 or Financial Aid at extension 2-6256 to find out if we have received the checks. You may sign loan checks in Financial Affairs, 101 Schweppe, between 8:30 a.m. and 4:30 p.m. each day.

SCHOLARSHIPS

Scholarships Available From Veterans Affairs

Undergraduate nursing, entry-level master's in nursing, occupational therapy and advanced master's degree students may apply for scholarships through the Veterans Affairs. Recipients of the scholarships are obligated to work in a VA facility one year for each year or portion thereof for which the scholarship is provided.

Scholarships are available for 1993-94 to cover tuition, fees, books and a monthly stipend of about \$660 (exempt from Federal taxes). Applications and detailed information will be available in the Office of Financial Aid in February, 1993. You may also request information directly from the Veterans Affairs Academic Office by calling

202-535-7528. The application deadline is May, 1993.

Jewish Vocational Service Scholarship

The Jewish Federation of Metropolitan Chicago awards approximately \$150,000 each year to students of the Jewish faith who are legally domiciled in the metropolitan Chicago area who are in need of financial assistance in the helping professions, and who are identified as having promise for significant contributions in their careers. An application and information can be obtained by contacting:

Scholarship Secretary
Jewish Vocational Service
One S. Franklin Street
Chicago, IL 60606
346-6700, ext. 21214

Joseph Collins Scholarship

Medical students who have a demonstrated interest in the arts and letters or other cultural pursuits outside the field of medicine are encouraged to apply for the Joseph Collins Scholarship for 1993-94.

The Joseph Collins Foundation was established in 1951 through a bequest of Dr. Collins for the purpose of aiding needy medical students to complete their MD program without sacrificing all other interests in the broad field of learning. The Foundation makes a maximum award of \$2,500 for one year, and the scholarship is renewable.

In addition to outside cultural pursuits, the following criteria are also considered: financial need, scholastic record, and an indication that the applicant intends to specialize in neurology, psychiatry or general practice. If feel you meet these qualifications, please inform the Office of Financial Aid. The application deadline is February 20, 1993.

The LaSalle County Medical Society of Illinois is offering scholarships to medical students in their third year. Applicants must be, or have been, residents of LaSalle County, Illinois. Determination of financial need is not required. The deadline is January 1, 1993. Contact the Financial Aid office for applications.

Two \$500 scholarships are being offered by District 19 to undergraduate or graduate nursing students. Applicants must have been residents of District 19 for one year, be registered for at least 9 quarter hours, and maintain a GPA of B or better. The deadline is April 16, 1993. Contact the Financial Aid Office for applications.

The Thomas B. McClelland Trust is offering financial aid to medical students who previously maintained legal residence in Dade County, FL for at least five years. Applicants must exhibit medical potential, lack financial means to complete their education, and be available for an interview during the Spring. Applications are available in the Financial Aid Office and must be submitted by February 1, 1993.

The Joanna F. Reed Medical Scholarship is available to permanent residents of Alabama and northwest Florida. Applicants are not restricted to Alabama or Florida schools, but obtain recommendations, prove financial need, and show motivation and promise. Applications for the 1993-94 year must be received by May 15, 1993.

The Japanese Medical Society is offering scholarships to students of Japanese ancestry. Awards range from \$1,000 to \$2,000 and are based upon individual need and merit. Applications are available in the Financial Aid office and must be postmarked by February 19, 1993.

RUSH JOB GUIDE

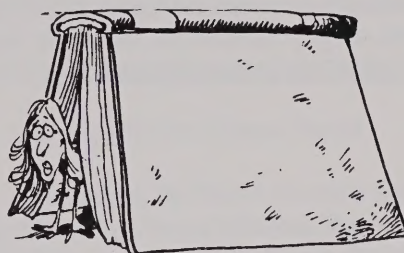
The Office of Preventive Medicine has an opening for a Nursing Assistant who would assist in weighing patients, taking histories and blood pressure readings. You must be a nursing student to qualify for this position. The hours vary but mainly consist of Tuesdays, Thursdays and Fridays from 8:00 a.m. to 12:00. This position pays \$7.50 an hour. Contact Debbie McCormick in 119 Professional Building or at x2-2146 if you are interested.

The Academic Skills Center needs tutors to assist students in reviewing Human Anatomy; for Occupational Therapy students and Pharmacology; for Nursing students. Qualifications include being Work Study eligible and passing the class for which they wish to tutor. Hours are flexible

and the wage is \$7.00 per hour. Contact Michael Harris at the Academic Skills Center, 418 AF, or at x2-3227.

The Office of the Department of Preventive Medicine is looking for a Work Study eligible student to assist Study Coordinators. The duties mostly consist of light clerical work but computer skill is essential and it would be helpful if you know Word Perfect 5.1. Someone is needed from 12:00 p.m. to 4:30 p.m. daily, but the hours may be changed to fit your schedule. The pay range is from \$7.00 to \$8.00 per hour depending on experience. If you are interested in this position, please contact Michelle Hirsch at x2-2146.

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What They're Reading on College Campuses

1. *The Indispensable Calvin and Hobbes*, by Bill Watterson
2. *Life's Little Instruction Book*, by H. Jackson Brown, Jr.
3. *The Firm*, by John Grisham
4. *Live, Learn, and Pass It On*, by H. Jackson Brown, Jr.
5. *The Way Things Ought to Be*, by Rush H. Limbaugh, 3d.
6. *The Seven Habits of Highly Effective People*, by Stephen R. Covey
7. *Saint Maybe*, by Anne Tyler
8. *United We Stand*, by Ross Perot
9. *A Time to Kill*, by John Grisham
10. *The Sum of All Fears*, by Tom Clancy

Reprinted with permission from the *Chronicle of Higher Education*, copyright 1991. The *Chronicle's* list of best-selling books was compiled from information supplied by stores serving campuses across the nation. Reports covered sales of hardcover and paperback trade books in October.

NEW OFFICERS ELECTED

The National Student Speech-Language and Hearing Association (NSSLHA) has elected new officers for the 1992-93 academic year. President Co-Chairs are Laura O'Connor and Susan Calzada, Vice President; Cathie Pass, Treasurer; Amy Wurster, and Secretary; Nancy Callans. Ellen Daskal is continuing her position as faculty advisor.

NSSLHA participated in a Thanksgiving food drive. Proceeds were given to the Pacific Garden Mission. Thanks to all who donated items to assist people who are in need during this holiday season.

NSSLHA is also planning a bake sale on January 11, 1993. We'll be set up outside the cafeteria, 2nd floor Academic Facility between the hours of 10:00 a.m. and 1:00 p.m. Stop by and sample our home-made brownies, cakes, and cookies!!!

NEWS FROM THE LIBRARY OF RUSH UNIVERSITY

Classes - LIS (LIBRARY INFORMATION SYSTEM)/min/MEDLINE

A class designed to introduce users to the Library's online catalog of books, journals and audiovisuals. Also includes the basics of searching miniMEDLINE to find references to the current biomedical journal literature from journals in Rush Library's collection.

Class schedule:

Tuesday, December 15th, from 12:30 to 1:30 p.m.

Tuesdays, January 5th, 11th, 19th, and 25th from 10:00 to 11:00 a.m.

Mondays, February 1st and 15th from Noon to 1:00 p.m.

Fridays, March 5th and 19th from 11:30 a.m. to 12:30 p.m.

Classes - USING THE NETWORK

A class designed to guide users through searching the Network databases: CINAHL-CD (Nursing and Allied Health), PsycLIT, HealthPLAN, CANCER-CD. Handouts include Using the Network and Using the Network: Special Features and Search Tips.

Class schedule:

Tuesday, December 22nd from 12:30 to 1:30 p.m.

Tuesdays, January 12th, 18th, and 26th from 11:00 a.m. to Noon

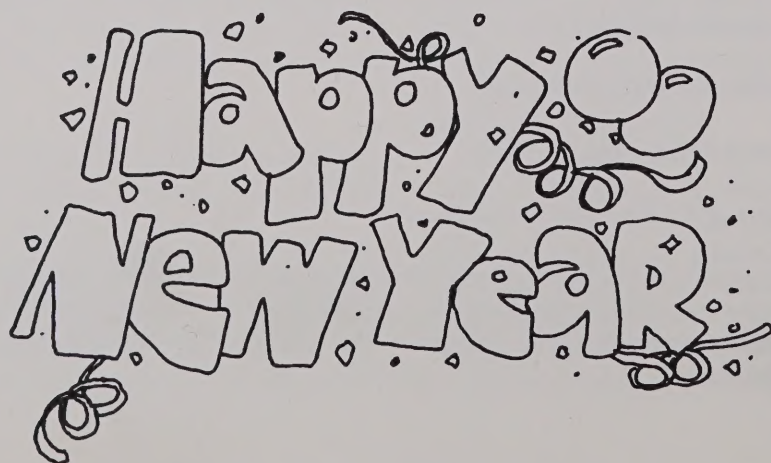
Mondays, February 8th and 22nd from Noon to 1:00 p.m.

Fridays, March 12th and 26th from 11:30 a.m. to 12:30 p.m.

Call extension 2-5952 to register or for information. These sessions are free and use of the database is free. We have new handouts for help.

LIBRARY OFFERS DOCUMENT DELIVERY SERVICE

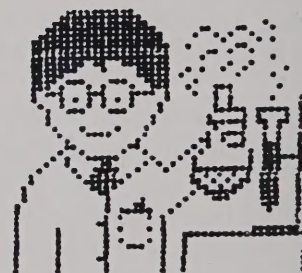
No time to photocopy those needed journal articles? We will do it for you! For only \$2.00 per article, we will pull the journal from the shelf, copy the pages, have your packet ready within 24 hours for pick-up at the Circulation Desk . . . OR . . . we will send it to you through interoffice mail, U.S. Mail or telefax. Request forms may be filled out at the Reference Desk or called in to Susan Gracilla, extension 2-5219. Save time and let us do the copying for you!



UNIVERSITY RESEARCH WEEK

APRIL 13-15, 1993

Valerie F. Cameo, Coordinator, University Research Week reminds us that abstract forms regarding this event will be in student mailboxes soon. Get involved in this year's Sigma Xi Poster Session; perhaps give an oral presentation and represent your college (win a cash award)! Deadline is February 1, 1993!! Be sure to drop your forms off in the Office of Research Administration, 529 Academic Facility. Additional forms and information are also available. For further clarification, contact Valerie at extension 2-5498.



R U BORED? THE RUSH UNIVERSITY BOARD NEEDS YOU!

The Rush University Board needs new and returning members to attend our first meeting of the quarter on Wednesday, January 13th at 5:00 p.m. in the student lounge, 023 Schweppe. Dinner will be served first (Italian, of course), with the meeting to follow. Topics for discussion include the Beach Party, Open Mike Night, and other events!!!

COLLEGE OF NURSING

OFFICE OF STUDENT SUPPORT SERVICES

NCLEX Diagnostic Readiness Test:

All prelicensure students are required to take the NLN Diagnostic Readiness Test prior to completing BS degree requirements. Students graduating in March or June may either self administer the test or take it during exam week at the end of Winter quarter.

NCLEX Orientation:

Orientation to the NCLEX Exam is tentatively scheduled for Tuesday, February 9, 1993 at 12:00 noon. This appeared to be the only day and time that was free of schedule conflicts.

A NOTE TO GRADUATING NURSING SERVICE SCHOLARSHIP RECIPIENTS...

Recipients of Nursing Service Scholarships graduating in March must attend a meeting about the process for seeking employment at Rush. The meeting will be Tuesday, January 26, 1993 at 12:00 noon.

Sigma Theta Tau International, Honor Society of Nursing

First T.V. Show for Nurses Premieres in January

"Nursing Approach", a one-half hour program, will be produced by Sigma Theta Tau International headquartered in Indianapolis and Samuel Merritt College's Studio Three Productions of San Francisco, CA. The program premieres throughout the country the first Sunday in January on CNBC's American Medical Television at 1:00 p.m.

Sigma Theta Tau International is an honor society of nurse leaders, scholars and researchers and is the second largest nursing organization in the U.S.

"Nursing Approach" is expected to be the single most important national forum for

the nation's nurses as they prepare to care for all of us during the 21st century", says Beth C. Vaughan-Wrobel, RN, EdD., president of Sigma Theta Tau International.

"Health care consumers will also find the show's information readily understandable, since nursing, as a profession, has always sought to discuss the health care of patients in terms they understand," Dr. Vaughan-Wrobel says. "You will see nursing's heroes as they make nursing news. The program will present nursing's many approaches to the health care of the public."

Information/Ice Cream Social

Gamma Phi, the Rush University College of Nursing Chapter of Sigma Theta Tau is planning to have an "Ice Cream Social" sometime in February for potential members. Senior prelicensure students and graduate students with a cumulative GPA of 3.25 or better may be invited to apply. Look for notices on bulletin boards and in your mail folders for more information. Learn more about what Sigma Theta Tau is and what it stands for.

SCHOLARSHIPS AND AWARDS

Prelicensure:

NSNA Foundation Scholarship applications are available from the Foundation until January 15, 1993. To obtain information or an application, send a self-addressed, business size envelope with 58 cents postage to: The Foundation of the National Student Nurses' Association, 555 West 57th Street, New York, NY 10019.

Mt. Sinai Hospital Medical Center will commit up to \$2,000 the first year and \$3,000 the second year for qualified students interested in a Student Nurse Educational Loan/Work Repayment Program. Applications are available by calling Nurse Recruitment, Mt. Sinai Hospital Medical Center, (312) 650-6650.

Academic Support Services

Please seek help from Course Directors, Advisors, Dr. Michael Harris, Dr. Barbara Haynes, Faculty volunteer tutors and any others you think might be able to provide assistance. Early identification of problems and intervention is essential to your continued progress in the College. We want you to succeed!

OSHA REQUIREMENTS:

Rush University, as a component of Rush-Presbyterian-St. Luke's Medical Center must comply with OSHA guidelines, as mandated by the Federal Government. Compliance for us means **ALL STUDENTS MUST ATTEND A SUPERVISED TRAINING SESSION** which consists of viewing a film and taking a quiz. Students not in compliance will not be permitted to continue in classes until they are in compliance. Please contact Ms. Pat Lau, Administrative Assistant, Office of the Dean, for any additional information. Ms. Lau can be reached at 942-2165.

IMMUNIZATION RECORD

This is a reminder that health form information is of vital importance. If you have not already sent in your immunization and health forms, I ask that you do so now. Please remember that our policy is that proof of immunity to Rubella and Hepatitis B in addition to proof of a recent TB test within the last year must be submitted to our office. MMR, dT and Hepatitis B vaccinations and TB testing will be available on campus in January for those who need them. You must sign up for a specific appointment in the Office of Student Affairs, 023 Schwegge, no later than the second week of January if you plan to use that service.



Inside the Student Counseling Center

Marilyn Johnson, Ph.D.

Much of what follows was written before most of us had heard of AIDS. The concerns discussed here remain relevant and bear repeating. The advent of AIDS has added a new and dark dimension for gay and straight students, one which deserves attention.

There is a hidden curriculum at Rush and all educational institutions; this is the set of values and assumptions that students in the health professions acquire along with their knowledge and clinical skill. One of these assumptions is that one lives in a heterosexual world filled with heterosexual colleagues and patients. This is not so and the fact that it is not has implications for all health professionals, gay and straight.

Society's attitudes toward homosexuality continue to be negative, despite gains made by gay rights groups and despite the fact that homosexuality is no longer defined as an emotional disease. These negative attitudes make it difficult for a gay person to reveal his or her sexual orientation. In the health professions, which involve physical contact, gays feel especially wary about revealing their sexual preference.

The fear of exposure and the frustration caused by that fear are always present. In a lecture or lab or on the hospital floors incorrect or half-true statements about gay patients or gay disease are often heard. What are the implications for the gay person who speaks up?

Maybe the worst of it is the loneliness and isolation the gay individual feels as a student. Suppose a five-year relationship has just ended. What friend or colleague can the gay person turn to for support? Suppose the individual is a lesbian interested in building friendships with other women. If they know that she is a lesbian, how will they react?

Many women and men have come to terms with being gay by the time they get to Rush. They have decided how to deal with their families, and they have learned to deflect heterosexual dating suggestions with some equilibrium. Nevertheless, they may find it very difficult to risk confiding in new friends because they know that some of them will not be able to understand and

because they fear that others might learn about them. What of the individuals who are still wrestling with their feelings about being gay? They must work it out without the support of friends or family, and there is little around them to allow them to feel strong and worthwhile in acknowledging that they are homosexual.

Being a student, at whatever age, is like being an adolescent: one has a lot of responsibility and very little authority. Students in the health professions are doubly tested because they are evaluated not only on the basis of their academic learning but on their technical skills as well. Added to all this are the stresses of working out one's sexual orientation, making a choice with negative social sanctions, and trying to hide it from almost everyone while simultaneously trying to meet a potential mate. How could one not feel depressed or anxious or both at least some of the time?

Now the fear of AIDS creates anxiety in one's personal life and potentially in one's professional life. The public reaction to the spread of AIDS will make it even more difficult for the gay student and practitioner. Families may react badly to having gay nurses, physicians and other health professionals treat their loved ones so the need to hide one's orientation will become even greater. Also, while it is distressing for all health professionals to see the great loss of life among their AIDS patients, the pain felt by gay students and staff is even more wrenching.

There is no simple solution to these issues. Members of the gay and lesbian community can seek support and affirmation from a number of formal organizations. Then, there is an informal gay/lesbian network at Rush which Joe Kranz has organized. If you are interested in meeting other gay and lesbian Rush students and staff, please call Joe at 472-6905 and he will get back to you.

But it is the straight community that needs to become much more aware of and sensitive to the problems gays face in order to change society's attitude toward homo-

sexuality. I still like the film "Word is Out" which the LRC owns; it beautifully reveals the pains and joys of gay life among people of all ages and ethnic groups. It looks a bit dated because of the clothing and hairstyles but it was filmed only in 1980. Another, more personal way of trying to understand more about the lives of gay people can come through clinical experience which teaches us to appreciate each other as people first and everything else last.

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MULTICULTURAL AFFAIRS COMMITTEE TO EXPAND MEETING SCHEDULE

The Rush Multicultural Affairs Committee (MAC) has decided to expand its meetings to two per month. Hopefully this will allow more people to attend MAC meetings and see what we're all about. The first meeting will continue to be held on the first Tuesday of each month in Room 710 Schweppe Sprague from noon to 1:00 p.m. The work of this meeting will be planning and organizing events, e.g., the Ethnic Food Fest, theatre group discussion sessions, speakers, etc. The second meeting of the month will take place on the third Tuesday of the month in one of the big rooms in the LRC from noon to 1:00 p.m. This meeting will be devoted to discussion of books, tapes and ideas about diversity, racial tensions, whatever we choose. Please feel free to come to one or both of these meetings this year. The dates for each meeting are as follows:

Planning	Discussion
<u>710 Schweppe</u>	<u>LRC, 4 AcFac</u>
January 5	January 19*
February 2	February 16
March 2	March 16
April 6	April 20
May 4	May 18
June 1	June 15

*This meeting will be devoted to a discussion of the play, "Two Trains Running" which MAC members and others will attend on the evening of January 16.

ENTERTAINMENT

DONUTS AND HOT COCOA

You've been to (or missed, whatever the case may be) Brownies and Milk Day, Sweet Tooth Day, and too many holiday parties to count. Your New Year's resolution (for the 5th straight year) is to lose the weight you've gained since September. You've joined the UIC Fitness Center (remember the Office of Student Affairs gives rebates) and you swear you'll go at least three times a week.

But wait . . . in the distance it's a bird, it's a plane, it's . . . it's . . . (it can't be Superman -- HE'S DEAD!) it's Donuts and Hot Cocoa Day!

Join us for donuts and a cup of hot cocoa on Thursday, January 14th from 12:00 noon to 1:00 p.m. in the Schweppe Auditorium. All students and faculty are invited.



ATTENTION ALL MINI-GOLF AFICIONADOS

It may be cold outside, but inside the weather will be perfect for a few rounds of mini-golf at the first T.G.I.F. of the 1993 season.

Mini-golf is an exciting and challenging 9 hole putting course that is sure to thrill the most avid golfer. The course will open on Friday, January 8, 1992 at 4:30 p.m. and close at 7:00 p.m. The course will be located in the Schweppe Auditorium.

All students and faculty are invited, as are their guests. Refreshments will be served.



Reflections on Aunt Bonnie

By Paula Smith

Rush University Bookstore

While wrapping my Christmas presents, I had a flash back of Aunt Bonnie. Aunt Bonnie ran the dry goods store in my small home town and she always wrapped all of our purchases. No bags at Aunt Bonnie's place. She had this big roll of butcher paper and a huge spool of string (she never used tape) behind the counter and every thing was neatly wrapped: towels, fabric, corsettes. When Aunt Bonnie and her husband opened for business in the early twenties, her specialty was corsettes and hats. She and her staff were licensed corsetologists. Actually I don't know the correct terminology but their certificates hung proudly in the fitting room. Aunt Bonnie was in business in the same spot for fifty years and she knew everyone in town by name, old and young alike. If you were buying a present for your mom, she would always add in a handkerchief or tea towel. When you'd protest that you couldn't afford that, Aunt Bonnie would assure you that it was a gift from her.

No one could ever pull one over on Aunt Bonnie, unlike the Rexroat Brothers. The Brothers were at least a hundred years old and lived in a dilapidated house that always reminded me of Boo Radley's in "To Kill a Mockingbird". I think they were actually millionaires. They must have been big landowners or something because they certainly couldn't have made it on the penny candy they sold. Or didn't sell, as the case may be. Any kid could tell you that it was common practice to fill your little brown paper bag until it bulged and then hand one of the brothers a dime. Even though their glasses were as thick as coke bottles, I think they were on to the scam, but they never said anything. That's why I think they were millionaires: they obviously didn't need the money. (That, and the fact that they donated a bunch of money to the city park to build a natural prairie. I'm pretty sure they just moved their yard out to the park.)

When my parents were in business, we knew everyone by name, too. Of course you'd never know it at the dinner table when my mom would refer to "that one guy who was in the other day" and my dad always, miraculously, knew who she was talking about. We would hold the babies while the parents shopped, run out to the curb when the man in the wheelchair drove up and needed something, and always interrupted our personal conversations when a customer walked in. The phone would often ring after hours and someone would need a car battery, or something, and my dad would always accomodate them, no matter how cold his dinner would get by the time he returned.

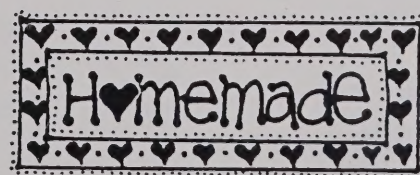
Aunt Bonnie (who wasn't related to anyone from Virginia) retired and closed up shop on her fiftieth anniversary. We all knew it was the end of an era. The Rexroat Brothers died. My folks retired. A walk around the town square isn't quite what it used to be. No penny candy. No neatly wrapped packages. No curb service. Walmart moved in just ten miles away and although their commercials claim small town friendliness, it's just not like going to Aunt Bonnie's.

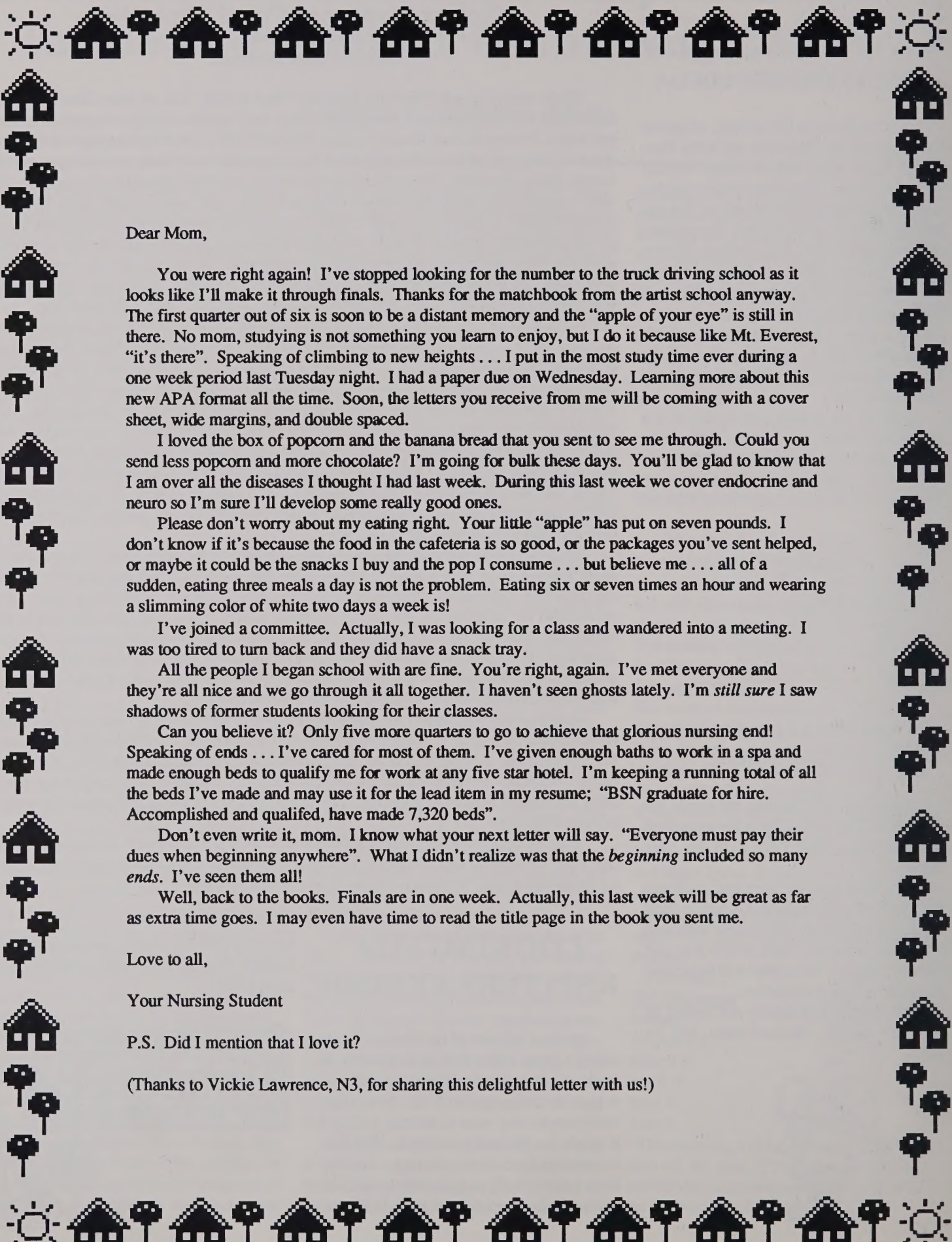
What, you may wonder, does all this have to do with the bookstore? Customer service, that's all. So stop by and fill out our survey and let us know how we're doing and where we should be going. It'll be on a scale of one to Aunt Bonnie.

LOOKING FOR KNITTERS AT RUSH

Marilyn Johnson of the Student Counseling Center states that in a moment of madness, she recently offered to teach two women in Schweppe to knit. She thinks more people may want to learn as well and it might be fun and relaxing to spend an occasional lunch hour sharing knitting knowledge. So, if you can knit or would like to learn, give Marilyn a call at x2-3687; she

hopes to hear from some other experienced knitters who can fill in gaps in her knitting knowledge.





Dear Mom,

You were right again! I've stopped looking for the number to the truck driving school as it looks like I'll make it through finals. Thanks for the matchbook from the artist school anyway. The first quarter out of six is soon to be a distant memory and the "apple of your eye" is still in there. No mom, studying is not something you learn to enjoy, but I do it because like Mt. Everest, "it's there". Speaking of climbing to new heights . . . I put in the most study time ever during a one week period last Tuesday night. I had a paper due on Wednesday. Learning more about this new APA format all the time. Soon, the letters you receive from me will be coming with a cover sheet, wide margins, and double spaced.

I loved the box of popcorn and the banana bread that you sent to see me through. Could you send less popcorn and more chocolate? I'm going for bulk these days. You'll be glad to know that I am over all the diseases I thought I had last week. During this last week we cover endocrine and neuro so I'm sure I'll develop some really good ones.

Please don't worry about my eating right. Your little "apple" has put on seven pounds. I don't know if it's because the food in the cafeteria is so good, or the packages you've sent helped, or maybe it could be the snacks I buy and the pop I consume . . . but believe me . . . all of a sudden, eating three meals a day is not the problem. Eating six or seven times an hour and wearing a slimming color of white two days a week is!

I've joined a committee. Actually, I was looking for a class and wandered into a meeting. I was too tired to turn back and they did have a snack tray.

All the people I began school with are fine. You're right, again. I've met everyone and they're all nice and we go through it all together. I haven't seen ghosts lately. I'm *still sure* I saw shadows of former students looking for their classes.

Can you believe it? Only five more quarters to go to achieve that glorious nursing end! Speaking of ends . . . I've cared for most of them. I've given enough baths to work in a spa and made enough beds to qualify me for work at any five star hotel. I'm keeping a running total of all the beds I've made and may use it for the lead item in my resume; "BSN graduate for hire. Accomplished and qualified, have made 7,320 beds".

Don't even write it, mom. I know what your next letter will say. "Everyone must pay their dues when beginning anywhere". What I didn't realize was that the *beginning* included so many *ends*. I've seen them all!

Well, back to the books. Finals are in one week. Actually, this last week will be great as far as extra time goes. I may even have time to read the title page in the book you sent me.

Love to all,

Your Nursing Student

P.S. Did I mention that I love it?

(Thanks to Vickie Lawrence, N3, for sharing this delightful letter with us!)

SECURITY NEWS

In November 1990 the Campus Security Act was signed into law. The Act requires that most institutions of higher learning inform their students and staff of crime patterns, annual crime statistics and campus security policies. The Act further requires that an institution's disclosure must be done in a proactive manner, insuring that all students, prospective students, and employees should have access to this information.

Copies of the 1991-1992 RPSLMC Security Services Annual Report are available in the Office of Student Affairs, 023 Schweppe Sprague or at the Security Office, 1 Jelke South Center.

The Office of Student Affairs will be reporting crime statistics in the *Rush Reporter* on a monthly basis. These statistics will be taken directly from information received from RPSLMC Security Services.

The following information has been compiled from information received by the Medical Center Department of Security for the months September to November, 1992.

	<u>Sept.</u>	<u>Oct.</u>	<u>Nov.</u>
Homicide	0	0	0
Aggravated			
Assault	0	0	0
Forcible Rape	1	0	0
Robbery	0	0	0
Arson	0	0	0
Burglary	0	0	0
Motor Vehicle			
Theft	0	0	0
Weapons	0	0	0
Narcotics			
Violations	0	0	0
Total Arrests	17	17	10

Combined
Thefts 60+ 60+ 80+
(Includes purse snatching and thefts from vehicles, buildings, and persons.)

Other Crimes 13 12 11
(Includes bomb threats; damage to auto; damage to property; disorderly conduct; threats; and criminal trespassing.)



2 in '92

The competition was fierce as the Pukin Dogs fought to retain the title of R.U.F.L. Champs for a second year. When the dust settled, the Pukin Dogs remained victorious, beating the Creamasters by a slim margin. The team, pictured below, hopes to make it "3 in '93".



RUSH STUDENTS WIN TEAM TROPHY FOR THE JINGLE BELL 5K RUN

Rush Medical College students yuck it up after winning the team trophy for the Jingle Bell 5K Run. The run benefitted the Arthritis Foundation. One student, Jenny Scotellaro, accompanied Sam Williams (son of Dr. Jim Williams, Anatomy) in the 1.5 mile walk. The temperature was 17 degrees with a wind chill of -7. Pictured in the front row are Celi Williams, Leslie Lindgren, Sam Williams and Tebe Williams; middle row Abby Roth, Karin Molander, Jenny Scotellaro; back row Kathy Weber, MaryAnn Phillippi, Peter Lindgren, Craig Garfield, Dave Schmidt, Vinessa wife (not pictured Mona Ezzat).



Let's Go Surfin' Now!

at the Beach Party

Friday, January 29, 1993

8:00 p.m. - 12:00 a.m.

Schweppe Auditorium



O.J.

Refreshments

Hula Hoop Contest

Limbo Contest

Live appearance by the "Samoan Slapdancers"

Rush Reporter is a publication of
Rush University, Office of Student
Affairs.

Editor: Ann Cocks

Sponsored by the Rush University Board

RUSH REPORTER

FEBRUARY, 1993

Published by Rush University, Office of Student Affairs

Volume XVI, Number 5



CELEBRATION OF THE ARTS

Celebrate the talent of Rush students, faculty and staff at this annual event sponsored by the Office of Student Affairs.

ART FAIR

The week long Art Fair is being held Monday, February 15th through Friday, February 19th in the Rush University Library. Artwork by students, faculty and staff will be displayed. If you would like to share your artwork with us, please contact Ann or Doreen in the Office of Student Affairs, 023 Schweppe, x2-6302.



MUSIC RECITAL

The annual Rush University Student/Faculty Music Recital is scheduled for Wednesday, February 17th at 4:00 p.m. in Room 500. Room 500 is located on the 5th floor of the Professional Building. Talented students and faculty will be entertaining us with an ensemble of classical favorites.

We cordially invite you to attend both of these events in a **CELEBRATION OF THE ARTS!**

FEBRUARY IS AFRICAN AMERICAN HISTORY MONTH

One little-known fact about Rush Medical College is that it was the first American school to grant an M.D. degree to an [African American] student. In 1847, the degree was granted to David Jones Peck. Prior to that date, an [African American] student who wished to get a medical degree was obliged to study abroad. (1)

On January 17, 1984, one hundred and thirty-seven years after his matriculation, the CTA rapid transit station above Polk Street in the Rush-Presbyterian-St. Luke's Medical Center complex was dedicated by former Mayor Harold Washington and the then CTA Chairman, Michael Cardilli, in honor of Dr. Peck.

A plaque at the el station reads "Polk Street Station of the Chicago Transit Authority, which serves the West Side Medical Center, was dedicated on the 17th day of January, in the year 1984 to the memory of Dr. David Jones Peck."

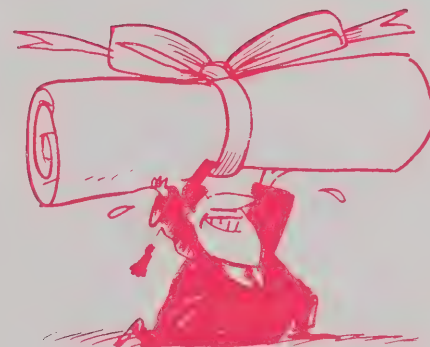
(1) Curtis, James L.; Blacks, Medical Schools, and Society. Ann Arbor: University of Michigan Press, 1971.



FALL QUARTER 1992 DEAN'S LIST

Congratulations to the following **Medical Technology** students who earned at least a **3.50 quarter grade point average** for a full-time course load during Fall Quarter 1992. Their grades were not available to be included in the list published in the last issue of the Rush Reporter.

**CYNTHIA BARIAMIS
CECILIA CHUA
DEENA PATEL**



ORDER YOUR DIPLOMA

Eligible students who are graduating before September 1, 1993 should be sure that their "Intent to Graduate" order forms have been completed and sent to the Office of the Registrar. If you have not received this form from the Registrar's office, you must call them at x2-5681 as soon as possible.

OFFICE OF STUDENT FINANCIAL AID

1743 W. Harrison Street
Chicago, IL 60612

1993 FINANCIAL AID INFORMATION

Financial aid materials will be available by February 15 for the 1993-94 school year. You can pick up the materials from the Financial Aid office or the 7th floor mail room in the AcFac.

Due to changes in the federal law regulating financial assistance, you will notice changes in the need analysis filing procedure. Instead of a single form to complete, students will complete two forms: the Free Application for Federal Student Aid (FAFSA) and the Financial Aid Form (FAF). Both forms are contained in a single envelope which you can pick up from Financial Aid. There is no charge for the completing the FAFSA, but there is a processing fee for completing the FAF.

In order to determine eligibility and distribution of institutional scholarships and loans, it will be necessary for students and their parents to complete the FAF and submit it with the processing fee along with the FAFSA. Institutional resources are limited, and parental data is required for institutional aid. Therefore, if your financial aid award was based on parental data this year then parental data is required again for 1993-94.

Please feel free to contact the Financial Aid office if you have questions.

SCHOLARSHIPS AND THE IRS

Receiving scholarships for educational costs may affect the amount of income you report for tax purposes when filing your 1992 federal tax return. The IRS has ruled that any scholarship assistance received in excess of tuition, fees, books, and supplies during the calendar year are to be treated as income when completing your income tax. The income you use is self-reported, since Rush does not send a statement of scholarship assistance (other than what was sent to you in award letters). If you need assistance in reviewing the scholarship you received

for income tax purposes, then stop by the Financial Aid Office.

ALTERNATIVES FOR FUNDING OF MEDICAL EDUCATION

The Army, Navy and Air Force Scholarship programs provide scholarship assistance for tuition, fees, and books plus a monthly stipend in exchange for service as a commissioned officer following graduation.

Another alternative is the National Health Service Corps (NHSC). The NHSC offers a program for students currently enrolled in school and a loan repayment program for service in a shortage area after graduation. Applications for the NHSC scholarship are anticipated in mid-February and will be available in the Financial Aid office.

LOAN REPAYMENT ESTIMATES

Data collected by The College Board indicates that the highest single source of financial assistance for students is the Federal Guaranteed Loan Programs. These programs are more commonly known as the Federal Stafford Loan and the Federal Supplemental Loan. For instance, the total amount of federal aid awarded to students in 1990-91 was \$19.5 billion. Of that amount \$9.8 billion was in Stafford Loans and \$1.6 billion was in Supplemental Loans. For that same academic year, Rush University students borrowed a total of \$4.2 million from both the Stafford and Supplemental Loan programs. For 1992-93, a total of \$6.2 million is expected to be borrowed from these programs by Rush University students. This amount is expected to increase for 1993-94 because of increased lending limits, a loosening of eligibility requirements for students and the increased cost of education.

In order to assist students in dealing with an increased loan debt and for planning repayment of these loans, computer software is available in the Financial Aid office for your use. A summary of your financial aid loan history can be requested from a financial aid counselor and entered in the software for loan repayment calculations. The software is not difficult to use, and a financial aid counselor can assist you with it.

SCHOLARSHIP OPPORTUNITIES*

The Swiss Benevolent Society of Chicago is offering scholarships to undergraduate students of Swiss descent. Applicants must be permanent residents of Illinois or southern Wisconsin. Full time enrollment for 1993-94 and a cumulative g.p.a. of 3.5 are required. Requests for applications must be received by the Society no later than February 6. Completed applications must be received by March 6, 1993. Additional information is available in the Financial Aid office.

The Ruth G. White Scholarship Fund grants assistance to females who are permanent residents of California. Applicants may, however, attend school outside California. Character, integrity, academic excellence and financial need are the deciding criteria. Special consideration is given, but not limited, to female medical students and to those who have completed their first year of graduate studies. Applications must be requested in writing, and must be received by February 15, 1993. Contact the Financial Aid office for additional information.

The U.S. Army Medical Department offers scholarships to students who are currently enrolled in, or planning to attend, medical school. Benefits include 100 percent tuition, reimbursement for books and fees, a monthly stipend, and officer pay during periods of non-enrollment. Applicants must be U.S. citizens. For further information, call (708) 541-3411.

Two \$500 scholarships are being offered by District 19 to undergraduate or graduate nursing students. Applicants must have been residents of District 19 for one year, be registered for at least 9 quarter hours, and maintain an average of B or better. The deadline is April 16, 1993. Contact the Financial Aid office for applications.

The Thomas B. McClelland Trust is offering financial aid to medical students who previously maintained legal residence in Dade County, FL. for at least five years. Applicants must exhibit medical potential, lack financial means to complete their education, and be available for an interview during the Spring. Applications are avail-

able in the Financial Aid office and must be submitted by February 1, 1993.

The Joanna F. Reed Medical Scholarship is available to permanent residents of Alabama and northwest Florida. Applicants are not restricted to Alabama or Florida schools, but must obtain recommendations, prove financial need, and show motivation and promise. Applications for the 1993-94 year must be received by May 15, 1993, and are available in the Financial Aid office.

The Japanese Medical Society is offering scholarships to students of Japanese ancestry. Awards range from \$1,000 to \$2,000 and are based upon individual need and merit. Applications are available in the Financial Aid Office and must be postmarked by February 19, 1993.

The Pisacano Scholars Program provides funding for outstanding third and fourth year medical students. Applicants must demonstrate a certain level of academic excellence and make a commitment to the specialty of Family Practice. Applications must be submitted by March 15, 1993. Contact the Financial Aid office for further information.

***Many philanthropic organizations fail to receive significant scholarship requests, and subsequently do not make awards. In the event that deadlines have passed, students should phone organizations to determine whether applications will continue to be accepted. Faxing may also be a possibility.**

THE ILLINOIS MEDICAL SOCIETY LOAN

Michael Howard, Financial Aid Counselor, reports that the Illinois Medical Society Loan is for M2, M3, and M4 students who are residents of Illinois. The maximum loan amount is \$2,500 and has an interest rate of 5.5%. However, the accrued interest will be forgiven for those students who go into primary care. Repayment of the loan and interest will be in four payments over a 12 month period beginning on January 1 of the first year of practice following residency, but no later than five years after graduation. Recipients must be members or must become members of the Illinois State

Medical Society. Interested students may inquire at the Office of Student Financial Aid.

****A NEWS RELEASE FROM THE ILLINOIS STUDENT ASSISTANCE COMMISSION****

New Student Loan Makes College More Affordable

Springfield, Illinois, December 21 - - More students will find it easier to obtain low-interest loans through a new student loan program offered by the Illinois Student Assistance Commission (ISAC).

The new unsubsidized Federal Stafford Loan can make college more affordable for middle-income students and families who have been unable to obtain financial assistance for college or vocational school. It is an alternative loan available to students who previously were not eligible or were only partially eligible for a subsidized Federal Stafford Loan.

"This is a good opportunity for many students, especially those whose families are in the middle-income range and who have had difficulty in affording college. For this program, students are not required to demonstrate financial need to qualify for student loans for postsecondary education," said Larry Matejka, ISAC Executive Director.

The unsubsidized Federal Stafford Loans are similar to subsidized Federal Stafford Loans, which have been in existence since 1965. The most important difference, in addition to the absence of the needs requirement, is the responsibility for payment of interest on the loan while the student is in school. The federal government pays the interest on the subsidized loan while the borrower is enrolled at least half time in school and until repayment begins. For the unsubsidized loan, however, the borrower is responsible for paying the interest from the date the funds are disbursed.

The interest rate is the same for both subsidized and unsubsidized Federal Stafford Loans. For new borrowers who received their first disbursements on or after October 1, 1992, the current variable rate is 6.94 percent; it will be adjusted annually on July 1 and has a cap of 9 percent. For previous borrowers, the initial rate varies

from 7 to 9 percent, depending on when the student originally borrowed under the Federal Stafford Loan Program.

Students can have both a subsidized and an unsubsidized loan but the total amount cannot exceed the annual or total program maximum. Annual student loan limits are: \$2,625 for freshmen and sophomores, \$4,000 for juniors and seniors, and \$7,500 for graduate students. Total program limits are \$17,250 for undergraduate studies and \$54,750 for undergraduate and graduate studies combined. New higher loan limits become effective after July 1993.

Applications for the unsubsidized Federal Stafford Loan will be accepted by ISAC beginning December 28, 1992. To apply for this new loan, students should contact their lending institution or college financial aid office. Unsubsidized Federal Stafford Loans are made available through the cooperative efforts of postsecondary schools, participating lending institutions, the federal government and ISAC.

ISAC is a state agency which administers over 15 financial assistance programs including grants, scholarships and loans. For more information about these programs, contact ISAC Client Support Services at 708-948-3745 or 217-782-2577.



RUSH JOB GUIDE

WANTED! Work Study eligible student to help out in Student Affairs 10 to 20 hours per week. If you are energetic, enthusiastic, available from 12:00 to 1:00 p.m. most weekdays and at least 1 or 2 weeknights from 5:00 to 10:00 p.m., call us at extension 2-6302. The pay is \$6.00 per hour. We look forward to hearing from you!

ACADEMIC SKILLS CENTER

Michael J. Harris, Director

REMEMBERING.

Remembering is defined as the active process of recalling something you have already learned or experienced. Memory is the capacity to store, retain and retrieve information.

Human beings have sensory memory (lasts between 0.1 and 3 seconds), short-term memory (lasts about 30 seconds) and long-term memory (lasts from a few minutes to a lifetime).

Why we have problems remembering:

Fading theory - "If you don't use it, you lose it".

Distortion theory - Information may become misconstrued or twisted.

Suppression theory - One may subconsciously block access to memories because there is unpleasantness associated with them. For example, math or science anxiety may be connected with negative early learning experiences.

Interference theory - Inhibition or distortion of old learned material by new or vice versa may occur.

Poor-retrieval theory - There may be times when material we "know" cannot be retrieved on command. Retrieval may come later when we are not "trying to recall" information. For "mechanical" reasons, we may have frequent episodes of inability to retrieve material we think or feel that we "know".

There are certain mental and physical activities which a person can perform which can be affective strategies to help him or her feel psychologically able and confident about maintaining long-term memory. The following are five skills possessed by effective rememberers:

- Establish motives and monitor goals for engaging in learning activities
- Manage stress effectively
- Develop and maintain good nutritional, rest and exercise habits
- Develop the ability to focus or concentrate in learning situations
- Manage your time and strike a healthy balance between work and leisure

Hettich (1992) describes eight rules of remembering. They are paraphrased below:

1. Make learning and remembering enjoyable by adopting a positive attitude about it. Be open to new ideas.
2. Make it a point to intend to remember what you learn.
3. Plan your study time. Then follow your plan.
4. Organize information into outlines, tree diagrams, concept maps (see Fig. 1) or concept circles. Take proper notes.

Justification for taking notes:

On average, people lose access to 50% of what they learn within 24 hours and 80% of it within two weeks.

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Taking notes in an effective manner permits a student to focus attention on a lecturer's message.

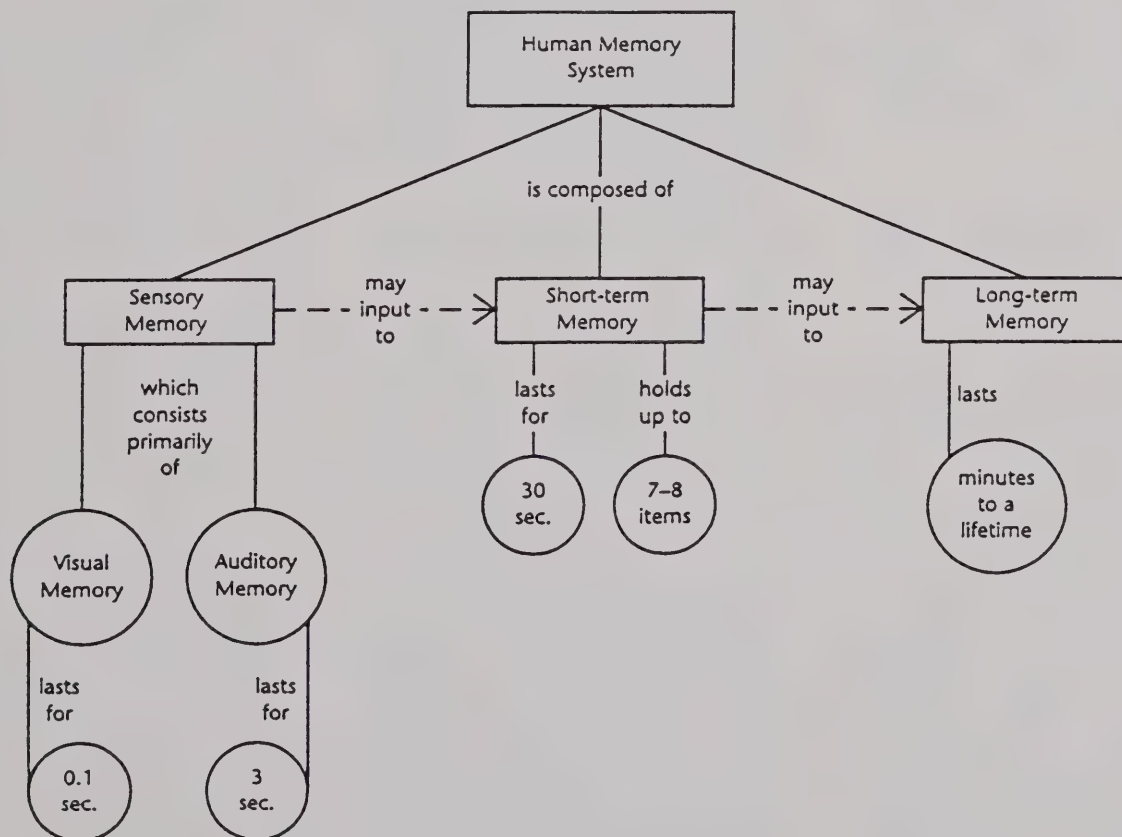
Notetaking is an important way to encode or organize and translate a lecturer's message into one's own thoughts and words.

Research suggests that a student records less than 50% of lecturer's main ideas.

Notetaking can reinforce memory.

5. **Connect information with imagery or mnemonics. Summarize and question.**
6. **Be conscious of the tools and strategies you use while learning (metacogitate).**
7. **Make your learning goal comprehension, not memorization.**
8. **Actively rehearse and review what you learn.**

*Figure 1 is a concept map of the human memory system . . .



Concept Map of Memory System [Adapted from "Drawing Concept Circles: A New Way to Teach and Test Students" by J.H. Wandersee, 1987, *Science Activities*, 24 (4), p. 11. Copyright 1987 by Heidref Publications. Adapted by permission.]

Reference: *Learning Skills for College and Career*; ISBN 0-534-17292-X, Chapters 10 and 12
Paul I. Hettich, Psychology Dept. Barat College, Lake Forest, IL
Brooks/Cole Publishing (Wadsworth), Pacific Grove, CA 1992

Inside the Student Counseling Center

Marilyn Johnson, Ph.D.

We are a childless professional couple who understand your difficult decision. You want the best for your unborn baby. We are both doctors who for six years have longed for a baby to cherish. We will provide love, happiness and a secure future. Let us help each other. Medical, legal and counseling paid. Confidential. Please call our attorney.

Obviously, you love your unborn child because you chose to give it life. If you're hurting like we are, allow us to help one another. We can give you comfort in the knowledge that your baby will always have a loving stable home with a full-time mom and a loving dad. You can fulfill a childless couple's nine year dream of becoming a real family. Medical, legal and counseling expenses paid. Info confidential. Call our attorney.

Poignant appeals like these regularly appear in newspaper classified sections these days. Touching letters from prospective adoptive parents arrive at any number of organizations and institutions in which young adults are found in large numbers. In my role in the Student Counseling Center, I have received letters from couples wishing to adopt; they assume that I will come in contact with pregnant students who may choose to surrender their babies for adoption. This kind of public appeal for access to adoptable children is a new phenomenon in our country. The advent of accessible birth control methods and the social change which has led unmarried women to keep the babies they bear have greatly decreased the number of children available for adoption. The growth in medical and scientific solutions to problems of infertility has been nothing short of revolutionary, but the desire for adoptable children continues to grow. This column will focus on the topic of adoption, as it was and, more importantly, as it is becoming.

In addition to the public appeals by couples like those above, there is another new phenomenon: single women in their 30's and 40's are not only giving birth to children; a good number of them are becoming

mothers through adoption. Some single women adopt mixed race children and those with physical and/or intellectual disabilities. Many of them (and many married couples) look to Asian and South American countries for children. These international adoptions usually take two to three years. Because several of the countries are closing their borders to further adoptions, the pool of children is becoming smaller and so the process can drag on for years with no guarantee of success. The adoption of children from other countries has become so common that support groups for individuals and couples wishing to adopt internationally have become common. Last spring I spoke to a group of 15-20 single and divorced women in their 30's and 40's who have adopted children or are in the process of doing so. They meet monthly to support and encourage each other; it is good for those who have not yet completed the arduous process of adoption to see that, indeed, it can happen.

These new trends have contributed to the growth of open adoption, a concept whose time appears to have come and a practice about which there is a good deal of controversy. What does open adoption mean? There is no single answer; it can indicate a range of behaviors, all of which differ from the practices of closed adoption. Let me first describe closed adoption so that the new idea can be contrasted with what has been the mode of the past 40-50 years. A word on terminology: adoption professionals and adoption rights activists use the term "birthparent" to indicate the biological parent; terms like "real father" or "natural mother" are emotionally charged and confusing. Also, in this column, I will refer to birthparents, although in most cases it is the birth mother acting alone who relinquishes the child and who, years later, may seek her child or be sought by him or her.

Closed adoption assumed a contract of utter separation between adoptees and birthparents. The contract was made between the adoptive parents and the birthparents. The adoptive parents agreed to love

and nurture the child and the birthparents agreed to disappear forever from the life of the new family. It was felt that this contract was in the best interests of all three parties. The adoptee could best make a life with one set of parents; he or she would be told about the adoption but the emphasis would be on blending with the adoptive family. The adoptive parents would be most secure if they could trust that the birthparents would not return and try to reclaim the child. The birthparents could feel they had done the best thing for their child and could, if they wished, keep the birth of the child completely confidential.

This philosophy of adoption has been and is still accepted by many adoption workers and members of the adoptive triad (adoptee, adoptive parents, birthparents). It has been in practice for so long that the advantages and disadvantages can be seen clearly. On the positive side, the new family has optimal conditions to grow close if there is no other set of parents to interfere. Many adopted children feel as attached to their parents as biological children, and the parents feel equally attached to them. Adoptees may feel different from other children because they are adopted, but many adoptive parents manage to convey to them the special joy they felt at obtaining their child. This can forge a strong bond. Birthparents can rebuild their lives following this loss and have other children. On the negative side, the adoptee is left to learn whatever information the adoptive parents choose to share about his or her birthparents. The two questions adoptees inevitably ask, "Whom do I look like?" and "Why did my mother (father) give me up?" cannot be answered. The second question, if it can be answered at all, is often fictionalized by the adoption agency. Family health history questions, also unanswerable, can sometimes be critical. The adoptive parents are also left with some of the same questions and may suffer along with their child. The birthparents are left with their own questions: "Is my child

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all right? Is she/he in a good home?" And of course they too wonder, "Whom does my child look like?"

The notion of a contract in open adoption is more flexible and varied. There may be many different contracts in open adoption. At one end of the continuum it may mean that the birthparents have occasional contact with the child with the adoptive parents' blessing. At the other end, it may mean that the birthparents will regularly send letters and photographs which the adoptive parents will share with the child at a time defined by the adoptive parent. Many of the pregnant women who may respond to ads like those that began this column often insist on selecting the couple who will adopt their baby, and this may involve meeting the couple. Some adoptive couples go through the labor and delivery with the birth mother, and some birth mothers may want to have contact with the infant after relinquishing it. The adult members of the triad are left to work out the best system for them as a unit. Open adoption has changed the way adoption professionals work too. When adoption agencies are receptive to the idea of open adoption—and more are as times goes on—they usually continue to offer their counseling services to all three members of the adoption triad. So, for example, if an adoptive parent is unsure about whether or not to share a letter or photograph at a particular time, he or she can consult with the agency professionals. In closed adoption, in contrast, adoption workers do not ordinarily have continuing contact with members of the triad. As you can see, open adoption is not easily defined.

Because open adoption is still relatively new and its forms so varied, it is impossible to compare its impact with that of closed adoption policies, but one can speculate about its advantages and disadvantages. The advantages of open adoption seem clear in that they answer the two pressing questions of all adoptees. Photographs in the possession of the adoptive parents can be shared, and letters and even phone calls from birthparents to adoptees can be vehicles for answering all of the stored-up questions. The birthparents and the adoptive parents also gain from the same sharing of photographs and information. The whole atmosphere of secrecy of closed adoption is missing. There are disadvantages, however,

and as yet we do not yet know their long term effects. How does the adoptee handle having two sets of parents, especially if he or she has contact with birthparents? How do adoptive parents and birthparents deal with the inevitable threat and jealousy of "sharing" a child? Certainly recent court cases with surrogate mothers have demonstrated the difficulty of this last issue. No child should be put in the position of having to choose one parent over another. At this point, there are more questions than answers about the effects of open adoption, but there is general agreement that those open adoptions which share information with the adoptee but which do not facilitate physical contact with the birthparents until the adoptee is sufficiently mature (post adolescence) to manage it are probably best for the adoptee.

The disadvantages of the closed approach to adoption led to the creation of the adoption rights movement, which is comprised of adoptees, birthparents and adoptive parents. This movement has been growing steadily over the past 10-20 years; until recently, the movement was devoted largely to helping adoptees and birthparents locate each other. Two or three national organizations (i.e., Adoptees Liberty Movement Association or ALMA, Concerned United Birthparents or CUB, and the American Adoption Congress) have organized local search groups in nearly every state in the union. In addition, many areas have unaffiliated groups such as Chicago's Truth Seekers in Adoption and Yesterday's Children. Lately, however, this movement has also stepped up its pressure on state legislatures to change laws which prohibit adoptees and birthparents from obtaining information about each other even when both wish to do so. For example, at the 1990 meeting of the American Adoption Congress, the conference theme was legal action and pressure to open adoption records. This issue, too, is a controversial one. While many adoptive parents in the movement work to eradicate these laws, there is also a lobby of adoptive parents and adoption workers who are arguing against the transmission of identifying information to adoptees and their biological parents. It is understandable that adoptive parents would be threatened by the prospect of reunions between adoptees and their birthparents, but most of the existing data indicate that adoptees search to answer the questions and

strengthen their sense of identity, not to find a new family to replace the adoptive parents.

Styles of adoption and ideas about adoption will no doubt continue to receive a lot of attention in the coming decades. If you are part of the triad, or are contemplating adoption, it is a live issue for you. Let me quote a thought-provoking paraphrase of a point made by a Chicago adoption expert discussing the trend toward open adoption: "When they hear me talking favorably about open adoption and open records, many adoptive parents and adoption workers accuse me of betraying the contracts I made with them years ago in arranging adoptions. This is my answer: suppose that, 30 years ago, I had sold asbestos insulation with the strong conviction that I was doing the best for my customers. What would you think of me if, knowing what I know now, I kept pushing asbestos insulation? Now that I see some of the damage that forever unbreachable secrecy can do to adoptees, I can't 'sell' that product any longer." This seems to be the philosophy of adoption in the ascendancy today; only time will tell if it is more helpful than the one we have followed for so long.

SEXUAL ORIENTATION AND HARASSMENT

Harassment has no place at Rush and all Rush people have the right to work and learn in an environment that is free from it. In a recent meeting with Beverly Huckman of the Affirmative Action office which handles harassment complaints for the University (not the hospital), Ms. Huckman gave assurances that all complaints that come to her office from Rush students and staff, regardless of that person's sexual orientation, are handled according to the Institution's sexual harassment policy. She explained that, although the harassment policy does not formally protect Rush people from harassment on the basis of sexual orientation, informally such complaints are handled as though sexual orientation were a protected category, at least by the University's Office of Affirmative Action. For a more complete report regarding this meeting with Beverly Huckman please contact Joe Kranz at 472-6905.

CAMPBELL DISTINGUISHED LECTURE SERIES

The Rush University Program in Healthcare and Humanities continues to sponsor the James Campbell, M.D. Distinguished Lecture Series. The lecture series is designed to stimulate the integrative thinking of Rush students, faculty and staff. Each of the Campbell lecturers is an expert in an area of the humanities. Each lecturer has also chosen to devote a portion of her/his career to making connections between that area and the practice of healthcare. During this Spring, we will host a physician writer as well as speakers from the areas of sociology and history.

If you are a student in any of the healthcare programs at Rush University, and are interested in helping to plan the lecture series, please call JoAnn O'Reilly, Associate Director of the Rush University Program in Healthcare and Humanities, at x2-5571.

PERRI KLOSS, M.D., PEDIATRICIAN AND AUTHOR, VISITS RUSH

Perri Klass, M.D., a writer who chronicled her experiences as a student at Harvard Medical School in a series written for *The New York Times* was on campus to read from her books on February 9, 1993.

Her journey through medical school from which she graduated in 1986 was later published as the book *A Not Entirely Benign Procedure*. Since then Dr. Klass has published *Other Women's Children*, a novel about the tensions between love and work in the life of a 1990's American career woman. In *Baby Doctor* she returns to the journals which she kept during residency to give the reader an inside look at life as a pediatric resident in a big city children's hospital.

Perri Klass is not only a pediatrician and author. She also knows how to perform her work. Dr. Klass' reading brought the material to life right in front of the audience.

Following the reading, the first Creative Writing award sponsored by the Rush University Program in Healthcare and Humanities was presented. Dr. Klass also signed her books at the reception held in her honor.



NURSING LIAISON PROGRAM

Plans are underway for the Nursing Liaison Program which matches nursing students with an alumni mentor. Students and alumni will meet at the March 10th Ice Cream Social. All non-RN students are invited to participate. Watch your mailbox for more information about this upcoming event!

GRADUATING NURSING STUDENTS

Students needed to work on the class of 1993 yearbook. All graduating nursing students from N4's to D.N.Sc. students are welcome!

There will be **NO YEARBOOK without your help!** Keep the yearbook tradition alive by volunteering today. We also need nursing students to coordinate your **CLASS PARTY**. Past classes have sponsored picnics, Great America trips, Lake Michigan cruises, etc. Contact Ann at x2-6302 to volunteer.

DON'T WORRY ... GET HAPI!

Try **HAPI**, (Health and Psychosocial Instruments) file, on CD-ROM in the Rush University Library. **HAPI** contains information on national and international tests and survey instruments in the form of questionnaires, interview forms, observation checklists/manuals, index measures, coding schemes, scenarios/vignettes, ratings scales, and projective techniques. Subject headings are chosen from *Medical Subject Headings* (MeSH) and the *Thesaurus of Psychological Index Terms*. Check out the discs at the Circulation Desk for searching on the Reference area stand-alone workstations.

In addition to **HAPI** and our network databases (**PsycLIT**, **CINAHL** (Nursing and Allied Health), **CANCER-CD** and **HealthPLAN**, please remember to try searching our other CD-ROM databases:

AIDSLINE
DISSERTATIONS ABSTRACTS
ERIC (Educational Resources)

BIOLOGICAL ABSTRACTS
DRUGS/PHARMACOLOGY
SCISEARCH (Science Citation Index)

There is no charge for this service.

.....

1993 MEDICAL CLASS (M4'S)

Student are needed to work on several projects!

1) **Skit Night** - Writers, actors, stagehands, etc. needed for Skit Night. Someone desperately needed to **COORDINATE** this event. If you are interested, call Ann at x2-6302.

2) **Yearbook** - Someone urgently needed to be **COORDINATOR(S)/EDITOR(S)** of this project. Also needed are writers, layout people, etc. Interested? Call Ann at x2-6302.

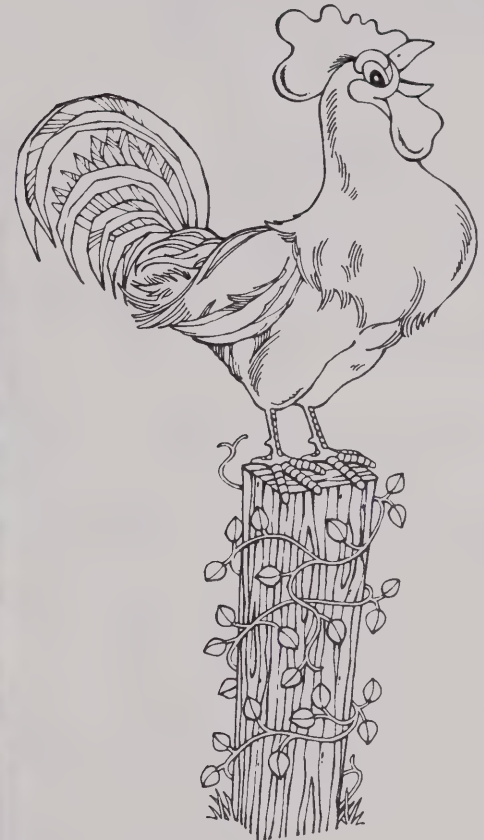
These events/projects will not become reality unless **you** volunteer. Don't let tradition die!

"YEAR OF THE ROOSTER"

CELEBRATED WITH INTERNATIONAL STUDENT DINNER



**RUSH STUDENTS, FACULTY, AND STAFF
CELEBRATE THE "YEAR OF THE ROOSTER"**



Faculty, staff, students and guests attended an International Student Dinner on Friday, January 22. Approximately forty-five people welcomed the Chinese New Year and discussed New Year celebrations in their own culture.

An array of delicious Chinese cuisine was served and many people experimented with the use of chopsticks!

The "Year of the Rooster" began on January 23rd. Happy New Year to all of our international students!

ENTERTAINMENT

WEDNESDAY NIGHT AT THE MOVIES

Every Wednesday at 8:00 p.m., the student lounge (023 Schweppe Sprague) magically transforms into the Student Affairs Cinema. Won't you join us for the best in film entertainment and some free popcorn? Check the listings below for films selected for viewing in the next few weeks!

RADIO FLYER

February 10th

Starring: Lorraine Bracco, John Heard, Elijah Wood, Joseph Mazzello, Adam Baldwin

Two young boys retreat into a wonderful world of fantasy after their mother (Lorraine Bracco) remarries and moves the family to a new town. The brothers soar in their magical Radio Flyer® wagon to escape the tirades of their brutal stepfather (Adam Baldwin).

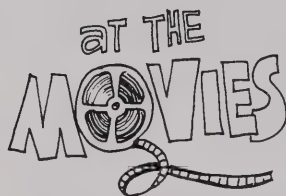
Director Richard Donner (Lethal Weapon, Scrooged) combines wistful fantasy and harsh reality for this sensitive drama about the pain of child abuse and the courage and resiliency of youth.

WHITE MEN CAN'T JUMP

- February 17th

Starring: Woody Harrelson, Wesley Snipes, Rosie Perez

An entertaining story of amateur hoopsters who are very profitable con artists when it comes to pick-up basketball games. Woody Harrelson poses as a no-talent white guy who "can't jump" until after Wesley Snipes convinces a team to take them on for cash. Rosie Perez, girlfriend of Woody Harrelson in this movie, puts in a memorable performance as a woman determined to get on the game show "Jeopardy." You'll enjoy this one!



MY OWN PRIVATE IDAHO

February 24th

Starring: River Phoenix, Keanu Reeves

River Phoenix and Keanu Reeves, portraying young male prostitutes, bring to the screen the exploitation of teenagers in their search for love and acceptance in the streets of Portland, Seattle, Idaho, and Rome. Mysterious, poetic, and profound, *My Own Private Idaho* is one of the most powerful films of the 90's.

GRAND CANYON

March 3rd

Starring: Danny Glover, Kevin Kline, Steve Martin, Mary McDonnell, Mary-Louise Parker, Alfre Woodard

An all-star cast assembles for *Grand Canyon*, Kasdan's humorous and compassionate film about the miracle of friendship and the fragility of life in urban America. Danny Glover, Steve Martin, and Academy Award winner Kevin Kline give Oscar-worthy performances in this brilliant tragic-comedy about people whose chaotic lives intersect in a way that changes them all forever.

MILK AND COOKIE DAY

Brought your lunch but forgot your dessert!! Never fear . . . Student Affairs is here . . . with **MILK AND COOKIE DAY!** Stop by the Schweppe Auditorium on Tuesday, February 9th from noon to 1:00 p.m. for some great treats. Students and faculty welcome!

What They're Reading on College Campuses

1. **A River Runs Through It,**
by Norman Maclean
2. **The Autobiography of
Malcolm X,**
with the assistance of Alex Haley
3. **Life's Little Instruction Book,**
by H. Jackson Brown, Jr.
4. **Cows of Our Planet,**
by Gary Larson
5. **The Te of Piglet,**
by Benjamin Hoff
6. **The Firm,**
by John Grisham
7. **Backlash,**
by Susan Faludi
8. **Dolores Claiborne,**
by Stephen King
9. **The Waste Lands,**
by Stephen King
10. **The Indispensable Calvin and
Hobbes,**
by Bill Watterson

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OPEN MIKE NIGHT FEBRUARY 19TH!!!

We're looking for singers!
We're looking for musicians!
We're looking for dancers!

Let's face it, we're looking for talent!
(You could be a legend
in your own mind!)

If you come anywhere close to
fitting the description above, this
could be your BIG chance!

Call and reserve your place in the spotlight now!

Call Doreen or Ann in
Student Affairs, x2-6302



SECURITY NEWS

In November 1990 the Campus Security Act was signed into law. The Act requires that most institutions of higher learning inform their students and staff of crime patterns, annual crime statistics and campus security policies. The Act further requires that an institution's disclosure must be done in a proactive manner, insuring that all students, prospective students, and employees should have access to this information.

Copies of the 1991-1992 RPSLMC Security Services Annual Report are available in the Office of Student Affairs, 023 Schweppe Sprague or at the Security Office, 1 Jelke South Center.

The Office of Student Affairs will be reporting crime statistics in the Rush Reporter on a monthly basis. These statistics will be taken directly from information received from RPSLMC Security Services.

The following information has been compiled from information received by the Medical Center Department of Security for December, 1992.

December, 1992

Homicide	0
Agrivated Assault	0
Forcible Rape	0
Robbery	0
Arson	0
Burglary	0
Motor Vehicle Theft	0
Weapons	0
Narcotics Violations	0
Total Arrests	10

Combined Thefts 60+
(Includes purse snatching and thefts from vehicles, buildings, and persons.)

Other crimes 16
(Includes bomb threats; damage to auto; damage to property; disorderly conduct; threats; and criminal trespassing.)



BLACK HISTORY MONTH PRESENTATION AT UIC

Please join the UIC College of Nursing during their Black History Month celebration for the presentation "African-American Families: Coping with Chronic Illness" presented by Barbara Holder, Ph. D., R.N. Dr. Holder is Assistant Professor, Division of Nursing, New York University and Associate Research Professor, Center for Family Research, George Washington University.

When: Monday, February 22, 1993 from 3:00 to 4:00 p.m.

Where: Third Floor Lounge, University of Illinois College of Nursing
845 South Damen Avenue, Chicago, IL 60612

Refreshments will be served following the presentation.

ON CAMPUS ALCOHOL POLICY

Alcoholic beverages are allowed only in Schweppe-Sprague Hall in the auditorium, the Student Lounge, on the patio outside the Lounge and - - for those fortunate enough to chow down in Rush's plush dining area - - in Room 500. Alcohol is not permitted in any other buildings within the Medical Center.

In addition, only beer and wine are permitted at on-campus parties. Any hard liquor will be confiscated.

Questions concerning this policy should be directed to the Office of Student Affairs, x26302.



Rush Reporter is a publication of
Rush University, Office of Student Affairs.

Editor: Ann Cocks

Contributing Editor: Doreen Kelly

RUSH REPORTER

MARCH, 1993

*Published by Rush University, Office of Student Affairs
Volume XVI, Number 6*



FILM SERIES MARKS WOMEN'S HISTORY MONTH

The Multicultural Affairs Committee (MAC) and the Learning Resource Center are co-sponsoring a March film series to mark **Women's History Month**. Half-hour films have been selected in order to allow time for the audience to discuss its response. Films will be shown each Wednesday noon in March in Room 442 of the Academic Facility. Bring your lunch and join us.

March 3rd - I NEED YOUR FULL COOPERATION. The relationship between women and the institution of medicine.

March 10th - MIRROR MIRROR. The relationship between women's body image and the quest for the idealized female form.

March 17th - WOMEN: THE NEW POOR. Divorced women and single mothers are feminizing poverty.

March 24th - PRESCRIPTION FOR CHANGE. Nurses question the conditions that prevent them from doing their jobs and suggest changes.

March 31st - STILL KILLING US SOFTLY. Advertising's portrayal of women and its effect on self-images.



The street in front of Medinah Temple is blocked off after the ceremony for congratulating the new graduates.



Will it Stay on?

COUNTDOWN TO COMMENCEMENT

Looking forward to graduation? Who wouldn't be?! The student services staff is already hard at work preparing for the big day. We're ordering diplomas, measuring for caps and gowns, preparing financial aid exit interview materials, etc. If you haven't already, mark your calendar now for Saturday, June 12th. The ceremony at Medinah Temple (Wabash and Ontario Streets) starts at 2:00 p.m., but graduates need to be there

by 1:15 to "suit up" and find their place in line. As commencement draws closer, watch your mail for important information which will be sent to you. If you are graduating this year and have not been sent a brown "Intent to Graduate" form, you need to contact the Registrar's Office (101 Schweppe Sprague Hall, extension 25681). If you have not been measured for cap and gown, contact the Office of Student Affairs (023 Schweppe, extension 26302).

NEWS FROM THE OFFICE OF STUDENT FINANCIAL AID

1986 TAX LAWS TREAT SOME GIFT AID AS TAXABLE INCOME

Students that received scholarship and gift assistance in excess of educational costs may be required to report some of the gift aid as income. The Tax Reform Act of 1986 changes the reporting requirement of gift aid. Specifically, the changes provide that if the total amount of scholarships and/or grants received in the calendar year (January 1992 through December 1992 includes Winter, Spring, Summer and Fall quarters) exceeds the amount paid for tuition and "related expenses", the excess must be included in the recipient's gross income. Related expenses include books, supplies and instruments only.

The responsibility for filing income rests with the individual student, since Rush University has no filing responsibility with the IRS or with the student. Contact the Financial Aid office if you have questions.

EXIT INTERVIEWS FOR SPRING GRADUATES

Students who received federal, state, or institutional loans are required to have Exit Interviews prior to graduation. The Financial Aid office will be sending information about the Exit Interviews to students with loans. This information is valuable to you as you plan your life after graduation.

1993-94 FINANCIAL AID MATERIALS AVAILABLE NOW

The necessary forms are available NOW in the Financial Aid Office or in the 7th floor AcFac mailbox area. You should be picking up three items: the 1993-94 Financial Aid Handbook; the need analysis packet and the Statement of Educational Purpose. Graduate students are to pick up the need analysis packet marked gradFAF. Undergraduates are to use the packet

marked NATL. The priority deadline for submission of the FASA and FAF/gradFAF is May 15.

SCHOLARSHIP INFORMATION

The Swiss Benevolent Society of Chicago is offering scholarships to undergraduate students of Swiss descent. Applicants must be permanent residents of Illinois or southern Wisconsin. Full-time enrollment for 1993-94 and a cumulative g.p.a. of 3.5 are required. Requests for applications must be received by the Society no later than February 6. Completed applications must be received by March 6, 1993. Additional information is available in the Financial Aid office.

The U.S. Army Medical Department offers scholarships to students who are currently enrolled in, or planning to attend, medical school. Benefits include 100 per cent tuition, reimbursement for books and fees, a monthly stipend, and officer pay during periods of non-enrollment. Applicants must be U.S. citizens. For further information, call (708) 541-3411.

Two \$500 scholarships are being offered by District 19 to undergraduate or graduate nursing students. Applicants must have been residents of District 19 for one year, be registered for at least 9 quarter hours, and maintain an average of B or better. The deadline is April 16, 1993. Contact the Financial Aid office for applications.

The Joanna E. Reed Medical Scholarship is available to permanent residents of Alabama and northwest Florida. Applicants are not restricted to Alabama or Florida schools, but must obtain recommendations, prove financial need, and show motivation and promise. Applications for the 1993-94 year must be received by May 15, 1993, and are available in the Financial Aid office.

The Pisacano Scholars Program provides funding for outstanding third and fourth year medical students. Applicants must demonstrate a certain level of academic excellence and make a commitment to the specialty of Family Practice. Applications must be submitted by March 15, 1993. Contact the Financial Aid office for further information.

The DuPage Medical Society provides scholarships to students entering health related fields. Recipients must be natives of DuPage County, Illinois, demonstrate financial need, and show scholastic ability. Applications must be submitted by April 30, and are available in the Financial Aid office.



SPRING QUARTER TUITION REMINDER

Please note that spring quarter tuition is due by March 29, 1993. Payment arrangements can be made on or before this date. If you have an outstanding winter quarter balance, you will not be registered for spring quarter and transcripts will be placed on hold.

The Office of Financial Affairs is standing by to answer any questions you may have regarding tuition. Please call them at 942-6584.



COLLEGE OF NURSING NEWS

SCHOLARSHIP/AWARD OPPORTUNITIES

The Secretary's Award for Innovations in Health Promotion and Disease Prevention

The U.S. Department of Health and Human Services, in collaboration with the Federation of Associations of Schools of the Health Professions, is sponsoring the eleventh annual competition for innovative proposals for health promotion and disease prevention.

At the time of entry in this contest, the student must be enrolled, full time or part time, in a baccalaureate or higher degree health professions education program. The first, second, and third place winners will receive honoraria of \$5,000, \$4,000 and \$3,000 respectively along with appropriately inscribed plaques. The winners and their faculty advisors will be invited by the Secretary to attend the ceremony at government expense. Semifinalist will receive \$300 and the Secretary's Certificate of Merit. Applications are available in suite 1418 Schweppe Sprague Hall. *All interested students should submit completed applications to 1418 SSH by April 16, 1993.*

Council on Volunteers of the Illinois Hospital Association

IHA scholarships are given in an academic year based on a student's scholastic achievement, financial need and availability of funds. A \$500 award to be applied toward tuition, fees, or books will be sent to the authorities as designated by the scholarship recipient. Applications are available in suite 1418 Schweppe Sprague Hall. *All interested students should submit completed applications by April 15, 1993.*

Excellence in Gerontological Nursing Award

One hundred dollars (\$100.00) plus designation of recipients' name on a plaque will be awarded to an undergraduate nursing student, (full or part time, generic or RN completion). The award will be presented at the Annual Convocation in June. Applications are available in suite 1418 Schweppe Sprague Hall or the Gerontological Nursing Office, Room 424 JRB. *All interested students should submit completed applications to the Chairperson of the Department of Gerontological Nursing in Room 424 JRB by March 19, 1993.*

CONVOCATION AND AWARDS

The College of Nursing annual convocation is scheduled for Friday, June 11 from 1-3 p.m. in the Atrium Lobby. The convocation program consists of graduating prelicensure students receiving their nursing pins. The pins are donated by the alumni Association. A faculty award recipient and other faculty members elected by students will pin the students.

The program also includes prelicensure and graduate students receiving special awards. The awards are primarily for graduating students with the exception of Kellogg and Golden Lamp awards. Students may apply for those marked with an * and are invited to apply for those marked with **. A faculty awards committee selects all award recipients. Applications and criteria will be available in 1418 SSH. Applications will be due by March 19, 1993. Contact Dr. Haynes for clarification.

1993 NURSING AWARDS

PRELICENSURE

The Professional Service Award*

for significant contributions in the areas of community service and/or the professional nursing community

The Luther Chrisman Award from the Nurses Alumni Association*

to the prelicensure nursing student moving directly into post-baccalaureate studies who has demonstrated out-

standing academic and clinical performance and leadership.

The Writing Award*

for outstanding scholarly and/or creative writing

The Ruth E. Schmidt Endowment Fund for Nursing Education*

for the registered nurse completing the baccalaureate degree with potential for significant contributions to the nursing profession

The Gerontological Nursing Award*

for excellence in gerontological nursing

GRADUATE

The Professional Service Award*

for significant contributions in the areas of community service and/or the professional nursing community

The Writing Award*

for outstanding scholarly and/or creative writing

The Golden Lamp Society Award**

presented to an outstanding doctor of nursing science student at dissertation for research and scholarship

The Kellogg Scholarship Award**

to a doctor of nursing science student for superior academic achievement beginning dissertation work



Inside the Student Counseling Center

Marilyn Johnson, Ph.D.

March is Women's History Month AND we have a new first lady who comes to the White House with formidable intellectual and political skills. These are two good reasons to focus on the changing roles of women in this country over the past 30 years.

As I see it, we are smack dab in the third stage of the Women's Movement. One of the consistent themes of any large social movement is the anger and frustration felt by the group fighting for change. These emotions may persist throughout the life of the movement but their intensity alternates in relation to society's response. In this column, I will use the organizing principle of women's experience of and expression of anger as a way to examine the three stages of the movement; also, I will touch upon the mental health establishment's contribution to the means by which women sought to cope with their anger.

Three caveats should be noted. First, the women's movement, especially in its early days, was primarily a white, middle-class movement, so much of what follows applies to that group. Second, social events rarely occur in neat, decade-based groupings, so take these as general guidelines. Finally, the women's movement began when many readers were babies or young children; therefore I am going to provide some background which may be old news to some of you.

The first stage (mid-sixties to mid-seventies) arose from the conjunction of two events. First many of the women working in the civil rights and peace movements were stirred by the idea of liberation; they identified with other oppressed groups and began to desire greater freedom. Simultaneously they were stung by their ill-treatment by many of the men with whom they worked. An example of the attitudes that led to this kind of poor treatment is civil rights activist Stokely Carmichael's remark, "The only position for women in the civil rights movement is prone." Women were putting their lives on the line but were frequently left out of important decisions, still making coffee more frequently than they made policy.

These experiences led women to an awareness of their oppression.

The other event which coincided with these movements was the publication in 1963 of Betty Friedan's book, The Feminine Mystique. It is useful to understand the context of her book in order to appreciate its impact. When World War II ended, women who had been in the work force returned to their homes and men back from the war resumed their jobs. Suburbs began to develop, young couples moved there and began the baby boom. Sex roles were clearly separated at this time. Women spent their days with children and other housewives in the suburbs while their husbands often did interesting, well-paid and respected work in the city. Friedan's book spoke to and for the women who were going quietly crazy in the suburbs, wanting more stimulation, wishing to use their talents and intelligence but feeling very guilty about having such thoughts. These thoughts, they felt, must mean that they were ungrateful, selfish and, worst of all, bad mothers. Friedan let them know that they were not alone, that many other women felt the same way. Women's recognition of the widespread existence of these deeply ingrained attitudes helped start the revolution.

During this first stage of the movement, women's anger was usually directed at society, at social conventions and attitudes designed to keep them in their place. The mental health establishment responded with new or modified modalities to help women cope with their angry feelings. The two social movements and the publication of Friedan's book took place at a time when the human potential movement was popular as a therapeutic philosophy. The movement encouraged emotional expression and greater psychological self-knowledge and put a premium of "letting it all hang out." Human potential therapy was conducted in small groups in which expression of feelings about oneself and toward other group members was encouraged. Expression of anger was regarded as good and suppression

of negative feelings was considered unhealthy.

Elements of the human potential and women's movement meshed well. Women began meeting in consciousness-raising groups, each woman reflected on the topic of the evening, e.g., their mothers, their feelings about their bodies, the emergence of competition with other females during adolescence, etc. The meetings gave the women greater emotional awareness of how sex-role socialization shaped their feelings about themselves; the similarity of experience confirmed the power of social pressures on women to be whatever society defined as feminine. These realizations led many of the women to experience and express anger; eventually this "rage stage" came to be recognized as one step on the way to greater freedom and to increased self-respect.

During the second stage (mid-seventies to mid-eighties) women applied to graduate and professional schools by the thousands; many joined corporations or started their own businesses. Many more joined the work force in less lofty positions. Many of the women who entered professional school and business at the beginning of this stage were women who were strongly identified with the women's movement. They viewed their new activities as challenges and they received strong support from other women in the movement. And a good thing too because the rest of the world was not so positive about these changes. Women were often seen as The Other and were not welcomed with open arms. Research results from these years indicate that women frequently felt intimidated in work groups, that they were repeatedly interrupted by men and that the real focus of power remained with men. At times there were problems at home too when the woman devoted a lot of energy to work or school when formerly she had invested most of this in her partner or her home.

continued on next page ->

We are now in the third stage (mid-eighties - ?) which began with the realization that having it all is a fantasy, or at least having it all as women were led to expect. The occupational progress that began in stage 2 had continued; in the meantime, a second baby boom began among working couples and the system began to split at the seams. During the second stage, the modern woman developed the expectation that, when the time came to raise a family, her husband would share the work and an enlightened society would contribute such resources as flextime, job site child care, maternity benefits, etc. In many cases, she was sadly mistaken. A new book by soci-

Does this disappointment cause anger and frustration? You bet it does, and the anger is directed at spouses and sometimes at the policies and people in the workplace. Certainly one useful way to use this anger constructively is to work to change work policies (e.g., maternity leave, pay equity, etc.). The major mental health modality of assistance in the case of anger toward spouses or other loved ones is marital therapy and sometimes individual counseling or psychotherapy. In addition to these resources, I would strongly recommend that women (and men) read Harriet Lerner's The Dance of Anger. (She has recently published a new book, The Dance of Intimacy, which is also excellent.) The Dance of Anger does not recommend "letting it all hang out"; rather it helps the reader identify her own angry patterns. For example, is she a pursuer of a distancing husband? Does her feeling of helplessness lead her to pursue her husband who then withdraws? What patterns did she learn in her own family? How did her parents deal with conflict? Once these patterns, these dances, have been identified, she can work to change them, whether with her spouse, lover, parents, friends or boss. She is not labelled the one with the problem but rather as a member of a system with a problem and she takes the initiative to engage the others in solving it.

sharing with other women which led to a sense of solidarity (sisterhood) and through converting anger into a sense of strength and self-worth. The emphasis now on working out angry feelings with lovers, spouses, parents and friends is literally and figuratively closer to home and so harder to accomplish. The way may be a bit easier if women and men can understand the context in which women have struggled and still struggle toward a strong sense of self.

1. ***The Firm***
by John Grisham
2. ***Rising Sun***
by Michael Crichton
3. ***The Way Things Ought to Be***
by Rush H. Limbaugh, 3rd
4. ***The Autobiography of Malcolm X*,**
with the assistance of Alex Haley
5. ***Life's Little Instruction Book***
by H. Jackson Brown, Jr.
6. ***A Time to Kill*,**
by John Grisham
7. ***Backlash***
by Susan Faludi
8. ***A River Runs Through it***
by Norman Maclean
9. ***Women Who Run With Wolves***
by Clarissa Pinkola Estes
10. ***Revolution From Within***
by Gloria Steinem

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ACADEMIC SKILLS CENTER

Michael J. Harris, Ph.D., Director

GOOD NOTE-TAKING: A METHOD TO ENHANCE COMPREHENSION AND RECALL

I recently acquired a small book with a very long title: Remember Everything you Read: The Evelyn Wood 7-Day Speed Reading & Learning Program written by Stanley D. Frank, Ed.D. (1992). Coincidentally, the Academic Skills Center became involved in a project with the Human Resources Department, Office of Training and Organizational Development of the Medical Center to offer a variant of the Evelyn Wood Speed reading program to students and faculty of the institution. This seemed like a good opportunity to look into those aspects of learning improvement in which all of us can find value whether we are students, faculty or staff of the Medical Center.

In this article, I want to emphasize the approach to note-taking being promoted by Dr. Frank. There are two principal ways notes are taken: 1) the word-for-word, prose way and 2) the outline format. Both of these methods are reactionary and, according to Dr. Frank, counterproductive. He promotes a proactive, organized system which takes advantage of critical evaluative powers of the brain and which leads to improved remembering and greater ability to use what we learn.

Lesson notes, according to the Evelyn Wood Program, are "recall patterns" intended to enable the note-taker to organize and draw easily and efficiently from the material taken in during a study session. Key to this process is learning how to make meaningful and strong associations among items of information. Frank talks about making mental images of a dramatic, amusing or absurd nature which makes remem-

bering (hopefully) a pleasant, emotional, fun activity.

A recall pattern is a picture of the note-taker's material. As presented in Remember Everything, it resembles variants of the sentence diagrams we all did in grammar and high school. It enables one to arrange the main idea and subordinate ideas in a logical and meaningful way. It allows one to personalize the learning experience. It stimulates creativity and thought generation. It takes some of the drudgery out of traditional note-taking and out of the study process.

What any kind of note-taking should do is condense material, highlight important associations between concepts and provide organizational unity. Included with this article is one of the recall patterns which appeared in Remember Everything. As in any new learning situation, a certain amount of effort or practice and time are required to be comfortable with a technique. It is still, however, necessary to prepare the material as before by previewing it. It may also be worthwhile to make a recall pattern for both the beginning and ending material gone over in a study session. Note-takers are advised to keep recall pattern entries short - use key words and phrases, not complete sentences. Notes are intended to jog your memory and should not be simply a rewriting of what you have read. The recall

pattern can be "fleshed out" after you thoroughly read/study the material - in your own words and with your own images.

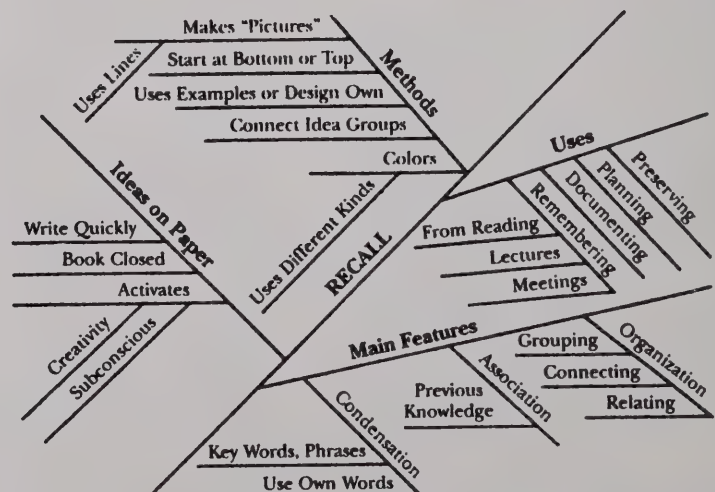
An important thought to keep in mind as you go through this process is that you can - and should - revise the recall pattern as needed. It is well to try to fill in the pattern as much as possible from memory. Exercising your mental powers in this way builds the ability to comprehend, remember and recall. It bears fruit when the report, the examination or other test of knowledge and skill presents.

Appended to this writing are sample recall patterns taken from Remember Everything. If you think they will be helpful to you in your job or at school, why not cut them out or copy them and use them as tools for making mental "home improvements".

P.S. An 8 hour power reading course was piloted for 20 Rush students and employees beginning February 15 (and each of the following three Mondays). Stay tuned for word about the outcome in the April Rush Reporter.

Ref. Frank, Stanley D. (1992). Remember Everything You Read: The Evelyn Wood 7-Day Speed Reading & Learning Program, Ch. 6, pp. 104-121, Avon Books, New York.

Sample Slash Recall Pattern



CHICAGO PUBLIC LIBRARY NEW RELEASE

The Harold Washington Library Center, 400 South State Street, has several programs of interest for the month of March. These are just a few of the possibilities:

GALLERY TALK

Wilbur Tuggle, African art connoisseur, will lead a tour of the exhibit, "Forms of Expression: African Masks and Sculptures." Thursday, March 4th and Thursday, March 18th at 12:15 p.m. - Main Exhibition Hall (lower level). Contact: Special Collections (312) 747-4876.

SOCIETY IN FOCUS - PREVIEW: "AN HISTORICAL ENCYCLOPEDIA OF CHICAGO WOMEN"

Members of "Telling Women's Lives Project: An Encyclopedia of Chicago Women: will present biographical sketches of several notable Chicago women. The emphasis of the sketches will be the lives of these women in relation to the historical theme of social change in Chicago. Thursday, March 11th at 12:15 p.m. - Auditorium. Contact: Social Sciences (312) 747-4600.

CHICAGO SMARTS - "NATIONAL HEALTH INSURANCE"

Dr. Quentin Young, former chairman of medicine at Cook County Hospital and president of Physicians for a National Health Program, will discuss this timely issue. A question and answer session will follow Dr. Young's lecture. Tuesday, March 16th at 12:15 p.m. - Auditorium. Contact: Business/Science/Technology at (312) 747-4400.

CHICAGO CULTURAL CENTER NEW RELEASE

The Chicago Cultural Center at 78 E. Washington Street offers many free public events. They are cosponsored by the Chicago Sun-Times and WBEZ Radio, 91.5

FM and partially supported by a grant from the Illinois Arts Council, a state agency, and the National Endowment for the Arts. Here are a few of the events planned for March:

FOCUS ON WOMEN

In observance of National Women's History Month, the Chicago Department of Cultural Affairs presents a Tuesday evening and Friday noon-time film series that features women characters in a wide range of situations, starring some of the most acclaimed actresses of recent time.

STORY OF WOMEN (starring Isabelle Huppert) in French with English subtitles Tuesday, March 2nd, 5:00 p.m. Theater

AUTUMN SONATA (starring Ingrid Bergman and Liv Ullmann) in Swedish with English Subtitles. Tuesday, March 9th at 5:00 p.m. Theater

WHERE ANGELS FEAR TO TREAD (starring Judy Davis) in English Friday, March 12th at 12:15 p.m. Theater

THE TRIP TO BOUNTIFUL (starring Geraldine Page) in English Tuesday, March 16th at 5:00 p.m. Theater

DRIVING MISS DAISY (starring Jessica Tandy) in English Friday, March 19th at 12:15 p.m. Theater

ANOTHER WOMAN (starring Mia Farrow and Gena Rowlands) in English Tuesday, March 23rd at 5:00 p.m. Theater

WHATEVER HAPPENED TO BABY JANE? (starring Bette Davis and Joan Crawford) in English Friday, March 26th at 12:15 p.m. Theater

WOMEN ON THE VERGE OF A NERVOUS BREAKDOWN (starring Carmen Maura) in Spanish with English subtitles Tuesday, March 30th at 5:00 p.m. Theater

For a more complete listing of what's going on at the Harold Washington Library Center and the Chicago Cultural Center stop by the Office of Student Affairs, 023 Schweppe and check out our bulletin board!



IN RESPONSE TO THE BOOKSTORE SURVEY

During the fall quarter, the Bookstore of Rush University handed out a set of surveys for your input. Two were about your ideal bookstore and the third was rating us. I discovered, as I read through the completed forms, that many of you did not get a good grip on the difference. Fortunately, the surveys were anonymous and none of this will impede your graduation plans. I would like to use this space to address your comments.

1) HELPFUL IN-STORE SIGNS. Oh, boy! Did we score poorly on this one! Those in charge of renovations for the bookstore did not include signage in the budget. It also did not include shelves or other hardware. We are trying to remedy the situation but money and time are factors in the process. In the meantime, we are always happy to point you in the right direction. And, here's a word from one who learned the hard way: quit before any remodeling project begins!

2) COMPETITIVE BOOK PRICES. We received many low ratings for this but I assume most people referred to price itself. We do not set the price of books, nor do we mark them up from list price. Books come to us discounted 20% from list price. We give you a 10% discount so that leaves us with 10% to pay for our expenses. "Expenses" include bags, those freebie highlighters you like, all the donations your organizations request, and that \$22,000 scholarship money given by the Faculty Wives. Books are just very expensive, basically because they do not have the mass appeal as, say, Harlequin Romances. With three medical bookstores in the neighborhood, no one can afford to lose business by marking up books. I think you will find that Rush, U of I, and Login are all about the same price. And, with the discount, we might actually be a little less. (Without a doubt, though, their stethoscopes are cheaper than ours because they can buy in bigger volume.)

3) TEXTBOOK AVAILABILITY. Textbook buying is a guess, a luck of the draw kind of thing, but, far from a science. There are way too many variables. Instructors might order texts late, or not at all. Publishers or distributors might be out of stock. The book might be out of print. We might make a computer entry error. More students might register for the class than the instructor expected, U of I or Loyola students might come in and buy them up. Sometimes books are listed as "recommended", but not weighted and we don't know if one or fifty of you are going to purchase the book.

Admittedly, sometimes we make poor judgements but, most often there are circumstances beyond the Bookstore's control. About 80% of our books come from a local distributor and can usually be obtained in two days. Of course, the other 20% are a pain and make remedies difficult. We feel bad, too, when we have to send you elsewhere.

4) OPERATING HOURS. Three years ago, the Bookstore was open from 9:30 a.m. to 3:30 p.m. so hours have improved! We would really like to offer you hours from 8:00 a.m. to 6:00 p.m. as well as Saturday hours but, unfortunately, don't have enough staff to juggle that way. It is not safe for one person to be alone here at any time of the day so for now it is just not an option.

5) NEED POPULAR BOOKS/CHEAPER SCHOOL SUPPLIES/DRY CLEANING/ ETC. These are great ideas but not realistic for a store our size. Our mission is to be a good medical bookstore. We don't have the desire to be a Kroch's or an Office Max, just as they don't want to sell healthcare books. We can only get cheaper supplies by purchasing larger quantities directly from the manufacturers. Only the Michigan States and Universities of Illinois of this world have the warehouse space for that kind of buying!

We, in the Bookstore, truly do welcome your input. I hope that I didn't sound defensive. Ever since I started working in the bookstore, I've felt that people often treat us like we're the enemy and we're not. We do want to be your bookstore.

SECURITY NEWS

In November 1990 the Campus Security Act was signed into law. The Act requires that most institutions of higher learning inform their students and staff of crime patterns, annual crime statistics and campus security policies. The Act further requires that an institution's disclosure must be done in a proactive manner, insuring that all students, prospective students, and employees should have access to this information.

Copies of the 1991-1992 RPSLMC Security Services Annual Report are available in the Office of Student Affairs, 023 Schweppe Sprague or at the Security Office, 1 Jelke South Center.

The Office of Student Affairs will be reporting crime statistics in the Rush Reporter on a monthly basis. These statistics will be taken directly from information received from RPSLMC Security Services.

The following information has been compiled from information received by the Medical Center Department of Security for January, 1993.

January, 1993

Homicide	0
Agravated Assault	0
Forcible Rape	0
Robbery	0
Arson	0
Burglary	0
Motor Vehicle Theft	0
Weapons	0
Narcotics Violations	0
Total Arrests	10

Combined Thefts 40+
(Includes purse snatching and thefts from vehicles, buildings, and persons.)

Other crimes 12
(Includes bomb threats; damage to auto; damage to property; disorderly conduct; threats; and criminal trespassing.)



Seating Space Policies for the Rush University Library and McCormick Learning Resource Center

During final exams, the upper level of the Library is reserved after 6:00 p.m. for Rush students, faculty, and staff ONLY. Visitors may go upstairs only to get materials. They may use seating areas on the fifth floor.

If there are no seats on the upper level of the Library, a Rush student, faculty or staff member may ask the Circulation Desk staff person to check for Rush I.D.'s and call Security if warranted. Rush I.D. badges should be worn at all times in these areas.

There are four small audiovisual viewing rooms in the MLRC. These rooms may be used for studying when not needed for audiovisual use. If there are non-Rush people in one or more of these rooms and there are none vacant for study, staff may free up a room during regular MLRC hours for use by Rush students. However, audiovisual use in these rooms has priority, and the rooms may be reserved at any time for this purpose.

Any questions regarding these policies may be directed to the Circulation Desk at extension 2-5950, the Reference Desk at extension 2-5952, or the McCormick Learning Resource Center at extension 2-6799.

LEARN ABOUT THE ND DEGREE

Any student interested in finding out about the ND (Doctor of Nursing) degree is welcome to attend the monthly meeting of the ND student organization. We'd like to have your input or just come to listen. Check the ND bulletin board, to the right of the mailboxes in the student lounge, 023 Schweppe for the next meeting time, place, etc. Hope to see you there!

EMPLOYEE HEALTH AND FITNESS PROGRAM

Denise Ferreri, Coordinator of the Employee Health and Fitness Program announces that there are a variety of activities for you to participate in for fun as well as fitness. Are you a runner? You can become part of Rush Runners, our corporate running team. Like aerobics? Aerobics is offered at two convenient times; 12:00 p.m. Monday, Thursday, and Friday and after hours at 5:30 p.m. on Monday, Tuesday, and Thursday. Both offer low-impact aerobics and step aerobics. Want to know how fit you are? Employee Health and Fitness offers a comprehensive fitness test that measures the components of fitness, including body fat percentage. If you want to get in shape or have questions regarding our programs, call Employee Health and Fitness at 942-5309.



**ENJOY
YOUR
SPRING
BREAK!**

NURSES CHRISTIAN FELLOWSHIP NEWS

So far, 1993 has been a busy and enjoyable year for all involved with Nurses Christian Fellowship. During the month of January, NCF and Student Affairs sponsored our 2nd annual food drive. Thanks to all who donated canned and nonperishable food items and also those who assisted in the collection and sorting process. The donations went to Holy Family Food Pantry which was grateful for all our donations. So far, we've held two large group meetings, one evening session on apologetics and a lunchtime group on Ethics and Christianity. February sported another famous NCF bake sale and of course, lots of yummy baked goods. Again, many thanks to all of our faithful bakers! NCF continues to hold weekly Bible studies and prayer meetings for anyone interested. As this year's coordinators prepare to hand the reins over to a new group of students, we would like to thank God for His faithfulness and how He continues to teach us. To all of you, whether you are graduating or continuing on with school, we wish you the best in whatever you do!

M4'S MEET YOUR MATCH

Match Day is Wednesday, March 17th! We will meet in Room 500 by 10:30 a.m. Match Day, besides being the day when you find out where you spend the next few years of your life, is a day for voting for faculty awards, ordering announcements for commencement, and getting measured for your cap and gown (if you haven't already done so). Bring your checkbook along if you want to order more than 25 announcements (the first 25 are free). Additional announcements are 10 for \$3.00.

ENTERTAINMENT

WEDNESDAY NIGHT AT THE MOVIES

Every Wednesday at 8:00 p.m., the student lounge (023 Schweppe Sprague) magically transforms into the Student Affairs Cinema. Won't you join us for the best in film entertainment and some free popcorn? Check the listings below for films selected for viewing in the next few weeks!

ALIEN 3 - March 10th

Starring: Sigourney Weaver
Sigourney is back in another sci-fi thriller. She and her troop of futuristic soldiers crash land on a lice infested planet (thus, Sigourney's new "do") and do battle once again with the acid-bleeding, metal-jawed monsters.

PATRIOT GAMES - March 17th

Starring: Harrison Ford, Ann Archer, James Earl Jones
While on a speaking engagement in London, Harrison Ford becomes entangled in the battle between England and Northern Ireland when he foils a terrorist attack on the Prime Minister and his family. His heroic efforts mark him and his wife (Ann Archer) and daughter for murder as terrorists escape from prison and seek revenge. A suspenseful tale of murder and political intrigue.

SINGLE WHITE FEMALE - March 24th

Starring: Bridget Fonda, Jennifer Jason Leigh
Successful young New Yorker, Allie Jones (Bridget Fonda) has no idea what she's getting into when she seeks a new roommate through a newspaper ad and meets Hedra Carlson (Jennifer Jason Leigh). Not only does Hedra move into an apartment with Allie, she begins to move into her life. She starts dressing exactly like Allie, copies her

distinctive hairdo, and has a fit when Allie reunites with her ex-boyfriend. The movie culminates in a scary ending you will never forget.

.....



BORROW A VIDEO FROM STUDENT AFFAIRS

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The Office of Student Affairs has video tapes which students of Rush University may borrow.

The policies are as follows:

- 1) Videos checked out during the week need to be returned the next day.
- 2) Videos checked out on Fridays have to be returned the following Monday.
- 3) Video checkout/return hours are 8:30 a.m. until 4:00 p.m. Monday through Friday.
- 4) You MUST have a student I.D. with you when you borrow the video.

For a complete list of videos available, stop by the Office of Student Affairs, 023 Schweppe Sprague.



STUDENT AFFAIRS WELCOMES NEW ASSISTANT DIRECTOR

The Office of Student Affairs would like to welcome our new Assistant Director who, in January, joined Ann Cocks, Director of Student Affairs and Cheryl Casarez, Secretary.

Doreen Kelly, a native of Michigan, comes to us from DePaul University where she gained experience in the Student Services area. She looks forward to working with students, faculty, and staff here at Rush.

Doreen is somewhat of a celebrity in that she was one of the original "Gerber Babies", born at Gerber Memorial Hospital in Fremont, Michigan, home of Gerber Baby Products. (Talk to Doreen about how you can have a guided tour through the "Gerber Mansion" designed by the famous architect Frank Lloyd Wright!)

DISCOUNT CINEPLEX ODEON THEATRE TICKETS AVAILABLE

Discount movie tickets for Cineplex Odeon Theatres are available for Rush University Students only! The cost is \$4.00 each, limit 5 tickets. You can get your tickets in the Office of Student Affairs, 023 Schweppe Sprague between 8:30 a.m. and 4:30 p.m. Monday through Friday.

Get YOUR team ready for . . .



RUSH UNIVERSITY DAY



Wednesday, May 5th

Lawn by the Tennis Courts

***sack races**

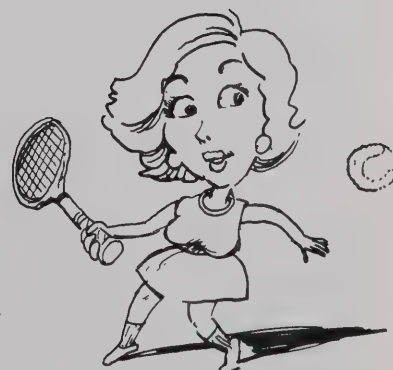
***bat spin**

***water balloon toss**

***tennis**

(and more!)

***picnic lunch**





Rush Reporter is a publication of
Rush University, Office of Student Affairs.

Editor: Ann Cocks

Contributing Editor: Doreen Kelly

RUSH REPORTER

APRIL/MAY, 1993

Published by Rush University, Office of Student Affairs

Volume XVI, Number 7



WINTER QUARTER 1993 DEAN'S LIST

Congratulations to the following undergraduate students who earned at least a 3.50 quarterly grade point average for a full-time course load during Winter Quarter 1993.

Nursing

Gregory Baker
Patricia Bushland
Katherine Flens
Marianne Gutchewsky
Paula Guzzo
Mary Ann Harless
Anita Hintz
Therese Hirsch
Sharon Homa
Cynthia Humphrey
Kristen Karl
Brigid Kiley
Kristie Korcha
Cynthia Kunz
Caroline Lo
Jacqueline Madaj
Hanlon Maxwell
Catherine McDaniel
Monina Molina
Tammy Moyer
Carmen Petrizzo
Laurie Rentschler
Arlene Schwenk
Susan M. Seeman

Medical Technology

Cynthia Bariamis
Philip DeBoo
James Martin
Deena Patel
Medha Patel

Perfusion Technology

Deborah Baker
Michael Beumer
Cea Correnti
Eric Ecker
Elizabeth Kabrick
Pamela Kutz
Miles Meador
Patrick O'Toole
Leslie Stoltzner
Mark Switalla

ATTENTION GRADUATING STUDENTS

**If you are a graduating student
and you are planning to partici-
pate in commencement . . .**

•The ceremony is Saturday, June 12th
at Medinah Temple and begins at 2 p.m.

•You must be measured for a cap and
gown. If you haven't been measured, stop
by Student Affairs, 023 Schweppe, by
Monday, May 10th.

•Caps and gowns will be distributed
Tuesday, June 8th through 12:00 noon,
Friday, June 11th in the Schweppe Auditor-
ium.

•When you pick up your cap and gown,
you will be asked to update your forwarding
address.

•Commencement announcements will
be available in the Office of Student Affairs,
023 Schweppe, between 8:00 a.m. and 5:00
p.m. after May 1st. Please stop by to pick
them up.



**If you are not planning to par-
ticipate in commencement . . .**

•Notify the Office of Student Affairs of
your intentions in writing.

•Contact the Registrar's Office to up-
date your forwarding address. Your di-
ploma will be mailed to you.

News all grads can use . . .

•You are responsible for clearing out
your locker and mailbox completely by
Commencement. (This could be somewhat
enlightening for several grads!) Student
Affairs will not be responsible for belong-
ings left after June 14th.

**You will receive an empty di-
ploma folder if you have neglected
to do the following . . .**

•Return all books, periodicals, etc. to
the Rush University Library, as well as pay
any fines.

•Attend an exit interview on loan re-
payment if you received any student loans at
Rush (including Stafford Loan). If you
haven't received a notice, call Financial Aid
at 942-6256 to make an appointment.

•Pay all tuition and fees by Monday,
May 28th, 1993.

•Make sure all clinical evaluations are
received by Clinical Curriculum if you are
an M4.

STUDENT FINANCIAL AID

SPRING FINANCIAL AID CHECKS AVAILABLE

The Financial Aid office anticipates receiving spring quarter Federal Stafford, Federal Supplemental and HEAL during the first week of the quarter. Please contact Financial Aid at x2-6256 or Financial Affairs at x2-6584 to determine if your check has been received. Help us save on postage costs by checking with either office on the status of your loan check.

1993-94 FINANCIAL AID APPLICATIONS

If you are applying for next year financial aid, you should have picked up the application materials from either the Financial Aid office or the 7th floor AcFac mail room. It is important that you submit the forms as soon as possible. Remember though, if you or your parents are submitting a 1992 Federal Income Tax form that you use information from the final copy, assuming that you will file your tax forms by the April 15 deadline. Using accurate and complete data on the need analysis forms may prevent you and your parents from having to submit additional documents to us.

Please be sure to review the Handbook regarding the correct form or forms to complete and the section on parental data. Because of the change in processing documents for 1993-94 the Financial Aid staff will be happy to assist you with any questions you may have.

After you send in the FAFSA and FAF or gradFAF to the College Scholarship Service, you will receive a document called the Student Aid Report (SAR) and a summary/information sheet from CSS. Please review, sign and return the SAR to Financial Aid. Changes to the SAR should be first discussed with a Counselor before turning it in.



ILLINOIS FAMILY PRACTICE SCHOLARSHIPS

Medical students interested in the Family Practice Scholarship program may pick up an application from Financial Aid. Recipients receive full tuition and a monthly stipend in exchange for working in a shortage area in Illinois. The application deadline is June 15.

ARMY RESERVE OFFERS NURSING INCENTIVES

The Army Reserve offers assistance for BSN and MS nursing students. The Specialized Training Assistance Program (STRAP) offers a monthly payment of \$794 per month for full or part time students. The Army also has a loan forgiveness program which repays up to \$20,000 worth of loans incurred by a BSN nurse while earning the degree. Interested students should contact the Army Reserve Nurse recruiter at (708) 926-2640.

ARMED FORCES SCHOLARSHIPS

Thy Army, Navy and Air Force offer scholarships in the amount of full tuition, a book allowance and a monthly stipend in exchange for military duty. Three year scholarships are still available for medical students interested in this alternative funding source. Contact the appropriate representative TODAY for more information about the program and the application deadline.

Army	(708) 541-3411
Air Force	(312) 922-2925
Navy	(708) 657-2171

ALBERT STRICKLER LOAN PROGRAM

First year medical students of the Jewish faith may want to apply for the Albert Strickler Memorial Fund. The fund distributes yearly loans of between \$400 to \$1,200 to students who have demonstrated significant financial need. The loan is interest free, but must be repaid within five years of graduation. Interested students must contact Robert Dame in the Office of Student Financial Aid by May 1st.

EXIT INTERVIEWS

Students graduating in June who have received federal or institutional loans must attend an Exit Interview prior to graduation. You will be contacted via letter from Financial Aid informing you when the meeting will be held. The Exit Interview is informative and by attending your questions about loan repayment, deferment and consolidation can be answered. Please adjust your schedule to attend one of the meetings as listed in the letter. Exit Interviews will be held during April and May. If you have any questions about this process, then contact Michael Howard, Financial Aid Counselor.

SCHOLARSHIP OPPORTUNITIES

The U.S. Army Medical Department offers scholarships to students who are currently enrolled in, or planning to attend, medical school. Benefits include 100 per cent tuition, reimbursement for books and fees, a monthly stipend, and officer pay during periods of non-enrollment. Applicants must be U.S. citizens. For further information, call (708) 541-3411.

Two \$500 scholarships are being offered by District 19 to undergraduate or graduate nursing students. Applicants must have been residents of District 19 for one year, be

Continued on next page ->

continued from previous page

registered for at least 9 quarter hours, and maintain an average of B or better. The deadline is April 16, 1993. Contact the Financial Aid office for applications.

The Joanna F. Reed Medical Scholarship is available to permanent residents of Alabama and northwest Florida. Applicants are not restricted to Alabama or Florida schools, but must obtain recommendations, prove financial need, and show motivation and promise. Applications for the 1993-94 year must be received by May 15, 1993, and are available in the Financial Aid office.

The Dupage Medical Society provides scholarships to students entering health related fields. Recipients must be natives of DuPage County, IL, demonstrate financial need, and show scholastic ability. Applications must be submitted by April 30, and are available in the Financial Aid Office.

Orville Redenbacher's Second Start Scholarship Program is designed to assist adults who are returning to college or beginning for the first time. Applicants must be 30 years old or older, and plan to enroll part-time or full-time in an accredited undergraduate or graduate program. Applications must be postmarked by May 1, 1993, and are available in the Financial Aid office.

The Native Hawaiian Health Professions Scholarship Program is making awards for the 1993-94 school year. Applicants must be native Hawaiians enrolled in accredited U.S. schools. Approved programs of study include medicine, clinical psychology, nursing, social work, public health, and dental hygiene. Benefits include full tuition and fees, a monthly stipend of \$780, and reimbursement for all reasonable expenses in exchange for a service commitment. Contact the Financial Aid office for further details.

The Midwest Association of Sickle Cell Anemia provides scholarships to students with sickle cell anemia. Awards are based upon financial need and academic achievement. Applications must be submitted by June 30, 1993, and are available in the Financial Aid office.

The Department of Veterans Affairs is accepting applications for nursing, occupational therapy, and physical therapy scholarships. Benefits include reimbursement for full tuition and reasonable educational expenses and a monthly stipend of \$621. Students must be U.S. citizens, enrolled full-time, and available for service upon completion of studies. Applications must be postmarked by May 25, 1993, and are available in the Financial Aid office.

The Belleville, Montrose, Exeter Emergency Medical Service is offering a \$500 scholarship to a Belleville (Wisconsin) high school graduate. The applicant must have completed one year of a two year program or two years of a four year program. Eligible programs include nursing, medicine, or emergency medical service. Applications must be submitted by June 30, 1993 and are available in the Financial Aid office.

The Baltimore City Medical Society is offering scholarships to students who are permanent residents of Baltimore City, Maryland and are enrolled in U.S. medical schools. Applications must be submitted by May 1, 1993 and are available in the Financial Aid office.

The Wisconsin Physician Loan Assistance Program offers loan repayment of up to \$50,000 to medical students. Applicants must specialize in primary care and be willing to practice in designated areas of Wisconsin. Applications must be submitted by December 1, 1993, and are available by calling (608) 265-3608.

The National Rural Institute on Alcohol and Drug Abuse is providing scholarships for attendance at their annual conference on substance abuse held June 6-10, 1993. Recipients will receive in-depth training in several areas, including pathology, pharmacology, and psychological aspects. The application deadline is April 2, 1993. Contact the Financial Aid office for further details.

The Illinois Hospital Research Foundation is offering scholarships to students enrolled in health-related programs. Students must be Illinois residents, demonstrate financial need, and show satisfactory scholastic achievement. Applications must be submitted by April 15, 1993, and are available in the Financial Aid Office.



WE NEED TO KEEP IN TOUCH

Students, if you will be moving over the summer, even if it's just temporary, please fill out the yellow "Change of Address" form available in the Registrar's office. Thanks to our computer technology, we can keep you up to date on what's happening even if your move is only for a month or two.

Graduating students also need to stop by and complete the "Change of Address" form in the Registrar's office. Schweppe residents, to expedite mail forwarding, make sure the Office of Student Affairs has your correct address and don't forget to fill out a Postal Service Form 3575 from the U.S. Postal Service.

Stop by the Registrar's office, 101 Schweppe Sprague and fill out your "Change of Address" form today!

YOUR ATTENTION PLEASE

The Office of Financial Affairs wants you to know that a \$100 late fee will be applied to unpaid tuition balances as of April 21, 1993. Please contact Financial Affairs at 942-6584 to make payment arrangements. Diplomas and transcripts will be placed on hold and will not be released until all tuition is paid in full.

Financial affairs cannot accept personal checks for payment after May 28, 1993 from June graduates. Payment should be made in cash, by cashier's check or money order after that date. Also, graduating students will not be allowed to cash personal checks after the May 28th date. Call or stop by the Financial Affairs office if you have any questions.

Inside the Student Counseling Center

Marilyn Johnson, Ph.D.

In the past, I have facilitated two eight-week support groups for Rush employee mothers of children five and younger. All of these women have demanding positions; most of them are caregivers whose current lives consist therefore of 24-hour-a-day care of others. Despite the fact that they earn a living wage and have married partners with whom to share parenting, their lives are hectic and demanding. This experience has led me to do some thinking and reading about parenting and daycare. In this discussion, I use the term daycare and child care interchangeably to refer to all types of arrangements: caretaker in parent's home or her home, daycare center, etc.

Although the majority of Rush students are not parents, my experience suggests that the topic of having children is a continuing one. Nearly all female students discuss it at some point; occasionally a male student will mention his wish to have children but as a rule it is gay men who refer to raising children as a strong wish but one which will probably go unrealized. Female students nearly always worry in advance about how they will combine child-rearing and work in a satisfying way. Perhaps males have this concern as well but I have heard it expressed rarely.

First, some statistics. Soon after their child is born, 50 percent of the mothers in this country return to work; this number rises to 60 percent when children reach the age of 3. Only 2 percent of business and government employers sponsor daycare centers for their workers' children and only 3 percent provide financial assistance designated for the care of children. What about the nation's other employers? More than 10 percent provide specific benefits or services related to child care and 50 percent more have established work practices such as flexible hours and leave policies, job sharing and voluntary part-time arrangements to help working parents. It is the employers of large numbers of workers who establish child care facilities in the workplace; most smaller businesses cannot afford this and so offer some of the work practices mentioned above.

Despite these advances, working mothers still have two full-time jobs. Most of us agree that women have the same right as men to pursue interesting work and that most women work from an economic imperative. Yet few of the institutions in our society have kept pace with the needs of working parents, married or single. For example, a typical problem occurs when children or child care workers become ill and the mother (sometimes the father) stays home or leaves work to take the child to a physician. Presently, most workplaces force her to say that *she* is ill in order that the missing time be allocated to her sicktime allowance. As an example closer to home, hospital internships and residencies usually give grudging support to the needs of pregnant women. Few residency programs allow two half-time residents to share a slot over an extended time period. In a sense, these practices penalize the working parent since no allowance is made for events in the lives of her or his children. Such systems allow us to ignore a real problem for parents. What if institutions acknowledged this issue and changed their policies accordingly? You may well think of other ways in which society's institutions have not yet come to terms with the fact of the two-parent worker phenomenon.

At least two types of issues face working mothers. One concerns finding and maintaining safe, affordable child care which will permit her to carry out her work responsibilities without frequent disruption. Women in the support group spoke of their continuous low-grade fear of losing a good child care person and of the chaos in their lives when this fear became a reality. They expressed concern that the worker's attention and concern might not be as focused on the child as their own was. They spoke of the guilt they felt when their child care worker was discovered to be less safe and/or competent than was apparent at hiring. They always felt torn when they had to leave a sick child in the care of another, no matter how competent. These issues circulate in

working mother's minds more than we know.

A second important issue concerns the level of understanding by which she and her partner (in the case of married mothers) share child care responsibilities and the impact of this on their relationships. Women in the group spoke of chaotic mornings, getting children relatively fed and clothed and out the door to the child care setting. Is this her job or do they share it? Do they share it amicably or with resentment and anger? Do he and she have any real contact with each other before setting out for a busy workday? At the end of the day, both parents and children are hungry, tired and crabby; do the parents work together to prepare food and keep the children in one piece or is this her job? After an exhausting evening of baths, stories, etc., do they have any energy left for each other? Do they have to expend this little remaining energy on planning the next day's work?

Who stays home with the sick child or takes him or her to the doctor? Who arranges for new child care when needed? It is usually the mother who undertakes these responsibilities. Does this mean her job is less important than his? Does this mean that she is more concerned than he that their child be happy and safe with a new caretaker? How does the couple work out these questions? The demands of young children (and the internal demands of the parents to do a good job) will exhaust any working couple but if they are not in synchrony about sharing the care, the burden can become intolerable. This sharing arrangement also has to be renegotiated occasionally as the demands change; the best laid plans made during pregnancy can go awry when the baby becomes a reality. Talk and keep talking to one another.

Finally, what about the impact of daycare on children? According to a child psychologist I consulted, there is as yet no definitive word on the effects of daycare

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and may never be as it is too vast a subject for any narrow conclusion. Academics differ. Jay Belsky's early research was affirmative but recently he has begun to report some difficulties with children in daycare. On the other hand, Jerome Kagan who first felt daycare was not good for children has changed his mind and is now a proponent. The question is not whether daycare or not daycare is better but what are the characteristics of good daycare? The fit between the daycare placement and people and the child is critical. Also very important is your own knowledge of your child and your honest assessment of your work demands. Being clear about both of these will allow you to make the best choice.

Here are some readings for those of you who would like to read more about it.

Sandra Scarr. Mother care, other care. 1984, Basic Books.

Alison Clarke-Stewart. Day care. 1982, Harvard University Press.

Kathleen Gerson. Hard choices: How women decide about work, career and motherhood. 1985 University of California.

Jerome Kagan. The nature of the child. 1984, Basic Books.

Stella Chess and Thomas Birch. Know your child. 1987, Basic Books.

POWER READING

Tuesday, April 13th

and

Thursday, April 15th

Room 539 AcFac

FREE

Noon to 1:00 p.m.

PRECIOUS AND FEW

by Paula Smith

Manager, Rush University Bookstore

Not long ago, I celebrated yet another birthday. It was a somewhat uneventful day. I had the usual phone calls from family, dinner with friends, and mass quantities of butter cream frosting. Perhaps it was the age itself (the actual number irrelevant here), or the fact that I had to work on my birthday, or reminiscences of birthday parties gone by, but I was feeling somewhat blue. And, then it happened.

I pressed the message button on my answering machine and heard a voice blasting out a verse of that golden oldie "Precious and Few" followed by the query "Do you know who this is?" I laughed out loud, replayed the message three times and laughed out loud again. "Precious and Few" was the longest running song (about 15 years) on the jukebox at Ike's, a favorite hangout in my college days, and only one person would sing it to me: No Legs Leyden, my college roommate.

No Legs was a cheerful early riser who would sing and dance on her bed until I got up to make her stop. She was always a true bud who sent me cryptic messages written in mashed potatoes when I had to work in the dish room and who was always willing to cut math class to play pinball with me. She had her first date with her future husband on my 21st birthday. I've got this great photo of her singing "Precious and Few". You can count her fillings and examine her tonsils.

NLL's call made my day. It reminded me of fun times and great friends. With commencement just around the corner, it's time to say "goodbye" to a lot of my friends here. Oh, sure, some of you will never leave. I'll probably have to change jobs to get away from you. But, who will give me gossip? Who will honor me with a pickle jar for being grand marshal of a spring party? Who will check my desk for it's level of neatness? Who will blow me off to talk to drug reps?

Even though I know I might not ever see some of my friends again, they will be ever-present in my heart. It happens to us all. After, you have your exit interview concerning your finances, you might think you will never want to recall your days at Rush, but you will. There will even be

memories which will make you smile. Heck, you might even laugh out loud!

Graduates, good-bye and good luck! You will be missed!

CONGRATULATIONS GRADUATES

FROM RUSH UNIVERSITY BOOKSTORE!

Way to go grads! We congratulate you on your hard work and accomplishments, and, during your celebration, don't forget to stop by for those special graduation needs - sweatshirts, t-shirts, school insignia, as well as the very best in professional reference for your career needs.

MULTICULTURAL AFFAIRS COMMITTEE

The Multicultural Affairs Committee (MAC) marked Black History Month in February with a weekly film series and pictorial displays, and Women's History Month in March with a weekly film series and displays. In May, they will present programs on older adults and in June the focus will be on gays and lesbians.

The MAC is open to all students, faculty and staff at all times so please join us for our meetings. The first Tuesday of the month is devoted to planning events like those mentioned above, and the third Tuesday of the month to discussions of topics of importance (gays in the military, women's history, racial issues, etc.) Please join us.

Tuesday, April 20, Noon - 1:00 p.m.
442 Academic Facility

Tuesday, May 4, Noon - 1:00 p.m.
701 Schweppe

Tuesday, May 18, Noon - 1:00 p.m.
442 Academic Facility

ACADEMIC SKILLS CENTER

Michael J. Harris, Ph.D., Director

WRITING ACROSS THE CURRICULUM

Part of the work of the Academic Skills Center is to review and critique student papers - from short writing assignments, to term papers to masters theses and doctoral dissertations. The subject matter is quite varied and reflects the diversity of disciplines in which instruction and training are given at Rush. What I would like to accomplish with this article is to raise the level of consciousness of student (and other) writers at Rush University and in the Medical Center as to what, in my opinion, the task of any writer ought to be.

Academic writing might well be thought of as a way to share what one has learned with his or her instructor, with thesis or dissertation committee members or with colleagues. It should communicate information and sense of excitement over a discovery. It may bring to one's readers a fresh perspective on a body of knowledge the writer has been reading, it may describe what the writer has been doing in a laboratory or what he or she has been creating or thinking about.

In fact, writing is intimately connected with thinking. It is a process. But it does require special precision to be effective. One can think about a topic in direct or in indirect ways, in unstructured, in coded or in symbolic formats. The verbal expression of thoughts to others may take enormous amounts of time to make clear. Writing, however, calls for direct, structured, precise expression mainly for the reason that once something is written, the originator no longer has control over it. It becomes subject to the vagaries of interpretation by others who, more often than not, put their own "spin" on it frequently missing the point intended.

Therein lies the key to writing in any field. The writer is responsible for the creation of a document which may be incorrectly interpreted by his or her audience. The true test of effective writing is whether or not the great majority of readers "get(s) the point(s)" the writer intends. I agree that what one writes can be (and should be) satisfying for the writer, but, frankly, the kind of writing done in the academy is for the reader. This means that everything the writer produces should be pitched to satisfy the reader - be that reader one's classmates, instructors, professional colleagues or some other audience.

The challenge a writer faces is to assure that most of the people who read his or her output understand it. The writer's purpose must be clear because most of the time, he or she is not going to be available to explain what has been written.

An often frustrating difficulty is that the writing task is never really finished. Writing is a process. It is almost always possible to improve on what one has written. The requirement of the "marketplace" is that an assignment must be handed in by a deadline, a manuscript must be in the reviewer's or editor's hands at a certain time or the thesis or dissertation must be completed for a final defense. In the "real" world, writers very frequently react to the pressure of these deadlines, work to meet the demands of the publisher or editor and, too often, do not attend to the needs of their ultimate readers.

In the academy, a writer has to be alert to the needs of his or her reading public each segment of which has different levels of sophistication - students, peers and more experienced and learned members of the community. What we, as writers must constantly keep in mind is that all of our potential readers have one thing in common - they are all learners. They will expect us to write in the language of the discipline or, minimally, in language that an educated person can understand. We will be expected to follow the conventions of our discipline. What our readers expect will influence the form of what we write.

Reference: Simon, L. 1988. Good Writing: A Guide and Sourcebook for Writing Across the Curriculum, St. Martin's Press, Inc., New York.

STUDY SKILLS - Recent Additions to the Rush University Library: Guides to preparing for the USMLE, NCLEX and Medical Technology Certification Examinations.

MEDICINE

WB Bhushan, V. 1993. 1993 first aid for the boards: a student-to-student
39 guide to the USMLE step 1, 3rd ed., Appleton-Lange (PERMANENT RESERVE)
B575a
1993

continued on next page->

W Goldberg, J. 1993. The instant exam review for the USMLE, step 2,
18 Appleton-Lange (Circulation Status - in process)
G6191
1993

NURSING

WY AJN/Mosby . . . nursing boards review for the NCLEX-RN, Mosby YearBook,
18 St. Louis (PERMANENT RESERVE) Annual 1991
A314

WY Bininger, C.J. et. al. 1992. American nursing review for NCLEX-RN, 2nd ed.,
18 Springhouse Corp., Philadelphia (PERMANENT RESERVE)
A516
1992

WY Smith, S.F. et. al. 1992. Sandra Smith's review for NCLEX-RN, 7th ed.,
18 National Nursing Review, Los Altos, CA (PERMANENT RESERVE)
S219
1992

WY NSNA NCLEX-RN review, eds. A. M. Stein, N.H. Jacobson, Delmar
18 Publishers, Albany, NY (PERMANENT RESERVE)
N879
1992

WY Lippincott's review series. Medical-surgical nursing, J. LeSage,
18 S.B. Roth, L.L. Tordecilla et. al., Lippincott, Philadelphia
L764 Permanent Reserve
1992

WY Lippincott's review series. Maternal-newborn nursing, J.B. Lippincott,
18 Philadelphia, (PERMANENT RESERVE)
L763
1992

WY Lippincott's review series. Pediatric nursing, J.B. Lippincott,
18 Philadelphia, (PERMANENT RESERVE)
L765
1992

MEDICAL TECHNOLOGY

QY Medical Technology examination review and study guide, 2nd ed., A.P.
18 A.P. Ciullo, G.K. Buescher eds., Appleton-Lange, Norwalk, CT
M488 (PERMANENT RESERVE)
1992

QY Alba's medical technology: board examination review, volume 1, 11th ed.,
18 Berkeley Scientific Publications, Denver, CO (PERMANENT RESERVE)
A327
1991

THE LIBRARY OF RUSH UNIVERSITY CLASSES

Introducing . . . moreMEDLINE

Learn to search more MEDLINE for references to all journals in MEDLINE for the last three years. This class teaches participants more detailed commands for more accurate searching. New handouts include moreMEDLINE Quick Guide and moreMEDLINE Advanced Guide. To register for a class, call 2-5952 or stop at the reference Desk.

When:

April 21	2:30 - 3:30 p.m.
May 4, 25	3:30 - 4:30 p.m.

LIS (LIBRARY INFORMATION SYSTEM/miniMEDLINE)

A class designed to introduce users to the Library's online catalog of books, journals and audiovisuals. Also includes the basics of searching miniMedline to find references to the current biomedical literature from journals in Rush Library's collection. To register for a class, call 2-5952 or stop at the Reference Desk.

When:

April 20	12:30 - 1:30 p.m.
May 13, 27	10:15 - 11:15 a.m.

USING THE NETWORK

A class designed to guide users through searching the Network databases: CINAHL-CD (Nursing & Allied Health), PsycLIT, HealthPLAN, CANCER-CD. Handouts include Using the Network and Using the Network: Special Features and Search Tips. To register for a class, call 2-5952 or stop at the Reference Desk.

When:

April 13, 27	12:30 - 1:30 p.m.
May 6	10:15 - 11:15 a.m.

COLLEGE OF NURSING OFFICE OF STUDENT SUPPORT SERVICES

AWARDS AND SCHOLARSHIPS

DEPARTMENT OF VETERANS AFFAIRS

Health Professional Scholarship

Health Professional Scholarship Program Awards - Assist in providing an adequate supply of nurses and nurse anesthetists for the VA and the Nation.

Type of Awards:

***Nursing** - final year associate degree; final two years of baccalaureate, entry-level masters; advanced masters specialty in gerontology, medical/surgical, ambulatory care, adult psychiatric/mental health, rehabilitation, or nursing service administration.

***Nurse Anesthesia** - masters degree.

Eligible students must be U.S. Citizens, accepted for enrollment or enrolled full-time in professionally accredited program, and applicant may not be obligated for service under any other program. Awards are competitive. Selection is based on academic performance, career goals, and recommendation regarding work/volunteer experience. Program benefits include tuition/fees, reasonable educational expenses, and monthly stipend of \$621.00.

APPLICATIONS MAY BE REQUESTED
BY MAIL OR TELEPHONE

Health Professional Scholarship Program
(143B)

Department of Veterans Affairs
810 Vermont Avenue, N.W.
Washington, D.C. 20420

Reserve Member Stipend Program Awards - Assist in providing an adequate supply of nurses for the VA and the Nation. Awards will be given to students in final year of associate degree in nursing; final two years of baccalaureate and entry-level in nursing. Eligible students must be U.S. Citizens, member of the selected Ready Reserve, eligible for the GI Bill, score above the 50th percentile on the Armed Forces

Qualification Test, enrolled full-time in professionally accredited nursing program, and the applicant may not be obligated for service under any other program. The service obligation will be a two year service in a VA Medical Center.

Program benefits include a monthly stipend of \$400 for each month the student is enrolled full-time (stipend is free from Federal taxation) and reservists may also receive the Montgomery Reserve GI Bill. The service obligation will be a two year service in a VA Medical Center.

Deadlines for the above: Completed applications must be postmarked by the U.S. Postal Service no later than the last Tuesday in May. No exceptions to this deadline will be made.

APPLICATIONS MAY BE REQUESTED
BY MAIL OR TELEPHONE

Reserve Member Stipend Program (143B)
Department of Veterans Affairs
810 Vermont Avenue, N.W.
Washington, D.C. 20420
(202) 535-7538

Nursing Valor Program - (VAs Learning Opportunities Residency)

The Nursing VALOR Program is an honors program that includes a structured clinical experience for outstanding nursing students who have completed the junior year of an NLN accredited baccalaureate or general equivalent nursing program. This clinical experience will include competency based clinical practice with a qualified RN preceptor and participation in nursing focused clinical conferences.

Interested students must provide a letter from the Director, Student Support Services which is to include a recommendation for nomination to the Nursing VALOR program, verification of enrollment as a full time student, successful completion of the junior year by May/June 1993 and anticipated graduation within 1 year after entry in the Nursing VALOR Program. Students must have a CGPA of 3.0 on a 4.0 scale. No grade lower than a B in a nursing course will be acceptable. Only data on official transcripts will be used. Students must be able to complete a minimum of 400 consecutive hours (10 weeks as a Nursing VALOR participant in a VA facility. Students must be U.S. citizens and meet physical examination standards at the time of entry in the

Nursing VALOR Program.

Interested students must submit an SF 171 (application form) to:

Mrs. Johnetta Murphy, R.N., Nurse
Recruiter
VA Lakeside Medical Center
333 East Huron Street
Chicago, IL 60611

For additional information, such as salary, appointment, etc., please call Ms. Johnetta Murphy at (312) 943-6600, ext. 446, or Beverly Speer (312) 943-6600, ext. 268.

FREELAND SCHOLARS AWARDS

The Freeland Scholars Awards are \$1800 awards that will originate this year. The two awards will be given to prelicensure students. Interested students must have a GPA of 3.50 after a minimum of 40 credit hours. The student must demonstrate leadership through university and community involvement and membership in professional/student nursing organizations. In addition, the student must demonstrate clinical excellence. The award will be presented at the June convocation. Applications for this award will be available in 1418 SSH April 5, 1993. The deadline for the completed application will be April 16, 1993.

SPIRIT OF NURSING AWARD - College Based

The Army Nurses Corps (ANC), in cooperation with the NSNA, has created the ANC Spirit of Nursing Award - to promote excellence by honoring exceptional students. An Army nurse recruiter will personally present a plaque and a certificate honoring the school recipient who exemplifies the Spirit of Nursing. To be considered, the nomination must include a brief essay (200 words or less) on the topic "In each of us, there lies a special commitment to the spirit of nursing." Briefly describe how that spirit motivates you. The deadline for completed applications will be April 16, 1993.

MOUNT SINAI EDUCATION LOANS/WORK REPAYMENT PROGRAM

Mt. Sinai Hospital has joined with the Illinois Hospital Association (IHA

Healthcare Associates Credit Union (HACU) to offer Junior and Senior Student Nurses financial assistance to help with tuition and other related expenses, in return for a work commitment following graduation.

Mt. Sinai will commit up to \$2,000 the first year and up to \$3,000 the second year to qualified students who accept the challenges of Mount Sinai's nursing excellence. Eligibility criteria include enrollment as a full-time junior or senior student nurse in an NLN approved school of nursing; maintenance of a GPA of 2.5 or better (on a 4.0 scale); letters of reference from clinical nursing instructors; commitment to work as a professional nurse at Mt. Sinai for a specified period of time following graduation; ability to provide a loan guarantor and to pass a loan evaluation process. Applications are available by calling Nurse Recruitment at (312) 640-6650.

Please contact Karen Dace-Bohlen at ext. 22165 with questions regarding any of the above awards/scholarships.

PROGRAM OF STUDY

All students should have an approved program of study on file with the Registrar's office. Please contact your advisor to make sure that your program of study has been completed.

NCLEX APPLICATIONS

Prelicensure students graduating Spring Quarter 1993 should pick up their application for licensure from the 1418 Schweppe Sprague Hall Office. Students must have their completed applications turned in by 3:00 p.m. on April 23, 1993. This includes the \$95.21 fee for the application. The fee must be made out to Continental Testing Services, Inc. in the form of a Certified Bank check or a money order. Please see Dr. Barbara Haynes or Karen Dace-Bohlen in the Office of Student Support Services if you need additional information.

STUDENT INFORMATION SHEETS

You may be eligible for a scholarship or an award! The College receives numerous requests for nominations throughout the year. A personal history or biographical sketch will help us in choosing and/or screening potential award recipients. The

biographical information will also be helpful to those presenting awards to recipients at Convocation and any other special events. Please complete a student information sheet and return it to the 1418 Schweppe Sprague Hall office.

GEL INTENT FORM

Information about your advanced studies is needed in order to assign a new advisor if necessary and to project the numbers of students that may need certain courses. Therefore, a GEL Intention Form must be completed. In addition, if you are not planning to start your graduate studies immediately, you must complete a leave of absence form. Both forms may be obtained in the 1418 SSH office.

TB UPDATES

Your TB test must be updated annually while enrolled in the College of Nursing. Please submit proof of a TB test taken one year after your previous one to my office. The incidence of TB has increased in recent years and is again a serious health problem, especially in urban areas. Failure to comply will result in removal from clinical practice.

TAKING A BREAK.....

SNA CORNER

Spring is here and it's a time for new beginnings, for turning over new leaves. How about getting involved with the Student Nurses' Association?

Right now there are 200 free memberships for Illinois students in the National Student Nurses' Association. Membership in NSNA provides you with many benefits. *Imprint*, the NSNA publication, is alone worth the cost of membership in the organization. However, since you can join NSNA free of charge, I have one question for you. Why are you waiting? These NSNA applications can be obtained from Leslie Barry and/or Student Affairs. Hurry!!!

Perhaps you have not been involved with SNA because there were no activities that appealed to you. Now is your chance to voice your opinion. The officers are currently putting together a list of activities that SNA may be involved in over the next year. If you have any ideas, tell one of the officers. We want your input! Within the next few weeks, the compiled list of activities will be presented to all nursing students in the form of a survey. In this way we can determine where the majority of interest lies. Please watch for the survey and be sure to complete it!

Get involved. It's a lot of fun working with fellow students on various projects. Besides, it will look great on your resume.



ENTERTAINMENT

WEDNESDAY NIGHT AT THE MOVIES

Join us on Wednesdays evenings when the student lounge (Schweppe 023) is magically transformed into the Student Affairs Cinema. All movies are shown at 8:00 p.m. complete with popcorn! Check the listings below for films selected for viewing in the next few weeks!

A LEAGUE OF THEIR OWN - April 14th

Starring: Madonna, Geena Davis, Tom Hanks, Rosie O'Donnell

A true story about the women's baseball league which was started during WWII. Get in the spirit of the baseball season with this entertaining and informative re-creation of an era when women provided the excitement in America's favorite pastime.

SHINING THROUGH - April 21st

Starring: Michael Douglas, Melanie Griffith

This romantic spy thriller set during World War II chronicles the daring adventures of a secretary from Queens who finds herself in mortal peril when she infiltrates German security. Melanie Griffith stars as the courageous working girl who persuades her mysterious boss (Michael Douglas) to send her to Berlin to spy on a top-ranking Nazi.

FERNGULLY . . . THE LAST RAIN-FOREST - April 28th

Voices: Tim Curry, Samantha Mathis, Christian Slater, Robin Williams

Inspired by the mystery of the rain forest, this enchanting animated fairy tale interweaves fantasy, magic, and reality to bring viewers a serious ecological message. It's the moving story of the forest's fragile inhabitants, who are endangered by the forces of destruction and ignorance.

CITY OF JOY - May 5th

Starring: Patrick Swayze, Pauline Collins, Om Puri

Patrick Swayze is a frustrated American surgeon who volunteers his services at an impoverished clinic in Calcutta, run by a cheery Irish medic (Pauline Collins). While working with the community as a physician, he is forced to confront his own human shortcomings as well as the poverty and oppression of the people he is serving.

MR. SATURDAY NIGHT - May 12th

Starring: Billy Crystal, David Paymer

Billy Crystal makes his directorial debut with this poignant comedy-drama, co-written by Crystal, Lowell Ganz, and Babaloo Mandel. The epic story which spans 50 years, focuses on the bittersweet relationship between an obnoxious stand-up comic and his devoted manager-brother as they fight to survive on the fringes of show business.

LAST OF THE MOHICANS - May 19th

Starring: Daniel Day-Lewis, Madeleine Stowe, Jodhi May, Russell Means

Oscar-winner Daniel Day-Lewis portrays fearless frontiersman Hawkeye in Michael Mann's magnificent retelling of James Fenimore Cooper's classic novel. Amidst the conflict of the French and Indian War, Hawkeye, who was raised by the Mohicans, is torn between his loyalty to his adopted people and his passionate love for Cora Monroe, the proud, independent daughter of a British officer.

WIND - May 26th

Starring: Matthew Modine, Jennifer Grey

Featuring spectacular sailing sequences, *Wind* is a thrilling adventure-romance about a world class skipper (Matthew Modine) who loses the America's cup to Australia. Four years later, with the help of his former girlfriend and teammate (Jennifer Grey), he fights against tremendous odds to reclaim it.

HOOK - June 2nd

Starring: Dustin Hoffman, Robin Williams, Julia Roberts, Bob Hoskins, Maggie Smith

Director Steven Spielberg captures the magic of childhood in his spectacular hit *Hook*. The all-star cast includes Robin Williams as a grown-up Peter who returns to Neverland when his children are kidnapped by Captain Hook (Dustin Hoffman), a 7 inch Julia Roberts as Tinkerbell; Bob Hoskins as Hook's villainous sidekick Smee; and Maggie Smith as gentle Grandmother Wendy, who is now 92. Breathtaking sets and fantastic special effects from Industrial Light and Magic add to the wonder of Spielberg's dazzling update of Sir James M. Barrie's beloved classic.

ANTONIA & JANE - June 9th

Starring: Saskia Reeves, Imelda Staunton

Antonia is a svelt blond beauty; *Jane* is plump, eccentric, and undeniably plain. Why are *Antonia & Jane* such good friends? Bieban Kidron examines the mysterious bonds of friendship in her delightfully quirky account of the lifelong relationship between two complete opposites.

WEDNESDAY, MAY 5TH IS RUSH UNIVERSITY DAY!

**VOLUNTEERS NEEDED!
MINI-OLYMPICS TEAMS NEEDED!
CALL STUDENT AFFAIRS (X2-6302)
TO RESERVE YOUR SPOT!**

What They're Reading on College Campuses

1. *The Rising Sun*
by Michael Crichton
2. *The Pelican Brief*
by John Grisham
3. *The Autobiography of Malcolm X*
with the assistance of Alex Haley
4. *The Firm*
by John Grisham
5. *Jurassic Park*
by Michael Crichton
6. *Women Who Run With Wolves*
by Clarissa Pinkola Estes
7. *The Bridges of Madison County*
by Robert James Waller
8. *Life's Little Instruction Book*
by H. Jackson Brown, Jr.
9. *Backlash*
by Susan Faludi
10. *All Around the Town*
by Mary Higgins Clark

Reprinted with permission from the *Chronicle of Higher Education*, copyright 1991. The *Chronicle's* list of best-selling books was compiled from information supplied by stores serving campuses across the nation. Reports covered sales of hardcover and paperback trade books in February.

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STUDENT VOLUNTEERS NEEDED

The Alumni Association of Rush Medical College is seeking student volunteers for the annual phonathons. We will be calling from April 19th-22nd and the 25th-28th. If you are free from 5:30 - 9:30 p.m., come help us raise money for student financial assistance.

We will provide free pizza, soft drinks, and the phone. All that is required from you is your time and enthusiasm. Also, all callers will earn a \$25 Rush University Bookstore gift certificate for every night they make calls! Come as often as you'd like!

RUSHIAN RENEGADES RUN ALL OVER MED STUDS

The RPSLMC volleyball league season finally came to an end on March 3 with the victory of Rushian Renegade over the Med Studs. Both teams were comprised of first and second year medical students. Spiked Punch, the team from Anesthesiology, fought hard and came in third place. Congratulations to the first place team, Rushian Renegade, whose team includes Cathy Buhrfeind, Dennis Chang, Mike Gambla, Daria Pachovsky, Laura Smiricky, Jim Tess, Steve Jacobsen, and Chris Passamani. The second place team, Med Studs, included Jackie Aregood, Cheddie Dixon, Jim Fedinec, Greg Gadbois, Karin Molander, Sunny Park, Nona Pawlak, Kris Pillai and Steve Szczerba. Participating, but not placing were the RMC Spikers. The Spikers team members were Mark Batts, Susan Glikin, Shahr Jahanshir, Sarha Lee, Andra Munteanu, and Joe Turkowski. Thanks to Jane Kapocius who served as an alternate and team supporter. It was a great, but long and frustrating season. Thanks to all who participated!



Number one placed team "Rushian Renegades"

1st row: Daria Pachovsky, Jim Tess 2nd row: Cathy Buhrfeind, Kathi Yelen, Laura Smiricky 3rd row: Dennis Chang, Mike Gambla, Steve J., Chris Passamani.



Laura Smiricky & Kathi Yelen display winning smiles.

RUSH MEDICAL COLLEGE STUDENT COUNCIL REPORT

•Malpractice Seminar has been postponed. Watch for fliers for new date and time.

•Career Week will be April 19, 20, 21, and 22. Featured specialties include: OB/Gyn, Peds, Family Medicine, Surgery, ER, Radiology, Anesthesia, Internal Medicine, Infectious Disease, Physical Medicine and Rehab, Oncology, and Psychiatry. Stay tuned for more information later.

•Recycle, Recycle, Recycle

•Please throw your junk mail/fliers in the garbage cans on the 7th floor, not in the boxes of Financial Aid material. Those are not garbage. (Don't think that if you can't see them they'll go away. It doesn't work that way).

•If you have any comments or concerns, see your class committee reps.

•For other stuff, see minutes posted on SC Board outside Room 540.

RMC REPRESENTED AT VOLLEYBALL TOURNAMENT AT CCOM

Rush Medical College was represented at the 5th Annual Illinois Medical School Volleyball Invitational at CCOM on Saturday, March 13th. Although the team did not place, and the weather was horrific, there was a good turn out (especially since it was right before exams). Those who participated included Al Luke (M4), Marius Katilius (M3), Jane Kapocius, Laura Smiricky, and Nona Pawlak (M2's), and Susan Glikin, Kris Pillai, Cheddie Dixon, Dennis Chang, and Mike Gambla (M1's). Thanks to everyone who showed up. P.S. Special thanks to the Office of Student Affairs and Rush Bookstore.

APRIL IS OCCUPATIONAL THERAPY MONTH

The Department of Occupational Therapy will celebrate National Occupational Therapy Month on Tuesday, April 27th.

Visit the O.T. display in the RPSLMC cafeteria between 11:00 a.m. and 1:00 p.m. to learn more about occupational therapy. Also, join the O.T. Department for their open house at 3:30 p.m. in the Billings and Herrick conference rooms (Searle Conference Center). The open house will include the presentation of the Mentor Award with a reception to follow.

Rush Reporter is a publication of
Rush University, Office of Student Affairs

Editor: Ann Cocks

Contributing Editor: Doreen Kelly

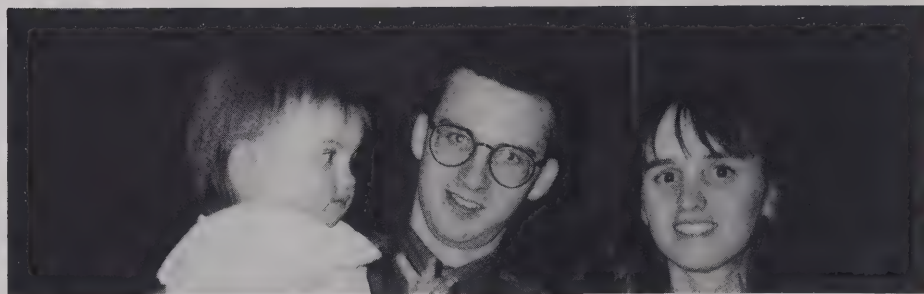
National Student Speech Language Hearing Association News

The NSSLHA would like to thank all who contributed to the bake sale on March 8th. The money raised allowed several students to attend the 1993 Illinois Speech Hearing Association Convention where many of our faculty presented.

Congratulations to Anita Zanin, a second year student, winner of the outstanding student research award - College of Health Sciences. Anita will present her research the afternoon of April 14th during Rush University Week.

Our best wishes to second year students Sandy Angeletti, Nancy Otwell, Amy Scott, Julie Ozburn, Pat Scavuzzo, Karen Neimi, and Beth Watson who have completed their written and oral comprehensive exams and to Anita Zanin who has completed her Master's Thesis.

MATCH DAY '93



Published
by the Rush
University
Office of
Student
Affairs

Rush *reporter*

Volume XVII
Number 1
September/
October

JUMP START '93 - '94

The Office of Student Affairs invites you to jump start the '93 - '94 academic year with a giggle!

As our very first T.G.I.F., we are sponsoring an outing to Comedy Sportz, a comedy improv competition. A special show for Rush folks will be performed on Friday, September 17, at 8:00 p.m. at the Congress Hotel Florentine Room, 520 S. Michigan Avenue.

No evening is complete without dinner, so Student Affairs will be offering you the option of "Pizza on the Patio" outside the student lounge, 023 Schweppe, prior to showtime. Pizza will be served beginning at 6:00 p.m. leaving plenty of time to hop on the el train or in your car and head to the Congress Hotel.

There are two ticket packages: Package I consists of SHOW ONLY, no dinner. Tickets are \$8.00 per person if purchased before 5:00 p.m. Monday, September 13, \$11.00 per person, if purchased after 5:00 p.m. September 13. This package includes admission to Comedy Sportz plus two drink tickets.

Package II consists of Show and "Pizza on the Patio". Tickets are \$10.00 per person if purchased before 5:00 p.m. Monday, September 13, \$13.00 per person if purchased after 5:00 p.m. September 13. This package includes dinner, admission to Comedy Sportz plus two drink tickets.

Beer, wine, and soda will be available for purchase with drink tickets and cash in the Florentine Room of the Congress Hotel.

The dinner and show are for both new and returning students and will be a great opportunity to meet new people and reconnect with old friends. If you wish to bring a guest, that's OK too!

Tickets are on sale now in the Office of Student Affairs, 023 Schweppe, Monday through Friday from 8:30 a.m. until 5:00 p.m.. We hope you can join us! It promises to be a great evening!!



SPRING QUARTER 1993 DEAN'S LIST

Contratulations to the following undergraduate students who earned at least a 3.50 quarterly grade point average for a full-time course load during Spring Quarter 1993.

MEDICAL TECHNOLOGY

Cynthia Marie Bariamis
Cecilia Cruz Chua
Philip James DeBoo
Deena Patel

NURSING

Gregory Baker	Rosalyn Jay Lange
Rene Chenore	Jill H. Malan
Tracy Louise Donovan	Catherine Sue McDaniel
Katherine Flens	Nancy S. Melewski
Marianne Gutchewsky	Irma Mendez
Sharon Eileen Homa	Mary Carol Miller
Cynthia Lynn Humphrey	Tammy Lee Moyer
Kristen Lynne Karl	Carmen Petrizzo
Gina Marie Keller	Angela Pumphrey
Brigid Anne Kiley	Laurie Ann Rentschler
Denise Renee Kock	Arlene Schwenk
Cynthia Marie Kunz	Elke Ruth Urban

PERFUSION TECHNOLOGY

Deborah Ellen Baker
Michael Anthony Beumer
Cea Barrie Correnti
Eric Reed Ecker
Elizabeth A. Kabrick
Pamela J. Kutz
Miles Len Meador

FINANCIAL AID OFFICE

119 SCHWEPPE SPRAGUE HALL

942-6256

INSTITUTIONAL SCHOLARSHIPS AND LOANS

Many Rush University students benefit from institutional funds donated by private individuals or organizations. Increasingly, donors have requested information concerning the recipients of these funds. They desire to perceive students as humans, not merely as numbers.

Most institutional aid recipients will receive a biographical form during the fall quarter from the Financial Aid office. This information is crucial to Rush's continued receipt of private donations, and the form must be completed and returned promptly. Failure to comply will result in delay or cancellation of Winter and Spring aid. Your cooperation is appreciated.

SCHOLARSHIPS AND THE IRS

Receiving financial aid in the form of scholarships for educational costs may affect the amount of income you report for federal income tax purposes when filing your 1993 tax return. The IRS has ruled that any scholarship assistance received in EXCESS of tuition, fees, documented books and supplies during the calendar year is to be treated as taxable income.

Any income reported in this manner is self-reported, that is that Rush does not send any formal document of scholarship assistance (other than what is listed in your financial aid award letter). If you have any questions about this issue and whether or not this affects you, then call or come to the Financial Aid office.

INSTITUTIONAL FINANCIAL AID PROGRAMS

The following scholarships and loans are available to medical students who meet specific criteria. Since the program criteria is not a part of the normally requested information, individuals who feel they fit the criteria must identify themselves to the Office of Financial Aid for consideration.

Sciaretta Scholarship - This scholarship is for students of Italian descent who can prove that both parents are of Italian lineage. Appropriate documentation (copies of birth certificates, citizenship papers, etc.) must be provided.

The Rev. Cannon E. Savage Loan - This loan is for students of the Episcopal faith.

Katzman Scholarship and Loan - Eligible students must be of the Jewish faith and making satisfactory progress.

Poma Scholarship - This scholarship is for M3 or M4 medical students with financial need who are proficient in the Spanish language.

The Illinois Medical Society Loan - This loan is for M3 and M4 students who are residents of Illinois. The maximum loan amount is \$2,500 and has an interest rate of 5.5%. Repayment of the loan and accrued interest will be in 4 payments over a 12 month period beginning on January 1 of the first year of practice following residency but no later than 5 years after graduation. Recipients must have membership in the Illinois State Medical Society.

Please contact Financial Aid if you have any questions. Sign-up sheets are located in Financial Aid, 101 Schweppe.

REMINDER: Students awarded institutional loans must sign promissory notes in Financial Aid prior to release of the loan funds. Call x2-6256 if you have any questions.

SCHOLARSHIP OPPORTUNITIES

The Native Hawaiian Health Professions Scholarship Program is making awards for the 1993-94 school year. Applicants must be native Hawaiians enrolled in accredited U.S. schools. Approved programs of study include medicine, clinical psychology, nursing, social work, public health, and dental hygiene. Benefits include full tuition and fees, a monthly stipend of \$780, and reimbursement for all reasonable expenses, in exchange for a service commit-

ment. Contact the Financial Aid Office for further details.

The Wisconsin Physician Loan Assistance Program offers loan repayment of up to \$50,000 to medical students. Applicants must specialize in primary care and be willing to practice in designated areas of Wisconsin. Applications must be submitted by December 1, 1993, and are available by calling (608) 265-3608.

The American Society of Clinical Pathologists is offering 50 scholarships of \$1000 each to students enrolled in Histologic Technology, Medical Lab Technology, or Medical Technology. Applicants must be U.S. citizens who are completing their final year of studies. The deadline is September 30, 1993. Applications are available in the Financial Aid office.

The Spencer Foundation is offering dissertation fellowships of \$15,000 to doctoral candidates in any field of study. U.S. citizenship is not required. Requests for applications must be made by October 15 and applications must be completed by November. Further information is available from the Financial Aid office or call (312) 337-7000.

The Metropolitan Chicago Healthcare Council is now accepting applications for 1993-94. Students must be enrolled in Nursing, Medical Technology, Radiologic Technology, or Respiratory Therapy programs. The deadline is October 1. Applications are available in the Financial Aid office.

The Downers Grove Area Branch of the American Association of University Women is offering a scholarship to a woman who has returned to school after a five-year hiatus. The applicant must be enrolled full time and must be within two years of completing her undergraduate or graduate degree. She must reside in Darien, Lisle, Westmont, Downers Grove or Woodridge. The deadline is October 15. Contact the Financial Aid office for applications.

continued on next page ->

SCHOLARSHIP REFERENCES: The Financial Aid office has compiled a listing of private agencies offering scholarships to undergraduate and graduate students. In many instances, applications are available.

NEED A JOB? CHECK OUT THIS LIST OF AVAILABLE COLLEGE WORK STUDY POSITIONS.

You may be eligible for campus employment. If your award letter from Financial Aid indicated "Employment," you must visit the Financial Aid office to obtain an authorization form. If employment was not awarded, *an adjustment may be possible*. Students must seek suitable positions. A partial listing can be found in the Financial Aid office as well as in future issues of the Rush Reporter.

RUSH UNIVERSITY BOOKSTORE needs a student to assist in pricing and shelving books, running register and filing. Work Study students are needed to work 15-20 hours a week at \$6.00 an hour. Contact Paula Smith at x2-5845 if you are interested.

The **DEPARTMENT OF COMMUNICATION DISORDERS AND SCIENCES** needs an Office Assistant. The hours are flexible and rate of pay is \$6.00 an hour. Work Study eligible students may call P. Sanford or D. Meyer at x2-5332.

The **OFFICE OF FINANCIAL AFFAIRS** is seeking Work Study eligible students to assist in filing paperwork and helping with Financial Affairs transactions. Hours are flexible, and the rate of pay is \$6.00 an hour. If interested, contact Jane Allanson in 101 Schweppe or call x2-6849.

The **LEARNING RESOURCE CENTER** is hiring Work Study eligible students to work 9-12 hours/week at a wage of \$6.00 per hour. Interested students should contact Steven Aquino at x2-6799.

The **RUSH UNIVERSITY LIBRARY** is looking for a serials assistant. This person will help with journals and will also be doing light typing and computer input. Interested students should possess good communication skills and be eligible for Work Study. The hours are flexible and the wage is \$6.00 an hour. Please contact Philip Adrian at x2-2276.

NATIONAL HEALTH SERVICE CORPS (NHSC) TO HOLD INFORMATIONAL MEETING

On Wednesday, September 15 from 5 to 8:30 p.m. there will be a chance to meet representatives from many of Chicago's community health centers, most of whom will be recruiting, the National Health Service Corps with information on their loan repayment program and sites, and the Illinois Office of Rural Health.

The National Health Service Corps is expected to be expanding in the next few years and offering more loan repayment positions. These positions offer up to \$35,000 a year toward paying off legitimate student loans and pay the Federal income tax on these payments.

The featured speaker is George Lundberg, M.D., Editor of JAMA who will discuss "Communication In Medicine and Health Care Reform."

This meeting will be at the AMA at 515 North State Street, ChProgram representatives will be there at 5:00 until 8:00, a light dinner will be served at 5:30 and Dr. Lundberg will speak at 7:00.

This meeting is open to all medical, nurse practitioner, and physician assistant students, residents, and their faculty. This is an excellent opportunity to learn more about specific opportunities for new professionals and to learn about the future of medical care in the United States.

For questions please call Sara Walters at (312) 477-0378 or Roger Ricketts at 1-800-821-3635.



What They're Reading on College Campuses

1. *The Firm*
by John Grisham
2. *Jurassic Park*
by Michael Crichton
3. *The Pelican Brief*
by John Grisham
4. *Rising Sun*
by Michael Crichton
5. *A Time to Kill*
by John Grisham
6. *The Bridges of Madison County*
by Robert James Waller
7. *Like Water for Chocolate*
by Laura Esquivel
8. *Life's Little Instruction Book*
by H. Jackson Brown, Jr.
9. *All the Pretty Horses*
by Cormac McCarthy
10. *Waiting to Exhale*
by Terry McMillan

RUSH STUDENTS ONLY!!

You can purchase Cineplex Odeon Theatre tickets in the Office of Student Affairs, 023 Schweppe. Tickets are \$4.00 each, limit 6 please.



Reprinted with permission from the *Chronicle of Higher Education*, copyright 1991. The *Chronicle's* list of best-selling books was compiled from information supplied by stores serving campuses across the nation. Reports covered sales of hardcover and paperback trade books in July.

Inside the Student Counseling Center

Marilyn Johnson, Ph.D.

MULTICULTURALISM

"What is multiculturalism?" This question was asked frequently by Rush employees and students who took brochures and buttons offered by the Rush Multicultural Affairs Coalition (MAC) last fall. We were too rushed to go into detail then, and, on reflection, we probably could not have given as coherent a definition as we would have liked. Our first year's activities had been directed more at organizing activities than at examining multiculturalism in depth. Now, a year and some 20+ MAC meetings later, we feel better able to define our ideas. The views expressed here, however, are my own.

The point of this column is to clarify the meaning of multiculturalism, and to make a distinction between multiculturalism on the one hand, and political correctness (PC) and cultural separatism on the other. Because he says it so much better than most of us, I will quote extensively from Robert Hughes' book, *The Culture of Complaint: The Fraying of America* (1993, Oxford University Press). Hughes is eloquent, opinionated, informed and very funny. Everyone will take issue with some of his ideas as he dings the left AND the right; no one escapes his sharp eye. Let me start with a Hughes description of Multiculturalism.

"Multiculturalism asserts that people with different roots can co-exist, that they can learn to read the image-banks of others, that they can and should look across the frontiers of race, language, gender and age without prejudice or illusion, and learn to think against the background of a hybridized society. It proposes - modestly enough - that some of the most interesting things in history and culture happen at the interface between cultures. It wants to study border situations, not only because they are fascinating in themselves, but because understanding them may bring with it a little hope for the world."

"Nothing could be less like the tiny homogeneous Australia of my childhood than this gigantic, riven, hybridizing, multi-racial republic, which each year receives somewhere between a half and two-thirds of

the world's emigration, legal or illegal. By the year 2000, less than 60 percent of the people entering the American workforce will be native-born whites. To put the argument for multiculturalism in merely practical terms of self-interest: Though elites are never going to go away, since the need to create them is written in our biological fabric - whether we choose to kid ourselves about this or not - the composition of those elites is not necessarily static. The future of American ones, in a globalized economy without a Cold War, will like with people who can think and act with informed grace across ethnic, cultural, linguistic lines. And the first step in becoming such a person lies in acknowledging that we are not one big world family, or ever likely to be: that the differences between races, nations, cultures and their similarities; that the differences are not divagation's from a European norm, but structures eminently worth knowing for their own sake. In the world that is coming, if you can't navigate difference, you've had it."

It is inevitable, and unfortunate, that multiculturalism has become associated with political correctness (PC). This term has been used to define two related strands of thought which occur primarily on university campuses. The first of these declares that American education focuses entirely on the works of western civilization (i.e., is Eurocentric) and therefore has unfairly neglected the literature, history, art, etc. of other cultures, particularly those of the third world, as well as of women, gays and lesbians, etc. So far, so good. However, on some campuses, the solution to this problem has been to throw out all contributions of D.W.M.'s (dead white males like Shakespeare, Mozart, and Picasso) and to sometimes too carelessly embrace the works of representatives of oppressed cultures regardless of the quality of their contributions. The second tenet of PC is that those words which may suggest any sort of discrimination toward or denigration of individuals have become censurable, if not censurable. Again, the initial impulse is a worthy one but in some cases has been carried to extremes. Free speech becomes less than free when the

expression of ethnic or other slurs leads students and faculty to be dismissed or fired from universities. Sometimes the slur is so egregious that no one would dispute its meaning; in other situations, the slur is defined as such by a small group of people. Many well-meaning students and faculty have found themselves uncertain about the "proper" terms to use. The upholders of these rigid standards have been termed "thought police" and a backlash has arisen against this movement. Converts are not won by being dismissed and sued.

Hughes says this far more elegantly.

"When the waters of PC recede - as they presently will, leaving the predictable scum of dead words on the social beach - it will be, in part, because young people get turned off by all the carping about verbal proprieties on campus. The radical impulses of youth are generous, romantic and instinctive, and are easily chilled by an atmosphere of prim, obsessive correction. The students it (PC) harms are the kids who would like to find a way of setting forth their dissatisfactions with the way America has gone and is going, but now find they can't speak so freely about them in case they use the wrong word and thus set off flares of complaint and little airbursts of contempt from those on their left."

Hughes decries the fact that strong adherence to political correctness has promoted a sense of cultural separatism.

"Much mud has been stirred up by the linkage of multiculturalism with political correctness. This has turned what ought to be a generous recognition of cultural diversity into a worthless symbolic program . . . Its offshoot is the rhetoric of cultural separatism. But separatism is not, as some conservatives insist, the inevitable result of multiculturalism. The two are in fact opposite."

"Separatism denies the value of dialogue. It rejects exchange. It is multiculturalism gone sour, fermented by despair and resentment, and (in America, if not in Bosnia-Herzegovina or the Middle

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East) it seems doomed to fail. To use the cultural consequences of American diversity as a tool for breaking the American polity only breaks the tool itself."

"All too often, what poses as 'radical multiculturalism' exists in an ignorance of other cultures as profound as that of a West Coast car-salesman newly appointed as the U.S. Ambassador to Somewhereistan in the 60s. In fact, it means separatism. It alleges that European institutions and mental structures are inherently oppressive and that non-Eurocentric ones are not - a dubious idea, to say the least."

You will rarely, if ever, hear such literary statements at a MAC meeting, but Hughes' ideas give us a framework for examining how each of us feels about these matters. These are emotional issues which, at bottom, have to do with power, change and resistance to change, and we need a stable framework to hold their weight. Let me conclude with some parts of the framework.

*Multiculturalism seeks to enlarge our understanding of one another, and the world, and desires to include all groups. Cultural separatism emphasizes the rights of some groups over others; it encourages fragmentation and the inevitable conflict that flows from it.

*Multiculturalism promotes the value of a civil tongue, of speech that is free but does not degrade others. Cultural separatism, at its extreme, condemns any language which it declares potentially offensive to any group it deems important.

*Multiculturalism endorses the reduction of prejudice through bringing people together to share, not their victim status, but their personal experiences of feeling like "the other"; the object is not to confront, not to blame, but to include. Cultural separatism, even unintentionally, fosters prejudice through the belief that only in-group members can ever understand one's experiences, and that no encounter, however heartfelt, can bridge this chasm; the object is to gain solidarity and security through excluding "the other".

And now for a commercial. The MAC is working toward greater understanding of multiculturalism. We are open to anyone who has an interest in working with us and we invite everyone at Rush to come to some or all of our twice monthly meetings (first and third Tuesdays of the month) from noon to one in 710 Schweppe. Bring your lunch and join us.



Ethnic Breads and Soup Lunch

The Multicultural Affairs Coalition (MAC) will offer a lunch consisting of soups (vegetarian and nonvegetarian) and a variety of ethnic breads on Monday, October 25 from 11:30 - 1:30 in the Schweppe Sprague Auditorium. Diners will be asked to donate \$3.00 for the lunch. Information on the MAC (brochures and buttons) will be available. Come and enjoy a tasty lunch with us and savor the breads of many cultures.

Lunch 'N Learn

Lunch 'N Learn series sponsored by the Employee Health Services presents: **Cholesterol - How To Take Control.** The speaker will be Barb Mascitti, B.S., R.D., Research Nutritionist in Preventive Medicine. The seminar will be held on Wednesday, September 22nd at 12 noon until 1:00 p.m. in 205 Schweppe-Sprague. Brown bags are welcome! For more information on the Lunch 'N Learn series or to register, contact the Employee Health & Fitness Program at 942-5309. There is no charge for this informational session.

SECURITY TIPS

With the start of the new academic year, we will see an increased number of people at the Medical Center.

Mark Schilling, Director of Security suggests the following safety tips:

1) Do not leave your car with valuables in plain sight. Lock all packages; cassette tapes, cellular phones, etc. in your trunk before leaving your vehicle. During the past year the Medical Center has seen an increase in thefts of valuables; especially telephones from cars left in the parking garage. Remember, thieves can't steal what they can't see.

2) Pickpocketing incidents are also on the rise in the Medical Center area. Pickpockets work in pairs and target people in enclosed areas such as elevators. Please be aware of where your purse or wallet is at all times. Report any suspicious activity to Security at x25678.

WORSHIP SERVICE SCHEDULE TAYLOR CHAPEL

Episcopal Mass

MONDAY	11:00 A.M.
TUESDAY	11:00 A.M.
WEDNESDAY	11:00 A.M.
THURSDAY	11:00 A.M.
FRIDAY	11:00 A.M.
SUNDAY	9:00 A.M.

Roman Catholic Mass

SATURDAY	4:00 P.M.
SUNDAY	11:00 A.M.

ACADEMIC SKILLS CENTER

Michael J. Harris, Ph.D., Director

Before getting into my first column for the 1993-94 academic year, I extend a warm welcome to all of the new students who will matriculate at Rush University this fall. Welcome, too, to the College of Nursing students who worked long, but rewarding hours during the summer session of 1993 and to the new Occupational Therapy Class in the College of Health Sciences (How was Anatomy?). Welcome back to Rush students who are returning after a summer break. I wish you continued success in your programs. We hope you have a great year!

What? Me? Need the Academic Skills Center?

Rush University has built its reputation as a center for academic excellence on the strengths of its outstanding faculties, on its ability to identify and matriculate well-qualified students in all disciplines in which it awards degrees in health professions and on the outstanding records of its graduates, residents and fellows in Medicine, in Nursing, in various fields of the Allied Health Professions and of its many graduate studies programs. The institution is noted for its high quality teaching and for innovations in the education and training of health care professionals.

Rush is noted for nurturing its students while, at the same time, demanding students' best efforts to meet the demands of rigorous curricula. The University strives to matriculate the best students and to provide each one with the resources he or she needs to attain maximum achievement. As in any group of learners, however, there is distribution of talent, determination, diligence and coping skills. It is one of the "facts of life" that there will be a corresponding distribution of achievement, even in a population of excellent students.

The Academic Skills Center was established in 1985 because the faculty and the administration of Rush University wanted to assure that, when a need arose, any student

in the institution could avail him or herself of resources to maximize academic performance.

The work of the Center is to identify barriers to optimal learning and help both faculty members and students overcome them. What we hope to accomplish is to help students who may have difficulty adapting to the educational demands of the University make a successful adaptation and to assist each and every student get the most out of his or her educational experience here.

Services provided by the Center include:

- Assessment of learning style
- Assessment of study behaviors and strategies
- Assessment of reading skill
- Assessment of test-taking problems
- Review and critique of student papers, theses and dissertations
- Organization of guided study groups in selected content areas
- Coordination of special workshops in rapid reading (provided by an outside source for a fee)
- Advice on how to improve study skills and time management
- Provides references to learning assistance expertise beyond that available within the University
- Arranges content area peer tutoring through a work/study program

We also write a bimonthly column in the Rush Reporter on what we hope are topics of interest in these areas. We encourage students, especially those who will begin their programs this fall, to let the Center help you get the most out of your study efforts. Take advantage of the opportunity to assess your academic strengths/weaknesses before mid-term examinations. Use our expertise to establish new, positive study habits and skills which will maximize your academic performance at Rush. It is always easier to manage a problem early rather than late when time pressure and panic magnify it. (The old saw "An Ounce of Prevention is Worth a Pound of Cure" just popped into my mind.)

Center services (except the rapid reading workshops) are available to all students of the University without charge. A month or so into the fall term, we will contact a group of students to request their input on what services they find useful, would like to have initiated, would like to have changed or dropped. We would also like to receive suggestions for improving the delivery of services from both students and faculty.

Everyone in the Rush University family has a major investment in student success. The Academic Skills Center invites faculty to refer students for learning assistance as early as a problem is recognized and urges students to ask for assistance as soon as they can to minimize the debilitating effects of playing the "catch up" game.

Those who wish to take advantage of the services of the Academic Skills Center may call for an appointment at (94)2-3227 (voice mail is available - please feel free to leave a message; we will definitely call you back) or just drop by if you are in the area (Academic Facility, Room 418 - at the south end of the building on the Paulina Street side, near the beige student lockers, just beyond the Learning Resource Center and in the suite occupied by Biomedical Communications). If we are not in, leave a note in the "IN" box on the door.

SEND HELP





RUSH UNIVERSITY COLLEGE OF NURSING OFFICE OF STUDENT SUPPORT SERVICES



ATTENTION ALL STUDENTS, NEW AND CONTINUING . . .

All students are required to take the OSHA test. It will be given to new prelicensure students the first week of classes in NRL. Second year prelicensure students will be scheduled to be tested at 1:00 p.m. on Thursday, September 16. Graduate students will be exempted if they show proof of having passed the test with the date, place and name of trainer.

HEALTH POLICY:

Your TB test must be updated annually while enrolled in the College of Nursing. Please submit proof of a recent TB test (within three months) to Dr. Haynes office by September 10, 1993. The incidence of TB has increased in recent years and is again a serious health problem, especially in urban areas.

CPR CERTIFICATION:

Please update your CPR certification. You must have a current certificate in order to carry out patient care assignments.

A NOTE TO PRELICENSURE STUDENTS

Academic Progression - Baccalaureate

A cumulative GPA of 2.0 must be maintained. If a baccalaureate cumulative GPA falls below 2.0 and does not reach 2.0 within two quarters (or longer if a course for which an F grade was received and needs to be repeated is not offered within the two quarter framework), the student may be dismissed. During the interim quarter(s) the student must demonstrate improved academic performance. Academic probation is limited to a maximum of 2 quarters during the entire academic program (unless an extension was granted because of class scheduling).

In order to progress, a student must achieve at least a C grade in all prelicensure clinical courses and at least a D grade in all other required courses. An F or N grade in any required course is grounds for dismissal from the program. Permission may be given to retake a course at the discretion of the Progressions Committee. If permitted, a student has only one opportunity to repeat a specified course.

UPPER DIVISION ELECTIVES:

Make sure you will complete any necessary electives in order to graduate on time. Upper division electives cannot be taken at a junior or community college. DO NOT plan to take Intraoperative Nursing the Spring quarter if you wish to be officially finished at the end of the Spring quarter. That course extends two weeks beyond the end of the quarter.

TRANSFER OF CREDIT:

Make sure you have requested any transfer of credit from another institution on the appropriate form obtained from the Registrar's Office.

GEL STATISTICS AND RESEARCH COURSES:

GEL students must take PVM 541 (Biostatistics). Biostatistics is prerequisite to NUR 521 (Research). Research is required before the B.S. degree can be granted. Biostatistics is offered Fall and Spring and Research is offered Winter and Summer. Please plan accordingly.

Good-bye Summer, Hello Fall

Gone are the lazy, hazy, crazy days of summer! Welcome in Fall by checking out the Library on the 5th floor of the Academic Facility. Search our network databases any time you need journal article references from PsycLIT, Cinahl (Nursing), HealthPlan or CancerLit. Save time by letting us locate, copy, and deliver photocopies of articles for that first major paper through our Document Delivery/Interlibrary Loan Service.

Don't forget about learning to use our computerized catalog LIS (Library Information System) including our own MiniMEDLINE for articles from journals owned by the Library. For more comprehensive searching, how about moreMEDLINE to find references to all journals in the MEDLINE database for the past three years. Try us out for books, journals, literature searches, reserve readings, quiet study areas, and our relaxing reading area. Remember the 4th floor McCormick Learning Resource Center for audiovisuals, group viewing rooms, 24 hour study area, audiocassette recorders, and typewriters.

Hurry in to get your barcode on your I.D. so we can help you see those "A" grades at the end of the quarter!

LIBRARY FALL HOURS

Monday - Thursday	7 a.m. - 12 a.m.
Friday	7 a.m. - 6 p.m.
Saturday	9 a.m. - 6 p.m.
Sunday	1 p.m. - 9 p.m.

McCORMICK LEARNING RESOURCE CENTER FALL HOURS

Monday - Thursday	8 a.m. - 11 p.m.
Friday	8 a.m. - 6 p.m.
Saturday	9 a.m. - 6 p.m.
Sunday	1 p.m. - 7 p.m.

SAVE THE DATE!

The third Alumni Exchange is planned for Wednesday, September 29, 1993. The evening will begin with a reception from 5:30 until 6:00 p.m. and will be followed by a panel presentation, "The Reality of Residency". Five recent Rush Medical College graduates representing the fields of internal medicine, obstetrics/gynecology, general surgery, psychiatry and emergency medicine, will provide the inside story on what residency is really like.

A formal invitation and flyer will be mailed to all students, but mark your calendars now. You don't want to miss this.

The Alumni Exchange is brought to you by the Alumni Association of Rush Medical College, the Student Council and the Student National Medical Association.

LIBRARY CLASS SCHEDULE

LIS/miniMEDLINE

- Tuesdays in September (7,14,24,28) 11 a.m. - Noon
- Wednesdays in October (13,27) 10 a.m. - 11 a.m.
- Fridays in November (19) Noon - 1 p.m.

USING THE NETWORK

(Nursing, PsycLIT, HealthPLAN, Cancer)

- Tuesdays in September (7,14,24,28) 3 p.m. - 4 p.m.
- Tuesdays in October (12,26) 3 p.m. - 4 p.m.
- Fridays in November (19) Noon - 1 p.m.

moreMEDLINE

- Fridays in September (17,24) 10 a.m. - 11 a.m.
- Thursdays in October (14,28) 2 p.m. - 3 p.m.
- Fridays in November (26) Noon - 1 p.m.

If these dates/times are inconvenient, reference librarians will also schedule individual or group sessions through our infoCONSULT service. Please call the Reference Desk at x25952 to register for a class.

The Ties That Bind

ATTENTION ALL MEDICAL STUDENTS! The Alumni Association, in conjunction with the Office of Medical Student Programs, is offering you the chance to learn first hand about specialties, residency programs or anything else you've ever wanted to know about medicine! The Alumni Network, a program established in 1991, to link current students with alumni in Chicago and across the country is going strong. Alumni have volunteered to provide services ranging from talking on the telephone, or arranging a "day with a doc," to providing meals or overnight accommodations to traveling students.

This very special group of alums is anxious to assist you. Any student can take advantage of this program. Whether you plan to stay in Chicago, or travel the United States, someone is available to help you.

Students who have utilized the program have raved about it. Roy Eenigenburg, Jr., MD. '92, commented, "I thought the Alumni Network would be helpful, but it surpassed all of my expectations. From meals to overnight accommodations - to providing the inside story about the pros and cons of different programs . . . I couldn't have imagined looking for a residency without it." Join Roy and other satisfied alums and students by using the Alumni Network today. For further information, please contact Beth Carona in the Alumni Office at 942-2833.

"BIG CHILL"

Revisited

This summer my friends from graduate school met for our annual gathering, a sort of "Big Chill" weekend. As usual, the conversations ran into the wee hours of the night as we all caught up on each others' lives.

The tone of the weekend was definitely one of change. The most obvious change was of the group overall. How mellow we had become! The music was now simply background noise. The beverage of choice was not always alcoholic. Steve ("Stephen", as he now prefers) was in Maryland working on his Ph.D. and could not join us. Cook had just married wife #2. (We were all hoping this one would be more accepting of us!) Sherri had recently discovered her brother-in-law was a serial arsonist and she was learning a great deal about the judicial system. Phil was starting a new job and was moving from Texas to Connecticut. Denise, though still in her six year obsession with breast feeding, was trying to cope with a husband who was newly self-employed. Bruce had a new job with the Lawn Mower Racing Association. (I swear, it's true).

Monday morning, as I sat down in front of my computer terminal, I felt that I was in a definite rut. Nothing in my life had really changed since I had seen them last. I had had so little to report. I booted up the system feeling somewhat down.

But wait. Computer terminal? What "system"? Yes, I had started a change! I and the bookstore had started a journey into the 90's to become COMPUTERIZED! Yes, gang, this summer computers and terminals found their ways into the bookstore. We had intended our big summer improvement to be the installation of signs in the book shelves. But, when the big guy approved the purchase of computers we said, "Hey, anybody can find books with signs! Give the customers a challenge!" and we went for the computers.

This is certainly providing us with a BIG change in our lives, a change we're not sure we have time for or that we'll ever truly be able to understand. But, by Christmas, we hope to be quickly scanning your book purchases and gaining some control of our inventory. If you hear any small explosions of profanity from a staff member hovering over a keyboard, please try to be understanding.

Another change you might notice is the absence of Trudy, our Gestapo agent. She has decided to travel with her husband, kick back and relax. Now, this doesn't mean that you can freely roam the bookstore with your book bag in hand, or write a check without your ID. And, certainly, don't be thinking you can return that review book because, like the Terminator, she'll be back, as a volunteer from time to time.

Welcome and welcome back! We hope our changes are not as stressful to you as they have been for us. As always, we welcome your comments, good and bad. Enjoy the new school year and all your upcoming changes!

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Get Involved!

College of Nursing

Elections for student representatives to Standing Committees within the College of Nursing will take place at the end of September. Positions are available for the following committees:

Admissions:	1 Undergraduate 1 MS or ND 1 DNSc
Affirmative Action:	1 Undergraduate 1 Graduate
Curriculum:	1 Undergraduate 1 Graduate
Evaluation:	1 Undergraduate 1 Graduate
Faculty Resources:	1 Undergraduate 1 Graduate
Faculty Senate:	1 Undergraduate 1 Graduate

For more information on any committee, please contact Ann or Doreen in Student Affairs, x26302.

Medical College

Elections for M1 student representatives to RMC Standing Committee will take place the first week of October. Class Committee representatives will also be elected. Check your mailboxes for further details or call the Office of Student Affairs, x26302. Ask for Ann or Doreen.

WEDNESDAY NIGHT AT THE MOVIES

Every Wednesday at 8:00 p.m., it's a night out at the movies for Rush students. The movie is shown in the Student Affairs Lounge, 023 Schweppe Sprague. Come and join us for the best in film entertainment and some free popcorn!

SEPTEMBER/OCTOBER MOVIE SCHEDULE

September 15 - "The Crying Game"

Starring: Stephen Rea, Miranda Richardson, Jaye Davidson, Forest Whitaker

Nothing is ever quite what it seems in Neil Jordan's Oscar-winning tale of love, loyalty, and political conflict. A sensitive IRA terrorist (Stephen Rea) who grows fond of a British hostage (Forest Whitaker) he has been ordered to execute is at the center of the intricate plot. Jaye Davidson is Whitaker's girlfriend, a mysterious beauty who captures Rea's heart and challenges him to rethink his definition of love.

September 22 - "A River Runs Through It"

Starring: Craig Sheffer, Brad Pitt, Tom Skerritt, Brenda Blethyn, Emily Lloyd

From Norman Maclean's great American classic comes an extraordinary film directed and narrated by Oscar-winning Robert Redford. Set in Montana between 1910 and 1935, this critically acclaimed masterpiece tells the story of two fly-fishing brothers - one headed for success and the other for tragedy - their stern but loving father, and the river that, in many ways, reflects their lives.

September 29 - "Whispers in the Dark"

Starring: Annabella Sciorra, Anthony LaPaglia

A vulnerable, repressed psychiatrist (Annabella Sciorra, "The Hand That Rocks the Cradle") gets caught up in the shocking aftermath of a brutal murder when she unknowingly begins an affair with the boyfriend of one of her patients.

October 6 - "1492: Conquest of Paradise"

Starring: Gerard Depardieu, Sigourney Weaver

Ridley Scott ("Blade Runner", "Alien") directs the spectacular screen version of Columbus' daring voyage into the unknown. French superstar Gerard Depardieu portrays the brash, charming adventurer who "discovered" America 500 years ago.

October 13 - "Passion Fish"

Starring: Mary McDonnell, Alfre Woodard, David Strathairn, Vondie Curtis-Hall

In John Sayles' critically acclaimed drama, two women - one an embittered soap opera star crippled by a random calamity, the other a nurse running away from a few problems of her own - forge a life-affirming friendship.

October 20 - "Jennifer 8"

Starring: Andy Garcia, Uma Thurman

A troubled cop (Andy Garcia) with an ugly past finds himself on the trail of a brutal serial killer whose blind victims have been given the code name "Jennifer". Garcia becomes obsessed with the case when he falls in love with the beautiful young woman (Uma Thurman) who may be the murderer's next victim - *Jennifer 8*.

October 27 - "Bram Stoker's Dracula"

Starring: Gary Oldman, Winona Ryder, Anthony Hopkins, Keanu Reeves

Oscar-winner Francis Ford Coppola goes back to the book - Bram Stoker's classic - for this elegant, erotic retelling of the Dracula legend. Gary Oldman (JFK) captures the essence of the seductive. Bloodthirsty count, and Oscar-winner Anthony Hopkins is Dracula's arch-nemesis, vampire slayer Van Helsing.

COUPON

From: Rosin Custom Opticians

To: Rush University Students

For: \$35 Off the purchase of eyeglasses

RSVP: Professional Building
Suite 945
Rush Presbyterian-St. Luke's Medical Center

We are a comprehensive eye care facility specializing in

- Prescription eyeglasses
- Prescription sunglasses
- Contact lenses (clear & tinted)
- Nonprescription sunglasses
- Contact lens solutions

We look forward to serving your eye care needs.

Yours for better vision and quality service,

Rosin Custom Opticians

This offer is good through November 29, 1993

PRESENT THIS COUPON





CHECK THAT MAILBOX

Each and every Rush student has been issued an on-campus mailbox or file through which he or she may possibly receive important information from faculty or friends or on the latest social function. You are encouraged to check your mailbox weekly. Not only will this keep you on the cutting edge, but it will also keep the cobwebs at bay!

Remember, no U.S. mail will be delivered to these in-house mailboxes. Make arrangements to have all personal mail, including journals and magazines, sent to your local home address.

Rush Flag Football Needs You!

The R.U.F.L. (Rush University Flag Football League) is a long-standing tradition at Rush and we're encouraging all new students as well as all returning students to get involved! Teams consist of both men and women and can be as competitive or fun as you want them to be. The game is played with seven people on the field for each team, two of which must be women. Otherwise, the rules are pretty much standard grid iron.

Applications for teams will be available in Student Affairs in Schweppe Sprague by the first week of classes. Teams must also have a roster of at least 10 players so that absenteeism will not result in cancelled games.

Other details of the season should be worked out shortly. If you'd like to sign up or if you have any questions, please call the Office of Student Affairs at x26302.

RUSH UNIVERSITY MOCTOBERFEST!!

As a celebration of National Collegiate Alcohol Awareness Week, October 17-22, the Office of Student Affairs will be sponsoring the very first RUSH UNIVERSITY MOCTOBERFEST! This festival of fun will take place on Friday, October 22, 1993 from 3:30 p.m. - 6:00 p.m. Complete with game booths, strolling entertainers, German music, and bratwurst, the celebration of Mocktoberfest will wind its way through Schweppe Auditorium, the Student Lounge (023) and the Patio. The significance of this event will be the University community coming together in fun and enjoyment with responsible use of alcohol emphasized, but not the sole focus of the event.

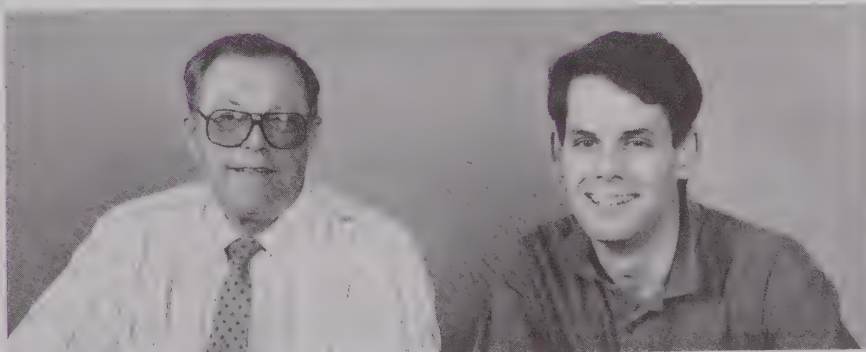
Watch for more information and mark your calendar for the great afternoon that awaits you at RUSH UNIVERSITY MOCKTOBERFEST! On October 22, Schweppe Auditorium, Patio, and lounge will be the place to be!

RUSH STUDENT BENEFITS FROM PROFESSIONAL-IN-RESIDENCE SUMMER SCHOOL

Second year medical student, John Perry, a native of Holmdel, New Jersey, recently participated in the sixth annual Medical Student Professional-in-Residence (PIR) Summer School Program on chemical dependency at the world-renowned Betty Ford Center at Eisenhower in Rancho Mirage, California.

Inpatient students spent one week attending lectures, group therapy sessions, peer group activities, Alcoholics Anonymous meetings, exercise sessions and other activities, just like all patients who enter the center for treatment of drug or alcohol addiction. Those participating in the Family Program attended lectures, films and therapy sessions with patients' family members.

Fred Sipe, supervisor, BFC Training Program, who developed the program, said the primary goal of the summer school program is to give the students an opportunity to learn about chemical dependency in a recovery setting. "Most of these students learn about chemical dependency from textbooks and school lectures, he said, "but the patient experience is a great educator."



Arnie Turnquist, (left) of the Betty Ford Center Training Department shares a moment with John Perry, M2, during the Professional-in-Residence (PIR) Summer School Program on chemical dependency at the world-renowned treatment center.



Fall Quarter Events



You can tack this to your bulletin board or tape it to your mirror,
but check it once or twice a week because the **fun at Rush** is here!!!

Friday, September 17th

6:00 p.m. **"Pizza on the Patio"** (Schweppe Patio)

8:00 p.m. **"Comedy Sportz"** (Congress Hotel)

Friday, September 24th

8:30 p.m. **"Casino Night"** (Schweppe Auditorium)

Sunday, September 26th

1:35 p.m. (game time) **"Chicago White Sox vs. Texas Rangers"**
(Comiskey Park) 25 tickets available in Student Affairs

Friday October 8th

4:30 - 7:30 p.m. **"T.G.I.F. featuring Country Line Dancing lessons"**
(Schweppe Auditorium)

Monday, October 11th

1200 - 1:00 p.m. **"Cupcake Day"**

Come and decorate your own cupcake.
(Schweppe Auditorium)

Friday, October 22nd

All Afternoon! **"MOCKTOBERFEST!"**
(Schweppe Lounge, Patio, Auditorium)

Monday, October 25th

Lunchtime event! **"Soup & Ethnic Breads"**
(Schweppe Auditorium) (\$3.00)
Sponsored by the Multicultural Affairs Coalition

Tuesday, October 26th

Time TBA - **"Winetasting Class"** (Schweppe Lounge)

Friday, November 12th

"A fun filled evening of entertainment"
More information coming later. (AB Dick Auditorium)

Monday, November 15th

1:00 - 5:00 p.m. **"Student Affairs Holiday Open House"**
(Schweppe Lounge)

Inquiries regarding any of the events listed above may be directed to the Office of
Student Affairs, 023 Schweppe Sprague, x2-6302.

NURSING ELECTION RESULTS

On October 5 and 6, nursing students cast their votes for a voice in the direction of the College of Nursing in the form of Standing Committee Representatives. The following students were elected as representatives to standing committees: ADMISSIONS COMMITTEE: Susan O'Connor-Von (DNSc), Catherine McDaniel (PREL), Kathleen Cathy (ND); CURRICULUM COMMITTEE: Susan Chacko (PREL); EVALUATION COMMITTEE: Paula Joseph (PREL), Kathleen Cathy (Graduate); AFFIRMATIVE ACTION COMMITTEE: Kathleen Cathy (Graduate), Vijay Banathia (PREL); FACULTY SENATE: Kathleen Miksis (PREL). Congratulations to these students on their newly elected positions!

There are still a few positions available on standing committees. Both CURRICULUM COMMITTEE and FACULTY SENATE are in need of graduate student representation. FACULTY RESOURCE AND DEVELOPMENT COMMITTEE needs a prelicensure and a graduate representative. If you have an interest in any of these positions, contact Dr. Barbara Haynes in the College of Nursing or Doreen Kelly in Student Affairs.

**HAPPY HOLIDAYS
FROM
STUDENT AFFAIRS!**

ATTENTION Students With Children in Day Care

Your day care provider may call the Office of Student Affairs in case of emergency involving your child. If you are interested in using our office on the days you are attending Rush, we will require the following information:

1. The name and address of your day care provider.
2. The name(s) of your child(ren) in day care.
3. Your class schedule and location of classes.

Also, you should give your day care provider your daily schedule so that she will be calling us only on the days that you are at Rush. If you are interested in this service, please stop by the Office of Student Affairs, 023 Schweppe and talk to Ann, Doreen, or Cheryl.

ENROLLMENT RECORD SET AT RUSH

For the third year in a row, Rush University has reached a record enrollment; this time with 1,344 students. The largest enrollment is in the College of Nursing at 513, followed by 500 in Rush Medical College, 193 in the College of Health Sciences, and 72 in The Graduate College. In addition, 66 nondegree, unclassified students are enrolled in courses.

REGISTRATION FOR WINTER QUARTER

Registration for continuing students for Winter Quarter 1994 is scheduled for November 1 - 12. The timetable will be available the week before in the Registrar's office, 101 Schweppe for Nursing, Health Sciences and Graduate College students. Timetables are mailed to doctoral level students.

Bonjour! Comprenez Francais? Chaque semaine pendant le dîner, nous mangons et parlons français. Venez sil-vous-plait.

If you like to practice speaking french, meet other Francophones here at Rush and eat lunch, we would like you to join us. The French Table (Table de Francais) meets each Thursday, at noon, outside AcFac 540 (the M1 lecture hall). For more information, please call David Loren (M1-AC) at 733-2142. Merci!

Inside the Student Counseling Center

Marilyn Johnson, Ph.D.

Incest, alcohol and drug abuse, marital breakdown, rape, eating disorders, abortion, questions of sexual preference, severe family conflict, psychosis. These are topics discussed in your behavioral science courses, in TV movies, in magazine articles. They are also problems experienced by Rush students.

Consider these questions with respect to friends who are also schoolmates at Rush. How compassionate do you feel when you learn that a valued friend in your class maintains her weight by purging herself daily? How understanding are you when you discover that a classmate you respect regularly comes to class high? How helpful do you feel when a classmate friend tells you she wants out of a relationship with a man who's abusing her but that she's too fearful to do so? How easily can you listen to the story of a friend who's been raped? How willing are you to listen to a friend's expression of confusion about how to tell his parents that he's gay? How do you feel about a friend after she's told you that her father had sex with her from the time she was 10 until she left home at 16? How do you regard a classmate who tells you he was hospitalized for depression a year ago? How do you respond to a friend who asks you to come with her when she has an abortion?

Which of these issues seems most alien to you? Which are you sure would never happen to you? Which of the issues seems so resistant to change that you feel it's reasonable to be pessimistic? Do you believe that some of these issues are clearly a matter of victimization (e.g., rape, incest, battery)? Do you think that any of these issues disqualify a person from joining your profession? Why? How do you see these issues affecting the person's ability to provide professional service? Could you tolerate certain of these difficulties in your patients but not in your colleagues? What is the difference?

Some of you will respond, "Yes, of course, we at Rush are represented here. Being smart and highly educated doesn't give us immunity, nor does becoming a health pro-

fessional spare us from suffering the same pains as those we seek to serve." Some of you will feel differently: "Some of these problems aren't so bad but I believe that people with a (your choice) problem don't belong in positions where they work with patients. If they're that screwed up, they shouldn't be in the profession."

Our values enter in here and we move into the area of morality. Moral development in men and women has been studied in recent years by Carol Gilligan, a Harvard psychologist. In part, this research is conducted by studying the responses of subjects to a series of moral dilemmas. Here is a dilemma frequently used in moral development research:

Heinz, a poor man whose wife is dying, begs a pharmacist to give him the expensive drug which will save her life. Because Heinz cannot pay, the pharmacist refuses. Should Heinz steal the drug? Explain your answer.

After posing moral dilemmas to children and young adults of both sexes, Gilligan theorized that females and males make moral decisions differently. She reported that males responded to moral dilemmas with rules and principles: "I wouldn't do that because it wouldn't be right; that's not the way things should be done." Females, on the other hand, reacted by emphasizing the feelings of the person(s) involved and the connectedness between people. "I wouldn't do that because someone might be hurt; it might affect someone's life badly." The rules versus feelings dichotomy held up across a number of Gilligan's studies. Other investigators have questioned her results and her studies are being replicated. We do not know yet if her findings will be repeated. Does this dichotomy hold up for you based solely on your gender or are there other considerations? Do you apply the rules perspective to all, some or any of the problems described above? Do rules apply to some and concern for feelings to others? If you can imagine both

kinds of responses to these situations, which feels better to you?

There is still a strong stigma about psychological issues among many students and practitioners in the health professions. I remember the nursing student who announced that she couldn't have any problems because she had to be the caretaker. I recall the story of the seriously depressed resident who insisted that he would rather die than see a psychiatrist. What do these statements say about the vise in which these individuals are locked by their beliefs that only the weak or the crazy seek help and that seeking help is evidence that they are weak or crazy? This kind of either-or, black-or-white thinking does not serve helpers well. Why can we not see emotional pain and its manifestations as existing on a continuum along which each of us moves as life goes along?

By thinking through our values, by examining even those attitudes we dislike in ourselves and by remembering that we do not live in glass houses, we can perhaps be of greater help to our colleagues and friends who often suffer alone.



OBSERVATIONS BY A BOOKSTORE MANAGER

I had the great fortune to attend a college with a well-kept secret. At the beginning of every semester I would take myself and my student ID down to the textbook library and check out my books. We were on the rental plan for textbooks with the costs tucked nicely away in the tuition "and fees".

What a great concept! We didn't have to waste valuable pizza and beer money on those books we would never open again (if we ever opened them to begin with). Every year, some pesky student senator would get some braino idea about changing the system, insisting that we all needed to build our professional libraries. Of course, it was always voted down because the option always existed to purchase the books of our professional dreams.

In addition to the financial savings, rental greatly reduced study time because someone (usually someones) had inevitably already highlighted your book so you could skip the unimportant stuff. Sometimes it was a visual nightmare but the overall system proved successful to me so I returned for graduate school.

You can probably understand, then, why this whole text book buying and highlighting philosophy at Rush is somewhat foreign to me. I've tried, but, I just don't get it.

During the first week of class, I stood by while a student searched thru twenty-five books because they all seemed to have a bubble in the glue of the binding. After all, I was informed, the book cost \$25. (Obviously, it was a new kid on the block because \$25 will seem like a cheap book by the time winter quarter rolls around.) That week I also saw quite a lot of bullimic book buying. There was this frenzy to purchase all the books on the list and then a massive return when reality set in that not all the books would be needed this quarter.

I am always amazed that students know the color of the book but never the author or the title. I'm starting to scare myself because I now know "that beige book that has something to do with patients", "that red book about surgical residency" and the infamous, "that little blue book that everyone carries in their pockets". (It's Internal Medicine on

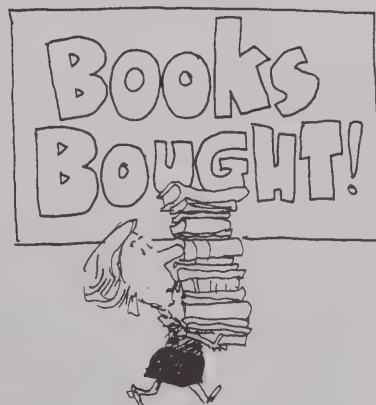
the bottom shelf. On the left. There are about six of 'em. I don't know the author or title either.)

A few students have tried to explain their highlighting systems. One highlights in a different color each time he reads the material. (Doesn't the most important part turn into mud by test time?) One girl explained a system of highlighting first with a fluorescent yellow marker followed by underlining with a thin regular green. I never got the grip on the system that combined highlighting, underlining and margin notes made with colored ball point pens.

I discussed the highlighting concept with another student who found marking in books to be utter sacrilege.

My favorite highlighter story involves a couple of guys by the highlighter rack trying to find that magical highlighter that would assure them honors. They sniffed them all and then (and this is the best part) they tested each marker to see how it *sounded* as it went across the paper. "Doesn't that sound too scratchy?" I had to interrupt. I had asked them if I was to assume that they were studying for mid-terms.

I could sit back and student-watch all day. Sometimes I think I missed something in my formative college years. I never developed such creative highlighting skills and my personal bookshelves lack sociology, composition and educational philosophy dust collectors. But, as God is my witness, yesterday I saw a student lean over and *smell a book!* (He doesn't even know I saw and I'm sure he's not the only book smellier out there. I probably thought you really were just itching your nose.) Maybe I didn't miss anything in college after all. Some habits are better left undeveloped and unobserved.



SNA CORNER

Only four weeks left in fall quarter! It's been busy! We've visited with different branches of the military. Some of us have gone to the Illinois SNA's convention in far off Lincolnshire.

Fast approaching, however, is the NSNA mid-year convention in Dallas. For those of you who are thinking about going, act *fast!* The convention will be held from November 11 through November 14. It'll be educational and a lot of fun.

Our next event, scheduled closer to home, is the annual CHILI BOWL. Everyone is invited to contribute his/her favorite chili. If you're not handy in the kitchen, or even if you are, make sure to plan on sampling the varieties of chili for lunch. Watch for details about this upcoming event!



ATTENTION NURSING STUDENTS

You can help provide scholarships in the College by participating in our annual nursing phonathon. We'll be calling alumni on November 2, 9, 15, and 16 from 5:30 p.m. to 9:00 p.m. to encourage their support of our nursing scholarship fund. You'll receive pizza, prizes, and a \$25 bookstore gift certificate for each calling session you attend!

Come and help us raise much-needed scholarship funds and have a good time too!

Call Michelle Kois in the Alumni Relations office at x21799 for additional information and to reserve your phone.

We look forward to seeing you there!

ACADEMIC SKILLS CENTER

Michael J. Harris, Ph.D., Director

I recently read an article in USA Today about Adam Robinson, author of the book What Smart Students Know (Crown Trade Paperbacks, \$16.00). He and I share the common view that academic achievers are those who study "smart." In the book, Robinson tries to demystify the learning process.

He states that a student is his or her own best teacher. How well one does in school, how much he or she learns and the grades achieved are entirely up to the student. Such a student's motto ought to be: optimum learning, minimum time, maximum grades. He suggests that concentrated, intense study is more effective than effort spread out over many hours in what I would interpret as an "I'll learn it if I can just get it all read" approach.

A common thought expressed by students is that one must memorize everything. Perish the thought of understanding material or making sense of it by thinking about it. Adam Robinson faults the American educational system for taking students on a decade-long trip during which they are supposed to learn to think for themselves. When they are given their diplomas at the completion of high school, the wonder is that any student can think for him or herself at all.

The approach a student takes to learning, to study, to test preparation and to what is the meaning of the educational experience is crucial. Why not push yourself with encouragements such as "I have to rehearse for the upcoming test" which means going through the thought processes necessary

successfully to complete the test---asking and answering test questions, not rereading great volumes of notes or text material. The motivation should be focused more on what learning the subject matter means than on merely passing this or that examination. The skeptics among you are probably shaking your heads and saying "but if I don't pass the tests, meaning has no meaning."

Adam Robinson also comments on the art of taking notes. He speaks of combining and consolidating notes so that the volume one has to study from at the end of term (or just prior to an examination) is reduced to a minimum---ideally a single page! He suggests that the student paraphrase and use as few words as possible. He recommends summarizing (weekly) one's daily notes and focusing on weeding out nonessential information. Keep your original notes as a backup or for reference for specific details. Make it a point to reduce the volume of your notes. When these steps are integrated into the way you study, you will begin the term with a single page of notes and end it with a single page of notes. Educators call this "concept mapping". It is analogous to making a photograph of the body of knowledge you have accumulated and using the page of notes as a "snapshot" which, when viewed just prior to the exam, will facilitate recall.

Robinson's final points are made about engaging in active learning. When you read text material ask: What is my purpose for doing this? What do I already know about the topic? What is the "big picture" I am supposed to be getting? How can I paraphrase

and summarize this information? What is the best way to organize the information? How can I associate what I am learning with other relevant, pleasant, meaningful and useful information?

We have all known or known about another student who always seemed to be very efficient, who did his or her work in much less time than we did, who got the best grades with seemingly the least effort. I believe that within each of us there is that "better" student who can be brought out to perform at a high level. First, there must be the acceptance of that possibility and second, one must find the will to empower the "better" student self to action.

No one but you can block you from maximal academic achievement. Pogo, the Possum, a creation of Walt Kelly and a denizen of Okefenokee Swamp, said it best: "We have met the enemy and he is us!"

A NOTE: The Academic Skills Center has had several requests for content tutorial assistance in Nursing Pharmacology. We have identified a couple of students who are experienced in this subject and willing to provide assistance to students who wish help in this area. There will be no charge to College of Nursing students wishing this help. An efficient use of their time could be made (and scheduling difficulties avoided) if groups of three or more students would band together for tutorial sessions.

Please make requests to: Dr. Michael Harris, the Academic Skills Center, 418 AcFac, extension 2-3227 (voice mail available).





COLLEGE OF NURSING OFFICE OF STUDENT SUPPORT SERVICES



OSHA REQUIREMENTS

All Students, graduate as well as undergraduate, must complete OSHA training and pass the test. Anybody who has not been trained and tested must do so immediately. Report to the Nursing Resources Lab receptionist any weekday between 9:00 a.m. and 4:00 p.m. to be trained and tested. Failure to comply will jeopardize your ability to progress in your program of study.

NURSING STUDENTS WANTED!

(To Serve on College of Nursing Committees)

Student-Faculty Advisory Committee

DNSc student, ND student, MS student and undergraduate student. Help plan student-faculty activities and convocation. You can make a difference. Meetings will be the first Tuesday of December, February and April from 12-1 p.m.

Scholarship Committee

Help us determine how to award private scholarship funds and/or select candidates for specified scholarships. A graduate student and an undergraduate student are needed. Meetings will be held second Tuesdays of December and April from 12-1 p.m.

Scholarship Information

The Foundation of the National Student Nurses' Association, Inc. In Honor of Frances Tompkins - 1994 Scholarship Applications

Eligibility - All applicants must be students currently enrolled in state-approved schools of nursing. Monies are awarded in the Spring of 1994, and are for the 1994-95 academic year and summer school 1994. Monies can only be used for nursing programs. No monies can be used for graduate education. For additional information and application see Dr. Barbara Haynes, Director of Student Support Services, 1418 S.S.H. Deadline, February 1, 1994.

Nurses Christian Fellowship

Wondering how to care for the spiritual needs of your patient and yourself? Want to take a break from studies and make caramel apples or iceskate?

What is the relationship here, you ask? Answer: Nurses Christian Fellowship. Now you move on to the bonus round!

You have two quarters left to answer the 1993-94 bonus question: What is "The Sap"? Can't guess? Read on . . .

The answer to this question and many other questions can be found in N.C.F. through a variety of avenues. Large group activities have included a caramel apple booth at Moktoberfest, an autumn "Escape to the Country" retreat in Wisconsin and in the future, a winter ice skating venture in Grant Park, guest speakers, a seminar on spiritual care of patients, etc. In the small group setting, Bible studies are offered on various topics, and we have a weekly prayer meeting. In addition, there are opportunities for various conventions: the regional InterVarsity Christian Fellowship winterfest, the national North American Conference of NCF (Birmingham, Alabama), and

the international Urbana Mission Conference sponsored by InterVarsity (Urbana, IL). So look for our advertisements and join us at whatever level interests you!

Bible Studies

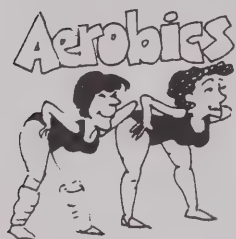
Monday 12:00 - 1:00 p.m. SS 217 "Caring for Spiritual Needs"
Monday 8:00 - 9:15 p.m. SS 11th floor lounge "Gospel of John"
Wednesday 12:00 - 1:00 p.m. SS 217 "Caring for Spiritual Needs"

Future Events

December 26-31	Urbana Missions Conference
January 14	Ice Skating Party
January 24	Large Group
February 18-20	Winterfest
April	Large Group (Date to be announced)
May 17	Large Group
June 25-29	NCF North American Conference

HEALTH AND FITNESS NEWS

Avoid the winter blues by joining one of the Employee Health and Fitness Programs NOW! Students enrolled in Rush University are welcome to participate in any of the following programs:



AEROBICS

Low-impact and step aerobics are offered throughout the week at 12 noon, 4:30 p.m. and 5:30 p.m. Your first class is free. Come to Schweppe Auditorium and try it out!



HEALTH IN MOTION

An individualized exercise program designed to fit your pace and schedule. The program starts with a fitness test and personalized plan. Minutes and miles walked/exercised are accrued for incentive prizes. Call 942-2817 to sign up.



FITNESS TESTING

A free screening assessment of muscle strength, flexibility and endurance, as well as cardiovascular endurance and body fat percentage. An exercise program will be designed based on needs and interests. Call 942-2817 for an appointment.

LUNCH 'N LEARN

A free brown bag seminar is offered from noon-1:00 p.m. on Wednesday, November 17 and Wednesday, December 15. In November, Surviving the Holidays - Diet and Exercise Hints will be discussed. Learn to find balance in your life by attending the seminar, Balancing Work and Family in December. Registration required. Call 942-2817.



RUSH'S FIRST ANNUAL TURKEY TROT

Walk, run, swim, hike, bike, aerobicize, rollerblade, etc. for 26.2 miles! No, silly, not all at once! The time frame is November 1 through November 30. Right here at Rush, exercise a marathon (in a month!) Why should you do this, you ask? It's fun! It's good for you! You could win fabulous prizes!

You receive a log sheet when you sign up outside the Cafeteria Lobby on October 25 and 26 from 11:00 a.m. to 2:00 p.m. There's a \$3.00 registration fee. Log sheets must be completely filled out, with date, activity and minutes and/or miles. For activities that can not be measured in miles (aerobics, stair climbing, rowing, etc.) log time in minutes. 20 minutes will equal one mile. You will need a total of 524 minutes to equal 26.2 miles. Turn the log sheets in by Thursday, December 2, 1993. All complete logs that total 524 minutes and/or 26.2 miles will be entered in the prize drawing. The drawing will occur Tuesday, December 7, 1993.

Here's the good part! The prizes consist of:

1. Official Chicago Team Jersey (\$100 value)
2. \$50 Marshall Field's Gift Certificate (\$50 value)
3. \$50 Sportmart Gift Certificate (\$50 value)
4. Sony Walkman (\$40 value)
5. Water Bottles (\$3 value)

If you'd like more information on Rush's First Annual Turkey Trot, call 942-2817.

Dear Rush Community:

Over the summer I spent three exciting weeks visiting the Philippines with one of my classmates. Our activities included hiking up a volcano, running the rapids in a canoe where they filmed the movie "Apocalypse Now", riding Carabao (water buffalo people use to plow rice fields), spider fighting, and touring some of the different medical facilities. My friend and I spent time getting to know some of the families in the village near where we stayed. One family included a single mother raising four children. The youngest child, Olivia captured our hearts. She is a sweet, bright child who was tragically born without legs. There really isn't a possibility for prosthesis, but a wheelchair is a distinct possibility in helping this young girl become mobile. We wanted to present Olivia's case to the Rush community in the hopes of obtaining a childsize wheelchair for her. **Anyone able to help or give suggestions is wholeheartedly encouraged to contact Valerie Day or Abbie Roth through the Office of Student Affairs, Schweppe-Sprague, room 023, extension 2-6302.**

Thank you!

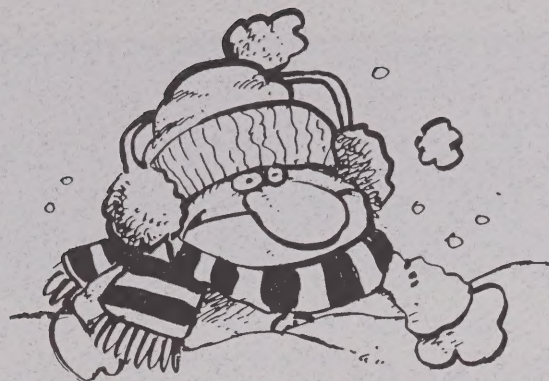
Valerie Day
Second Year Medical Student

ON CAMPUS ALCOHOL POLICY

Alcoholic beverages are allowed only in Schweppe-Sprague Hall in the auditorium, the Student Lounge, on the patio outside the Lounge and -- for those fortunate enough to chow down in Rush's plush dining area -- in Room 500. Alcohol is not permitted in any other buildings within the Medical Center.

In addition, only beer and wine are permitted at on-campus parties. Any hard liquor will be confiscated.

Questions concerning this policy should be directed to the Office of Student Affairs, x26302.



WEATHER AND OTHER EMERGENCIES

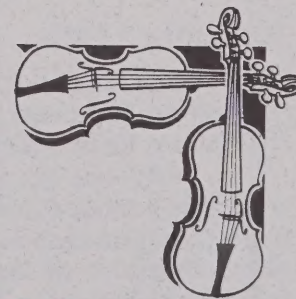
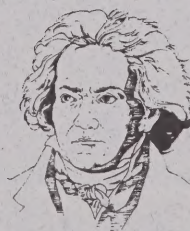
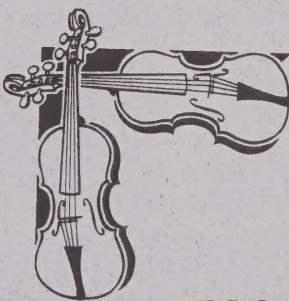
Oh, the weather outside is frightful but at Rush it's so delightful... **NOT!** I know, we're all hoping for a mild and dry winter, but let's face it... the possibility of hazardous weather conditions or other emergencies that could cause a school closing do exist. Rush University has adopted the following policy regarding this situation.

RUSH UNIVERSITY WILL REMAIN OPEN EXCEPT IN THE MOST UNUSUAL WEATHER CIRCUMSTANCES OR OTHER EMERGENCIES. In all cases, faculty and students directly involved in providing patient care functions are expected to make every reasonable effort to be on campus. Purely didactic classes may not be held on certain days when traveling is judged to be exceptionally hazardous or difficult.

Expect that Rush will close only when the conditions are exceptionally hazardous or difficult, which occurs very rarely. **In most cases, the University will be open. (It has not been closed even once in the last 18 years.)**

Authorized school closings will be announced on the following radio and television stations: WGN, WIND, WMAQ, WBBM-FM, WCLR, WFYR, WGN-TV, AND WFLD-TV. The telephone operators at RPSLMC will also be notified in the event school is closed. **PLEASE DO NOT CALL OTHER OFFICES OR PERSONS.**

Questions about this policy may be directed to Student Affairs, 023 Schweppe, extension 2-6302.



TALENT WANTED

Musicians, vocalists, etc. wanted for the 1994 Student/Faculty Music Recital. If you are into classical music and love to perform, this event is right up your alley.

The 1994 Recital will be held on Wednesday, February 16, 1994 at 4:00 p.m., in Room 500. Participants will be asked to perform a short piece no more than five minutes in length.

If you are interested in this event, please call Ann in the Office of Student Affairs, x26302. We have videotapes of past recitals if you wish to see what others have performed.

ENTERTAINMENT

WEDNESDAY NIGHT AT THE MOVIES

November 3rd

GROUNDHOG DAY

Starring: Bill Murray, Andie McDowell, Chris Elliott, Stephen Tobolowsky, Brian-Doyle-Murray

Comic genius Bill Murray is at his funniest as a cynical, self-centered television weatherman forced to live the same day over and over again. Sent to Punxsutawney, Pennsylvania, to cover his least favorite assignment - the Groundhog Day Festival - Murray finds himself stuck in a time warp, endlessly repeating February 2nd. But will he ever get it right? Reduced to a shadow of his former self, Murray finally makes the discovery that enables him to climb out of the longest day in comic history - and win the heart of the woman (Andie McDowell) he loves.

November 10th

A FEW GOOD MEN

Starring: Tom Cruise, Jack Nicholson, Demi Moore, Keifer Sutherland

Hollywood top gun Tom Cruise and Academy Award winner Jack Nicholson give first rate performances in Rob Reiner's screen adaptation of the long running Broadway hit. Cruise stars as a slick, "quick fix" Navy lawyer whose conscience is awakened when he's assigned to defend two young Marines accused of murder. Encouraged by his defense partner (Demi Moore), Cruise places his career on the line when he decides to fight the controversial case in court. Nicholson costars as a fanatic colonel determined to make sure that damaging information never comes to light.

November 17th

HOME ALONE 2: LOST IN NEW YORK

Starring: Macaulay Culkin, Joe Pesci, Daniel Stern, John Heard, Catherine O'Hara

Preteen superstar Macaulay Culkin is back, and this time he has to fend for himself when he's separated from his family and stranded in bustling New York City. Chris Columbus and John Hughes team up again for the hilarious sequel to the box office record breaker that became the top grossing comedy of all time.



Get Into the Holiday Spirit!

Student Affairs will host a celebration of the holidays on Monday, November 15. Stop by the Student Lounge in Schweppe 023 and join in the merrymaking! There will be food, music, movies, and lots of other fun. Help us ring in the season!

STUDENT AFFAIRS TICKET WINDOW

Ringling Brothers and Barnum & Bailey Circus

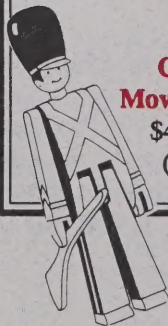
Saturday, November 6, 1993.
11:00 am show at the Rosemont Horizon.
Tickets went on sale October 18th.

The Nutcracker

Sunday, December 12, 1993.
2:00 pm show at the Arie Crown Theatre.
Tickets go on sale Monday, November 8. 18 tickets available.

Cineplex Odeon Movie Theatre Tickets

\$4.00 each/limit 6
(Students Only)



WILL YOU FALL UNDER HIS SPELL?

Come and find out on Friday, November 12 at 7:00 p.m. in AB Dick Auditorium. Renowned hypnotist John Lautrec will be performing his skills for your enjoyment. Volunteers from the audience (your classmates, or even YOU!) will be put under a hypnotic trance... and then *who knows what will happen!!* Come and see for yourself on Friday, November 12th!

CASINO NIGHT BROUGHT OUT THE BIG SPENDERS!



Shahr Jahanshir bought a stethoscope donated from **Login Bookstore** for \$43,000!

David Bentsen spent \$67,000 on 2 Ringling Brothers and Barnum & Bailey Circus tickets!

Can you believe that 2 Nutcracker tickets went to Emily Klaviter for \$7,000?

Bob Roberts must have really wanted to see a movie at Cineplex Odeon. He paid \$67,000 for two movie tickets!

Vincent Fang, Bill Morrissey, Joe Turkowski and Melissa Courney were big spenders buying a dart board, a gift certificate to **Hawkeyes**, a gift certificate to **Pompei Bakery**, and 2 Cineplex Movie Theatre tickets, respectively.

Stephanie Holm spent \$50,000 on a Rush University sweatshirt.

Michele Danaher paid \$97,000 whopping dollars for a gift certificate to **Fireplace Inn**. Has she been there before?

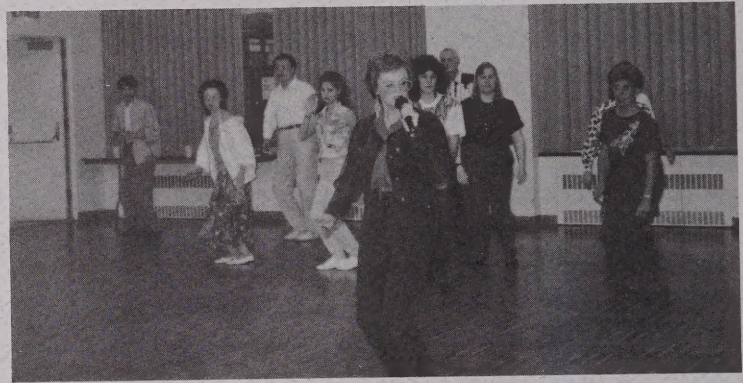
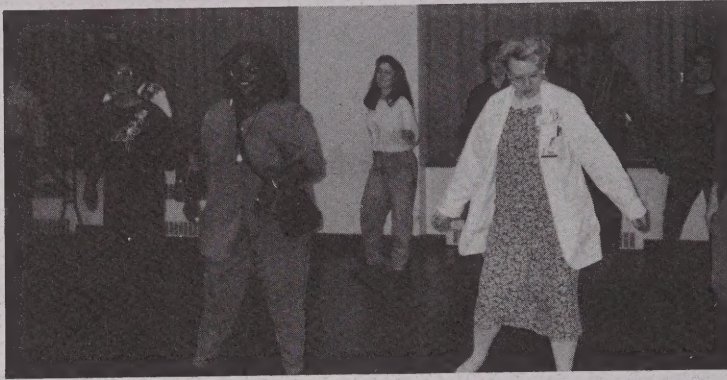
Tony Schultz doesn't care if baseball season's over. He bought a Rush baseball shirt for \$70,000!

Of course, how can I forget Aloma D'Souza who paid \$15,660 for a \$10.00 gift certificate to

Rush University Bookstore? Aloma, was that a wise purchase? The answer is a resounding

YES! These were all bargains! The money was "play money" and all of the above items were purchased by our students with their "winnings" at Casino Night. A hearty thanks to all of the prize contributors, we appreciate your generosity! A very special thanks is also due the many volunteers who helped make Casino Night a success!





Rush students "roped" into Country Line Dancing!

